

No Sew Fabric Bowls

Family Christmas Workshop

RWA
Workshop
32

Artist: Melissa Cooney

Easy to make colourful fabric bowls make a wonderful addition to the table at christmas.



Materials

- Fabric, cut into strips (any length and width)
- Larger piece of fabric for the lining (big enough to cover the outside of the bowl)
- PVA glue
- Cling film
- Paintbrush
- Palette for glue
- Scissors
- A small bowl for the mould
- Disposable gloves (optional, but it gets very messy)
- A tall cup/ glass (optional)

Instructions

Step 1. Cover the Bowl with Cling Film

Cover the outside of the bowl using a piece of cling film. Tuck any excess cling film under the bowl.

Step 2. Prepare the Lining Fabric

Once you've chosen the fabric you want to use for the lining of your bowl (this fabric will be visible on the inside of the bowl), cut out a piece big enough to cover the entire outside of the bowl. It's better to cut it a bit larger than needed just to be safe.

Step 3. Shape the Lining Fabric Over the Bowl

Using a paintbrush, apply a generous amount of glue on to the outside of the cling film covered bowl. Then cover the bowl with your chosen lining fabric, smoothing it down and tucking the edges

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No Sew Fabric Bowls (continued)



3a



3b



4a



4b



4c



4d

Instructions continued from page 1

under. The right side of the fabric should be facing the bowl (so the back of the fabric should be visible to you).

Step 4. Add the Fabric Strips

Cover the lining fabric with a generous amount of glue. Using the paintbrush, start glueing on strips of fabric, covering the entire bowl. Add plenty of glue, and brush it all the way to the ends. Make sure the whole bowl is completely covered with the strips. The strips should be added with right sides facing out, so the patterns are visible on the outside of the bowl. You can choose to place the bowl on a tall glass, as shown in the photo. This will prevent anything fabric sticking to work surface, and makes it easier to add the strips.

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No Sew Fabric Bowls (continued)



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7a



7b



Instructions continued from page 2

Step 5. Dry
Allow the bowl to dry overnight. You could also use a hairdryer to speed up the drying process, or leave the bowl near a radiator.

Step 6. Remove From the Bowl
Once dry, carefully remove the fabric bowl from the mould and peel off the cling film.

Step 7. Trim the edges
Trim around the outside to even up the edge of the bowl.

Your bowl is now ready to use as a decoration, and fill with whatever you like- maybe wrapped sweets and chocolate, or even festive decorations!

Note: please do not put unwrapped food in the bowl.

