

“The Power of Presence” Program

- *FasTrak NLP Practitioner Certification*

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So just imagine now what your brain is capable of...

Did you realise that understanding HOW you do what you do you can then easily enhance, change or alter your patterns of thought, behaviour and emotions?

Recreating EXCELLENCE is a process we can easily learn, it's about achieving an outcome by studying how someone else goes about it.

You will learn how to detect, understand and get in control of your mind, your thinking and your unconscious behaviours.

NLP is a compilation of applied wisdom and mindbody techniques that works with the concept that our:

Thinking = (NEURO)

&

Language = (LINGUISTIC)

&

Learned Behaviour = (PROGRAMMING)

are ALL connected and ANY of these can be changed to create a new reality.

NLP is also an integral component of Mindbody wisdom.

- ***NLP Practitioner Certification & NLP Coach Certification***

What would it mean to access a totally focussed state? To be able take yourself and others into total concentration on an idea or concept?

Learn the most effective way to rapidly transition from an unhelpful state to one which is favourable and advantageous.

Reach a mental state that is highly receptive to new suggestions and instructions to propel you forward.

- ***Hypnosis Practitioner Certification***

Our memories, decisions and experiences are collected over time and determine our beliefs and how we relate to the world.

You will be able to reclaim your power into the present by:

removing anxiety and the stress it causes

AND

changing old unwarranted emotions and limiting beliefs into new powerful opportunities

- ***TimeLine Therapy Practitioner Certification***

This NLP/TIMELINE/HYPNOSIS training is a synergistic program which is carefully layered and structured. These learnings are an 'upgrade' that refines the inside of your mind to focus and create what YOU want with soulful wisdom and vision. These 4 certifications also qualify you to lead and professionally coach others.