

# Course Syllabus

PREVENTING (CYBER)BULLYING: CREATING SAFE SCHOOLS FOR ALL STUDENTS



# Preventing (Cyber) Bullying: Creating Safe Schools for All Students

# 112.5 Hours of Coursework 3 Salary Points

## **Course Description**

When students don't feel safe in school, they don't thrive academically, socially, and emotionally. According to a 2015 survey from the National Center for Educational Statistics, more than one out of every five students (20.8%) has reported being bullied. Bullying takes many forms and impacts not only the student being bullied, but the entire school community. Participants of this course will be equipped with the knowledge and tools to build safe school communities that identify bullying behaviors quickly (and even before they happen), empower students to move from bystander to advocate, and use character development and social-emotional learning to build stronger school communities.

Techniques for effective interventions as well as best practices from both a teacher and school-wide perspective will be provided to enable participants to address (cyber)bullying concerns within their respective schools and communities. Participants will leave the course with a framework for implementing classroom meetings to foster a positive classroom climate, integrating social-emotional learning/character education, and speaking with key stakeholders (parents, other teachers, and administrators) to prevent (cyber)bullying in and out of the classroom.

### Course Objectives: By the end of the course, participants will:

- Conclude that building and maintaining safe communities for children facilitates their learning and fosters positive personal growth and development
- Develop a fundamental understanding of bullying behavior and the roles that stakeholders play
- Differentiate between types of bullying behavior including aggression, discriminatory harassment, and cyberbullying
- Evaluate how differing forms of bullying warrant various intervention and prevention approaches
- Assess the need for bullying prevention interventions within his/her own classrooms, schools, and districts
- Propose effective teacher-based strategies for bullying intervention/prevention both within and outside the classroom: character education, social-emotional learning, and classroom management strategies
- Conclude how social-emotional learning and character education is a foundation for

Learning Management System Sign In support@cecreditsonline.org www.cecreditsonline.org fostering citizenship in students and promoting safe and supportive learning environments

• Establish communities of practice within a school that act as collaborative measures in facilitating and maintaining positive school culture and climate

#### Alignment to the Charlotte Danielson Framework for Teaching

#### Domain 2: Classroom Environment

- 2a Creating an Environment of Respect and Rapport
- 2d Managing Student Behavior

## **Course Components**

This course is comprised of interactive presentations, videos, readings, discussion boards, authentic tasks, a Classroom Practice Analysis and a final project. All elements of the course must be completed in order to obtain a letter of completion and/or credits.

#### Credit:

- For those taking this course for LAUSD Salary Points, this course has been approved by the JSPCC for that purpose. Upon successful completion, CE Credits Online will submit your paperwork to LAUSD for processing.
- For those taking this course for credit, upon completion, the necessary paperwork will be submitted to the university that was selected at the time of purchase. Please see <u>University Partners</u> on our homepage for more information.

#### **Course Outline**

#### Module 1: Understanding Bullying

- The Importance of Safe School Communities
- Bullying Defined Distinguishing Between Misbehaviors
- Populations At Higher Risk Of Bullying
- The Teacher As Advocate

Module 2: The Bullying Dynamic: What Are The Key Roles?

- Psychology of Bullying Behavior
- Who Is At Risk of Being Bullied?
- Bystanders: A Critical Role In Bullying

The Overlap Of Bullying and Victimization

#### Module 3: Designing Effective Teacher Interventions

- Defining Professional Responsibilities
- Misconceptions in Addressing Bullying Behavior
- Strategies for Approaching Bullying
- Partnering With Parents

#### Module 4: Beyond Schools-Cyberbullying

- Cyberbullying Versus Traditional Bullying
- Why Is It So Hard To Address Cyberbullying
- How to Address Cyberbullying
- Cyberbullying Prevention

#### Module 5: Best Practices for Bullying Prevention

- Designing Effective Prevention Measures
- Character Education
- Social-Emotional Learning
- Teacher-Driven Measures

#### Module 6: School Wide Bullying Prevention

- Critical Elements of Positive School Culture and Climate
- Planning Initiatives
- Targeting School Wide Needs

#### Final Project:

In this course, you will learn how social-emotional learning and character education are critical for establishing safe school communities. For the final project, you are tasked with developing an original initiative that utilizes social-emotional learning and character education for bullying prevention. This initiative can be implemented either just within your own classroom, across several classrooms (as in a grade-level or content area), or at the whole school level.

#### **Key Questions:**

Create a social-emotional learning and/or character education initiative to be implemented throughout the school year. This should include:

- Classroom/school community character motto or mission statement
- Key citizenship rules

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- Student/class opportunities to engage in the initiative
- Teacher-focused opportunities to engage in the initiative
- Creative and innovative, age-appropriate measures in building positive classroom, team, grade-level, or school climate and culture (can include classroom meetings, safe spaces in the classroom, emotional regulation strategies, etc.).
- Opportunities to engage in service projects to foster principles of good character and citizenship.

#### **Grading Policy**

Course Component	Percentage of Final Grade
Authentic Tasks (2)	30%
Classroom Practice Analysis	15%
Discussion Boards (12)	20%
Final Project	35%

You must have an 80% average in order to pass and obtain University credit for this course unless your district has specified otherwise.

#### **Course Access:**

Upon enrollment, you have 180 days to complete your online course in our <u>eClassroom</u>. If you have any questions about course access, please email <u>support@cecreditsonline.org</u>, or call 425-788-7275 extension 104.

#### **Compliance with and Commitment to the American Disabilities Act:**

In compliance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act, participants who have any condition, either permanent or temporary, which might affect their ability to complete this course, are encouraged to reach out to <a href="mailto:support@cecreditsonline.org">support@cecreditsonline.org</a> at the beginning of the course. We will make reasonable academic and accessibility accommodations to the course.

# **Academic Integrity Policy:**

Honesty is an essential aspect of academic integrity. Individual students are responsible for doing their own work and submitting original assignments as per the course directions. Individual students are responsible for doing their own work. Plagiarism and cheating of any kind will not be tolerated. This includes using information from the Internet without citing the website. Avoid plagiarism by appropriately acknowledging the source of the author's words and ideas.