

Wellbeing at Home

Judy's Favourite Family Recipes

Chocolate Chip Cookies

- 180g butter
- 1/3 cup sugar
- ½ cup sweetened condensed milk
- 1½ cups self-raising flour
- · 250g milk chocolate bits
- 1. Pre-heat oven to 180°C
- 2. Beat butter and sugar until creamy
- 3. Beat in sweetened condensed milk
- 4. Add flour, stir until combined
- 5. Add choc bits, mix well
- 6. Roll heaped teaspoons of mixture into small balls, place on greased tray, press gently with fork
- 7. Bake for 15 minutes until golden

Wontons

- 200g chicken or prawn mince
- 2 sprigs spring onion, finely sliced
- ½ small tin water chestnuts, finely diced
- · Salt and pepper
- · 2 tablespoons hoisin sauce
- Wonton wrappers
- Soy sauce for serving
- Mix all ingredients thoroughly until mixture resembles a paste
- 2. Place teaspoon of mixture into the middle of wonton wrapper, wet edges of wonton and then fold over to seal

Cooking options

- Steamed: place in steamer for 10 minutes
- Boiled: place wontons in boiling water and cook for 3-4 minutes
- Deep fried: fry in vegetable oil until golden brown and cooked through

Sweet Chocolate Truffles

- 250g plain biscuits (e.g. Milk Coffee, Marie)
- 400g sweetened condensed milk
- · 1 cup desiccated coconut
- 1/3 cup cocoa powder
- Blend biscuits in food processor until finely crushed. Or place in snap-lock bag and crush with rolling pin
- 2. Transfer to mixing bowl
- 3. Add cocoa and 1/3 of coconut and condensed milk
- 4. Mix well together
- 5. Put in fridge for 40 minutes
- 6. Spread remaining coconut onto a plate
- 7. Roll tablespoons of mixture into balls and then roll in coconut
- 8. Refrigerate

Optional

Add 2 crushed Peppermint Crisp bars for a great mint-tasting truffle

