CE Credits Online™

Course Syllabus

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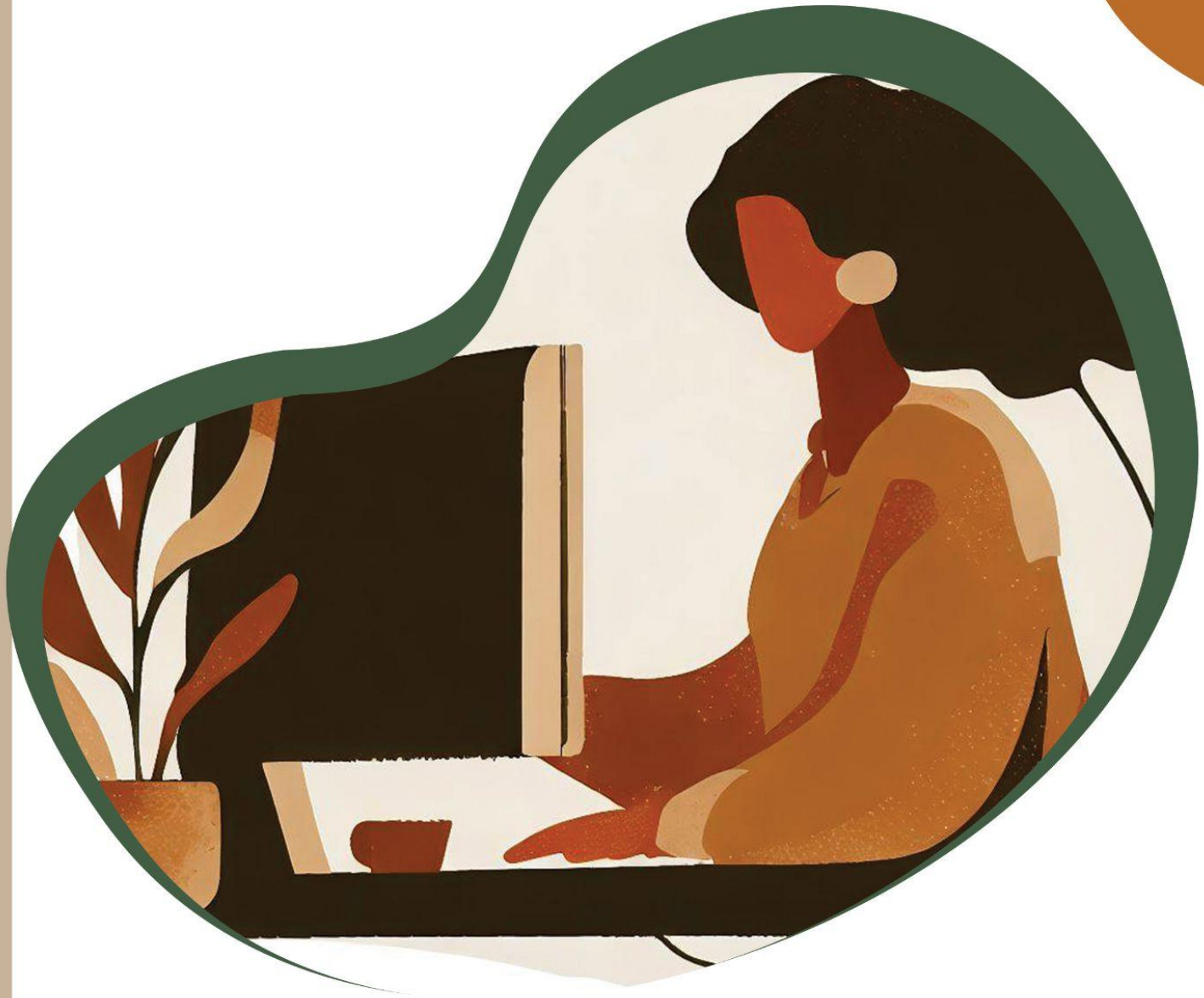
CREATING COMPASSIONATE CLASSROOMS: OVERCOMING ADVERSE CHILDHOOD EVENTS (ACES)



Creating Compassionate Classrooms: Overcoming Adverse Childhood Events (ACES)
45 Hours or 3 Graduate Credits

Course Access: Upon enrollment, you have 180 days to complete your online course in our Learning Management System. If you have any questions about course access, please email support@cecreditsonline.org, or call 425-788-7275 extension 104.

Course Description
Creating Compassionate Classrooms provides you with an understanding of how adverse childhood experiences (ACEs) and other barriers to learning can be overcome by the adoption of compassionate methodologies in the classroom and across the learning community.

There are research-based and scientific rationale for compassionate schooling. Evidence from disciplines including social services, education, neurobiology and public health demonstrate the effectiveness of the compassionate approach. In this course, you will find tools, strategies and resources to create a compassionate classroom and to collaborate with your colleagues to create a school-wide culture of care.

Objectives
- Describe the impact and signs of adverse childhood experiences on learning.
- Identify alternatives to traditional methods of discipline.
- Summarize the scientific rationale for integrating compassion in school culture.
- Apply compassionate pedagogy to adjust instruction and all aspects of the school experience.
- Monitor the effectiveness of the compassionate approach to adjust as needed.
- Choose external resources to help overcome barriers to implementing compassion in order to meet the needs of complex students.

Alignment to the Charlotte Danielson Framework for Teaching
Domain 1: Planning and Preparation
- 1a Demonstrating Knowledge of Students

Domain 2 Classroom Environment
- 2a Creating an Environment of Respect and Report
- 2b Establishing a Culture for Learning
- 2d Managing Student Behavior

Domain 3: Instruction
- 3a Communicating With Students

- 3e Demonstrating Flexibility and Responsiveness

Course Components

This course is comprised of text, videos, resources, assignments, discussion boards and a final project. All elements of the course must be completed in order to obtain a letter of completion and/or credits. Your outline in the LMS will allow you to see your progress through the course.

Course Outline

Module 1: What is Compassionate Schooling?

- Course Introduction
- What Does Compassionate Schooling Accomplish?
- Discussion Board: Behavior and Academic Achievement
- A Departure from Tradition
- Discussion Board: Increasing Effectiveness
- End of Module 1 Review

Module 2: ACEs and Their Effect on Learning

- ACEs and Their Effect on Learning
- Discussion Board: The ACEs Pyramid
- Why Choose Change?
- Listening to Student Behavior
- Downloadable Resource: I-Care Reflection Template
- Discussion Board: I-Care, a Template for Reflection
- End of Module 2 Review

Module 3: Complex Needs of Students

- The Complex Needs of Students
- Discussion Board: Complexity and Consequential Life Events
- ACE Scores and Truth in Labeling
- Social-Emotional Learning
- Authentic Task #1: SEL Curriculum Inventory
- Discussion Board: SEL Academic Connections
- End of Module 3 Review

Module 4: Compassion in Your Practice

- Compassion and Professionalism
- A Framework for Integrating SEL
- Self-Awareness in Teaching
- Discussion Board: Supporting Fellow Teachers

- Challenges to Compassionate Schooling
- Discussion Board: RULER: Measuring School Climate
- Downloadable Resource: SEL PLC Brainstorming Guide
- End of Module 4 Review

Module 5: The Science Behind Compassion

- Science Supports Compassion
- Discussion Board: Nature or Nurture?
- Stress: The Good, The Bad, and The Tolerable
- Monitoring Stress
- Discussion Board: Strategies to De-Stress
- Downloadable Resource: Mindfulness and Stress Management Activity Planner
- End of Module 5 Review

Module 6: Implementing Compassionate Schooling

- Implementation
- Discussion Board: Healthy, Supportive Relationships
- Service to all Students and Your Community
- Moving Forward
- Discussion Board: Preventing Youth Violence
- Authentic Task #2: Assertiveness and Non-Violent Communication Script
- End of Module 6 Review

Final Project: Creating Compassionate Schools Changing Culture Project

Learners will build their plan for creating a compassionate school culture as they move throughout this course. Learners will identify readings and videos during the course that contain relevant content for their personal educational context and/or their school's situation. Selections will be used in the learner's personal professional development plan, in their professional learning community plan for their district.

Grading Policy

100%-90% = A

89%-80% = B

79% and below is Not Passing

Course Component	**Percentage of Final Grade**
Authentic Tasks (2)	40%

Discussion Boards (12)	25%
Final Project	35%

You must have an 80% average in order to pass and obtain University credit for this course unless your district has specified otherwise.

Compliance with and Commitment to the American Disabilities Act

In compliance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act, participants who have any condition, either permanent or temporary, which might affect their ability to complete this course, are encouraged to reach out to support@cecreditsonline.org at the beginning of the course. We will make reasonable academic and accessibility accommodations to the course.

Academic Integrity Policy

Honesty is an essential aspect of academic integrity. Individual students are responsible for doing their own work and submitting original assignments as per the course directions. Individual students are responsible for doing their own work. Plagiarism and cheating of any kind will not be tolerated. This includes using information from the Internet without citing the website. Avoid plagiarism by appropriately acknowledging the source of the author's words and ideas.