## Aries Crystal Guide

**HE PSYCHIC TREE** Aries are natural born leaders. If you are an Aries you will know that you can be straight to the point, and spontaneous which can sometimes land you in trouble!

**1. Clear Quartz** - harmonises the chakras, heals and also amplifies energy so you will have the best health and energy to power through your creative new ideas

**2. Hematite** - a good grounding stone and great for dissolving negative energy. This crystal will help you to stay focused and maintain self esteem even when others may doubt you or disagree with your leadership qualities.

**3. Amethyst** - a great stone for Aries, as it prevents being carried off with different moods and whims.

4. Bloodstone - an excellent grounding and protecting stone and is a powerful revitalizer
5. Aventurine - reinforces your leadership skills and aids your decisive skills, helping you make the right decisions and stick to them.



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