



the
40 Days of
Thankfulness &
Gratitude
Journal

DAY 1

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

1 THESSALONIANS 5:18

GIVE THANKS IN ALL CIRCUMSTANCES; FOR THIS IS GOD'S WILL FOR YOU IN CHRIST JESUS.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

WRITE A SIMPLE PRAYER OF THANKS FOR THIS OPPORTUNITY TO REFLECT ON GOD'S GOODNESS.

Eight horizontal lines for writing a prayer.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 2

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

COLOSSIANS 3:17

AND WHATEVER YOU DO, WHETHER IN WORD OR DEED, DO IT ALL IN THE NAME OF THE LORD JESUS, GIVING THANKS TO GOD THE FATHER THROUGH HIM.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

HOW YOU COULD SERVE ANOTHER THIS WEEK SPREADING HIS LOVE & LIGHT?

Eight horizontal lines for writing how to serve others.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 3

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

JEREMIAH 31:3

THE LORD APPEARED TO US IN THE PAST, SAYING:
"I HAVE LOVED YOU WITH AN EVERLASTING LOVE;
I HAVE DRAWN YOU WITH UNFAILING KINDNESS.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON THE KINDNESS GOD EXTENDS.
HOW CAN YOU EXTEND THAT KINDNESS TO
OTHERS TODAY?

Eight horizontal lines for reflecting on kindness.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 4

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

HEBREWS 13:2

DO NOT FORGET TO SHOW HOSPITALITY TO STRANGERS,
FOR BY SO DOING SOME PEOPLE HAVE SHOWN
HOSPITALITY TO ANGELS WITHOUT KNOWING IT.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON SOME SMALL GESTURES OF KINDNESS
YOU'VE RECENTLY WITNESSED OR RECEIVED.

Eight horizontal lines for reflecting on kindness.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 5

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

JAMES 1:17

EVERY GOOD AND PERFECT GIFT IS FROM ABOVE, COMING DOWN FROM THE FATHER OF THE HEAVENLY LIGHTS, WHO DOES NOT CHANGE LIKE SHIFTING SHADOWS.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON THE BLESSINGS IN YOUR LIFE— THE BIG, THE SMALL & THE ONES YOU OFTEN TAKE FOR GRANTED.

Eight horizontal lines for reflecting on blessings.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 6

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PHILIPPIANS 4:6

DO NOT BE ANXIOUS ABOUT ANYTHING, BUT IN EVERY SITUATION, BY PRAYER AND PETITION, WITH THANKSGIVING, PRESENT YOUR REQUESTS TO GOD.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON WHAT WORRY YOU ARE NOT YET LAYING AT THE FEET OF JESUS & WHAT PEACE YOU COULD FEEL LETTING IT GO AND TRUSTING HIS WILL.

Eight horizontal lines for reflecting on worries and peace.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 7

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

2 CORINTHIANS 9:15

THANKS BE TO GOD FOR HIS INDESCRIBABLE GIFT!

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

READ 2 CORINTHIANS 9:6-15, REFLECT ON YOUR OWN HEART AND ACTIONS AROUND GIVING AND SERVING GENEROUSLY.

Eight horizontal lines for reflecting on the reading.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to.

DAY 8

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 103:2

BLESS THE LORD, O MY SOUL, AND FORGET NOT ALL HIS BENEFITS.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A FEW EXAMPLES OF WAYS GOD HAS BEEN FAITHFUL TO YOU THROUGHOUT YOUR JOURNEY.

Eight horizontal lines for reflecting on the reading.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to.

DAY 9

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PROVERBS 17:17

A FRIEND LOVES AT ALL TIMES, AND A BROTHER IS BORN FOR ADVERSITY.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

WHO ARE SOME OF THE PEOPLE IN YOUR LIFE WHO HAVE SHOWN YOU REGULAR LOVE, GUIDANCE, AND SUPPORT? INCLUDE THEM IN A PRAYER OF THANKS.

A large rectangular box with horizontal lines for writing names and prayers.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to.

DAY 10

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

EPHESIANS 2:10

FOR WE ARE HIS WORKMANSHIP, CREATED IN CHRIST JESUS FOR GOOD WORKS, WHICH GOD PREPARED BEFOREHAND, THAT WE SHOULD WALK IN THEM."

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON THE WAYS GOD HAS USED YOU TO BE A BLESSING TO OTHERS.

A large rectangular box with horizontal lines for reflecting on blessings.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to.

DAY 11

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

1 PETER 4:10

EACH OF YOU SHOULD USE WHATEVER GIFT YOU HAVE RECEIVED TO SERVE OTHERS, AS FAITHFUL STEWARDS OF GOD'S GRACE IN ITS VARIOUS FORMS.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

CONSIDER THE GIFTS YOU HAVE AND HOW YOU MIGHT BE ABLE TO SERVE ANOTHER USING THOSE GIFTS- WHAT ARE THEY? COMMIT TO TAKING A STEP OF ACTION THIS WEEK.

Seven horizontal lines for reflecting on gifts and taking action.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to.

DAY 12

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 59:1

DELIVER ME FROM MY ENEMIES, O GOD; BE MY FORTRESS AGAINST THOSE WHO ARE ATTACKING ME.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON HOW YOU MIGHT BE CURRENTLY UNDER ATTACK. WRITE A PRAYER ASKING FOR VICTORY IN THESE MATTERS.

Seven horizontal lines for reflecting on attacks and writing a prayer.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to.

DAY 13

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

1 CHRONICLES 16:9

**SING TO HIM, SING PRAISE TO HIM;
TELL OF ALL HIS WONDERFUL ACTS.**

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON THE WONDERFUL ACTS OF GOD YOU
HAVE EXPERIENCED IN YOUR OWN LIFE.

Eight horizontal lines for reflecting on wonderful acts of God.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to tomorrow.

DAY 14

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

MATTHEW 5:16

**IN THE SAME WAY, LET YOUR LIGHT SHINE BEFORE OTHERS, THAT
THEY MAY SEE YOUR GOOD DEEDS AND GLORIFY YOUR FATHER IN
HEAVEN.**

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON THE WAYS YOU QUIETLY ARE (OR COULD BE) A
BEACON OF GOD'S LOVE AND GOODNESS, THAT OTHERS MAY SEE
OR RECOGNIZE GOD THROUGH YOUR EXAMPLE OF BEING.

Eight horizontal lines for reflecting on ways to be a beacon of God's love.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to tomorrow.

DAY 15

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

2 CORINTHIANS 9:8

AND GOD IS ABLE TO BLESS YOU ABUNDANTLY, SO THAT IN ALL THINGS AT ALL TIMES, HAVING ALL THAT YOU NEED, YOU WILL ABOUND IN EVERY GOOD WORK.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A TIME WHEN YOU'VE FELT LIKE MAY HAVE HAD EXACTLY WHAT WAS NEEDED IN A SITUATION, OR WHERE YOU HAVE FELT LED TO ACTION BY GOD IN A SITUATION?

Eight horizontal lines for reflecting on a time when one felt led to action by God.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what one looks forward to tomorrow.

DAY 16

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 16:11

YOU MAKE KNOWN TO ME THE PATH OF LIFE; IN YOUR PRESENCE THERE IS FULLNESS OF JOY; AT YOUR RIGHT HAND ARE PLEASURES FOREVERMORE.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A TIME WHEN YOU'VE RECOGNIZED GOD'S GUIDANCE IN YOUR DAY/LIFE? WAS THERE A JOY THAT ACCOMPANIED IT?

Eight horizontal lines for reflecting on a time when one recognized God's guidance.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what one looks forward to tomorrow.

DAY 17

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

EXODUS 33:14

AND HE SAID, 'MY PRESENCE WILL GO WITH YOU, AND I WILL GIVE YOU REST.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A TIME WHEN YOU'VE BEEN ABLE TO FIND PEACE, REST OR RENEWAL BY TURNING TO GOD? GIVE THANKS.

Eight horizontal lines for reflecting on a time of peace, rest, or renewal.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to tomorrow.

DAY 18

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

JOHN 14:26

BUT THE HELPER, THE HOLY SPIRIT, WHOM THE FATHER WILL SEND IN MY NAME, HE WILL TEACH YOU ALL THINGS AND BRING TO YOUR REMEMBRANCE ALL THAT I HAVE SAID TO YOU.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

HAS THERE BEEN TIMES WHEN A SCRIPTURE VERSE OR TEACHING OF GOD POPPED INTO YOUR MIND--AND IT WAS EXACTLY WHAT YOU NEED REMINDING OF? EXPRESS GRATITUDE AND PRAY FOR STRENGTHENING OF THE RELATIONSHIP BETWEEN YOU AND THE HOLY SPIRIT.

Eight horizontal lines for reflecting on a time when a scripture verse or teaching of God popped into the mind.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to tomorrow.

DAY 19

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 23:4

EVEN THOUGH I WALK THROUGH THE VALLEY OF THE SHADOW OF DEATH, I WILL FEAR NO EVIL, FOR YOU ARE WITH ME; YOUR ROD AND YOUR STAFF, THEY COMFORT ME.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A TIME GOD HAS BEEN THERE FOR YOU AS A COMFORTER OR PROTECTOR.

Seven horizontal lines for reflecting on a time God has been there for you.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to tomorrow.

DAY 20

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PHILIPPIANS 4:13

I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A CHALLENGE YOU'VE FACED AND HOW GOD HAS HELPED YOU OVERCOME IT. OR ON A CHALLENGE YOU CURRENTLY NEED HELP OVERCOMING.

Seven horizontal lines for reflecting on a challenge.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to tomorrow.

DAY 21

DAILY GRATITUDE

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TODAY I'M FEELING

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ISAIAH 40:31

THOSE WHO TRUST IN THE LORD WILL RENEW THEIR STRENGTH; THEY WILL SOAR ON WINGS LIKE EAGLES; THEY WILL RUN AND NOT GROW WEARY, THEY WILL WALK AND NOT BE FAINT.

TODAY I'M GRATEFUL FOR

1 _____

2 _____

3 _____

HAVE YOU EXPERIENCED A TIME WHEN BY ALL PHYSICAL MEASURES YOU SHOULD BE TIRED AND WEARY, BUT BECAUSE OF GOD YOU WEREN'T? IS THERE SOMETHING RIGHT NOW THAT YOU NEED TO PRAY FOR GOD TO PROVIDE YOU THIS TYPE OF STRENGTH AND ENDURANCE?

MY FAVORITE MOMENT THE DAY

TOMORROW I LOOK FORWARD TO

DAY 22

DAILY GRATITUDE

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TODAY I'M FEELING

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PSALM 103:10-12

HE DOES NOT TREAT US AS OUR SINS DESERVE OR REPAY US ACCORDING TO OUR INIQUITIES. FOR AS HIGH AS THE HEAVENS ARE ABOVE THE EARTH, SO GREAT IS HIS LOVE FOR THOSE WHO FEAR HIM; AS FAR AS THE EAST IS FROM THE WEST, SO FAR HAS HE REMOVED OUR TRANSGRESSIONS FROM US.

TODAY I'M GRATEFUL FOR

1 _____

2 _____

3 _____

REFLECT ON A PAST MISTAKE OR REGRET AND HOW GOD'S FORGIVENESS HAS IMPACTED YOU. EXPRESS GRATITUDE FOR GOD'S GENEROUS GRACE & MERCY.

MY FAVORITE MOMENT THE DAY

TOMORROW I LOOK FORWARD TO

DAY 23

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

EXODUS 34:6

AND THE LORD PASSED BEFORE HIM AND PROCLAIMED, 'THE LORD, THE LORD, A GOD MERCIFUL AND GRACIOUS, SLOW TO ANGER, AND ABOUNDING IN STEADFAST LOVE AND FAITHFULNESS, KEEPING STEADFAST LOVE FOR THOUSANDS, FORGIVING INIQUITY AND TRANSGRESSION AND SIN;

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A SPECIFIC ATTRIBUTE OR CHARACTERISTIC OF GOD THAT YOU'RE GRATEFUL FOR.

Eight horizontal lines for reflecting on a specific attribute or characteristic of God.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to tomorrow.

DAY 24

DAILY GRATITUDE

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TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

ROMANS 8:38-39

FOR I AM CONVINCED THAT NEITHER DEATH NOR LIFE, NEITHER ANGELS NOR DEMONS, NEITHER THE PRESENT NOR THE FUTURE, NOR ANY POWERS, NEITHER HEIGHT NOR DEPTH, NOR ANYTHING ELSE IN ALL CREATION, WILL BE ABLE TO SEPARATE US FROM THE LOVE OF GOD THAT IS IN CHRIST JESUS OUR LORD.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A MOMENT WHEN YOU FELT OVERWHELMED BY GOD'S LOVE.

Eight horizontal lines for reflecting on a moment when overwhelmed by God's love.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to tomorrow.

DAY 25

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

2 CORINTHIANS 5:17

THEREFORE, IF ANYONE IS IN CHRIST, HE IS A NEW CREATION. THE OLD HAS PASSED AWAY; BEHOLD, THE NEW HAS COME.

TODAY I'M GRATEFUL FOR

Three horizontal lines for writing, numbered 1, 2, and 3.

REFLECT ON A TIME YOU WERE ABLE TO START OVER AGAIN OR IS THERE SOMETHING CURRENTLY YOU NEED TO PRAY FOR TRANSFORMATION. HOW AMAZING IS HIS WILLING TO FORGIVE AND GIVE NEW LIFE?

Eight horizontal lines for reflecting on a time of transformation.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 26

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 69:30

I WILL PRAISE GOD'S NAME IN SONG AND GLORIFY HIM WITH THANKSGIVING.

TODAY I'M GRATEFUL FOR

Three horizontal lines for writing, numbered 1, 2, and 3.

REFLECT ON A FAVORITE HYMN OR WORSHIP SONG AND ITS SIGNIFICANCE TO YOU.

Eight horizontal lines for reflecting on a favorite hymn or worship song.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 27

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

JAMES 5:13

IS ANYONE AMONG YOU IN TROUBLE? LET THEM PRAY.
IS ANYONE HAPPY? LET THEM SING SONGS OF PRAISE.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A CURRENT TROUBLE AND/OR A CURRENT JOY OR BLESSING. WRITE A PRAYER ABOUT THESE THINGS.

Eight horizontal lines for writing a prayer.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 28

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

ROMANS 8:1-2

THERE IS THEREFORE NOW NO CONDEMNATION FOR THOSE WHO ARE IN CHRIST JESUS. FOR THE LAW OF THE SPIRIT OF LIFE HAS SET YOU FREE IN CHRIST JESUS FROM THE LAW OF SIN AND DEATH.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON THE GIFT OF FORGIVENESS AND THE FREEDOM IT BRINGS.

Eight horizontal lines for writing a prayer.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 29

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 136:1

**GIVE THANKS TO THE LORD, FOR HE IS GOOD.
HIS LOVE ENDURES FOREVER.**

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

EXPRESS THANKS FOR THE GIFT OF ETERNAL LIFE
THROUGH JESUS CHRIST.

Seven horizontal lines for writing a prayer of thanks.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 30

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 100:4

**ENTER HIS GATES WITH THANKSGIVING AND HIS
COURTS WITH PRAISE; GIVE THANKS TO HIM
AND PRAISE HIS NAME.**

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

DO YOU HAVE A SENSE OF COMMUNITY AND
BELONGING WITHIN THE BODY OF CHRIST?
(IF NOT WHAT COULD YOU DO TO CULTIVATE ONE?)

Seven horizontal lines for writing a response to the community question.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 31

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 32:1-2

BLESSED IS THE ONE WHOSE TRANSGRESSIONS ARE FORGIVEN, WHOSE SINS ARE COVERED. BLESSED IS THE ONE WHOSE SIN THE LORD DOES NOT COUNT AGAINST THEM AND IN WHOSE SPIRIT THERE IS NO DECEIT.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

KEEPING PSALM 32:1-2, IN MIND, REFLECT ON HOW BLESSED YOU TRULY ARE.

Eight horizontal lines for reflecting on the psalm.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to.

DAY 32

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PROVERBS 18:10

THE NAME OF THE LORD IS A STRONG TOWER; THE RIGHTEOUS RUN INTO IT AND ARE SAFE.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A RECENT EXPERIENCE OF GOD'S PROTECTION IN YOUR LIFE.

Eight horizontal lines for reflecting on the proverb.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to.

DAY 33

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

COLOSSIANS 3:15

AND LET THE PEACE OF CHRIST RULE IN YOUR HEARTS, TO WHICH INDEED YOU WERE CALLED IN ONE BODY. AND BE THANKFUL.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A RECENT MOMENT OF INNER PEACE OR CONTENTMENT.

Seven horizontal lines for reflecting on a recent moment of inner peace or contentment.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to tomorrow.

DAY 34

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

2 CORINTHIANS 1:20

FOR ALL THE PROMISES OF GOD FIND THEIR YES IN HIM. THAT IS WHY IT IS THROUGH HIM THAT WE UTTER OUR AMEN TO GOD FOR HIS GLORY.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A PROMISE FROM THE BIBLE THAT GIVES YOU HOPE.

Seven horizontal lines for reflecting on a promise from the Bible that gives hope.

MY FAVORITE MOMENT THE DAY

A horizontal line for writing the favorite moment of the day.

TOMORROW I LOOK FORWARD TO

A horizontal line for writing what to look forward to tomorrow.

DAY 35

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PHILIPPIANS 1:6

BEING CONFIDENT OF THIS, THAT HE WHO BEGAN A GOOD WORK IN YOU WILL CARRY IT ON TO COMPLETION UNTIL THE DAY OF CHRIST JESUS.

TODAY I'M GRATEFUL FOR

Three numbered lines for listing things to be grateful for.

REFLECT ON YOUR LIFE. ARE YOU ABLE TO IDENTIFY A PATTERN OF GOOD WORK & PURPOSE?

Eight horizontal lines for reflecting on life patterns.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 36

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

1 JOHN 2:25

AND THIS IS THE PROMISE THAT HE MADE TO US— ETERNAL LIFE.

TODAY I'M GRATEFUL FOR

Three numbered lines for listing things to be grateful for.

REFLECT ON WHAT ETERNAL LIFE MEANS.

Eight horizontal lines for reflecting on eternal life.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 37

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

REVELATION 21:4

HE WILL WIPE EVERY TEAR FROM THEIR EYES. THERE WILL BE NO MORE DEATH OR MOURNING OR CRYING OR PAIN, FOR THE OLD ORDER OF THINGS HAS PASSED AWAY.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON WHAT A FUTURE PROMISED TO YOU WITHOUT TEARS, DEATH, CRYING AND PAIN.

Eight horizontal lines for reflecting on a future promise.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 38

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 37:4-5

DELIGHT YOURSELF IN THE LORD, AND HE WILL GIVE YOU THE DESIRES OF YOUR HEART. COMMIT YOUR WAY TO THE LORD; TRUST IN HIM, AND HE WILL ACT.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON A SPECIFIC DREAM OR GOAL THAT YOU'RE WORKING TOWARD WITH GOD'S GUIDANCE

Eight horizontal lines for reflecting on a specific dream or goal.

MY FAVORITE MOMENT THE DAY

A single horizontal line for writing the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for writing what to look forward to.

DAY 39

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PROVERBS 3:5-6

TRUST IN THE LORD WITH ALL YOUR HEART, AND DO NOT LEAN ON YOUR OWN UNDERSTANDING. IN ALL YOUR WAYS ACKNOWLEDGE HIM, AND HE WILL MAKE STRAIGHT YOUR PATHS.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

ARE THERE THINGS YOU HIDE THAT YOU ARE SCARED TO LEAVE IT TO GOD'S WILL?

Seven horizontal lines for reflecting on hidden fears.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to.

DAY 40

DAILY GRATITUDE

/ /

TODAY I'M FEELING

Three empty rectangular boxes for recording feelings.

PSALM 95:2

LET US COME BEFORE HIM WITH THANKSGIVING AND EXTOL HIM WITH MUSIC AND SONG.

TODAY I'M GRATEFUL FOR

Three numbered horizontal lines for listing things to be grateful for.

REFLECT ON THE JOURNEY YOU HAVE BEEN ON FOR THE LAST 40 DAYS. HAS YOUR HEART GROWN IN GRATITUDE? CAN YOU FEEL A DIFFERENCE?

Seven horizontal lines for reflecting on the 40-day journey.

MY FAVORITE MOMENT THE DAY

A single horizontal line for recording the favorite moment.

TOMORROW I LOOK FORWARD TO

A single horizontal line for recording what to look forward to.