



TOMO

BY GIDDI

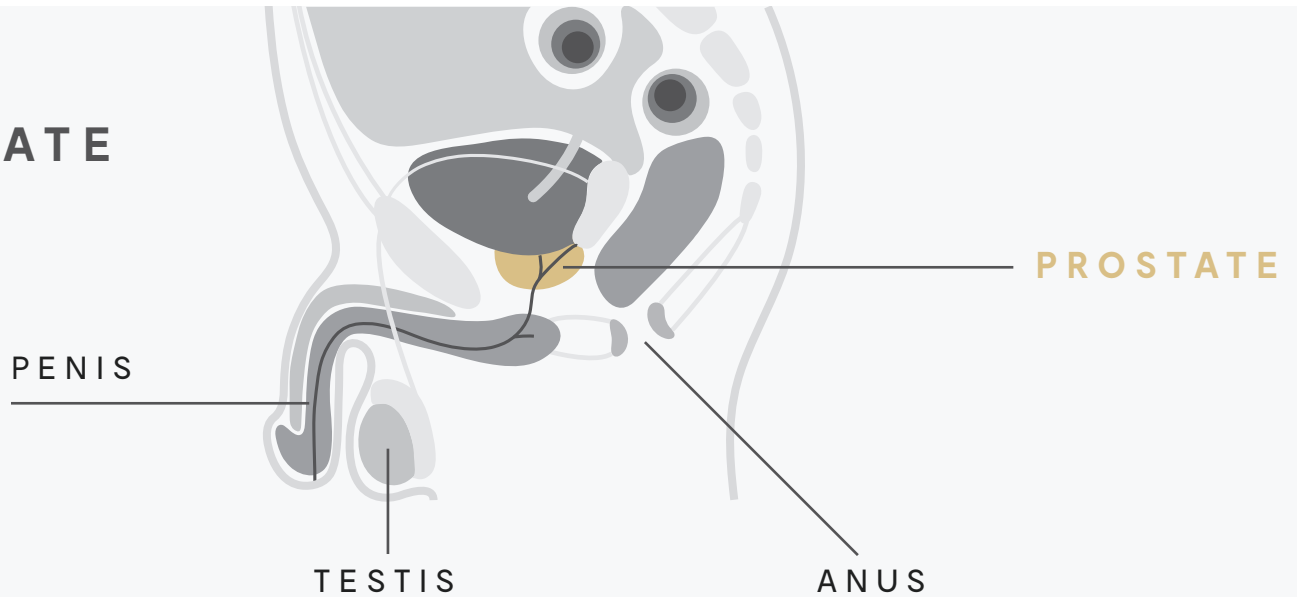
GENTLEMAN'S GUIDE

ALL YOU NEED TO KNOW ABOUT THE PROSTATE
& THE BENEFITS OF PROSTATE MASSAGE



BE KIND TO YOUR BEHIND

YOUR PROSTATE



WHAT

Your prostate, aka P-Spot, is a small reproductive gland essential to the male orgasm.

WHERE

The prostate is located 2-3 inches inside the male anal passage, just below the bladder.

HOW

The prostate secretes fluid that nourishes and protects sperm. During orgasm, this fluid mixes with sperm from the testis, resulting in semen.

WHY

When properly massaged, your prostate releases stagnate fluid, clearing the way for more intense orgasms and other potential health benefits.

BENEFITS OF PROSTATE MASSAGE

Regular prostate massage can lead to long lasting health benefits and enhanced pleasure experiences. These enhanced benefits are available to all men, gay or straight, solo or with a partner:

EXPLOSIVE ORGASMS

- ◇ men report increased ejaculation and more intense orgasms

STRONGER ERECTIONS

- ◇ men report harder and thicker erections over time

REDUCES PAIN

- ◇ helps to reduce pain from prostate swelling and soreness

EASES DYSFUNCTION

- ◇ can help relieve erectile dysfunction over time

IMPROVES FLOW

- ◇ can help cleanse toxins, improving flow of semen and urine

REDUCES RISK

- ◇ helps to reduce the risk of prostate cancer and frequent urination

USING YOUR TOMO

Come clean

Cleanliness is important. Prior to intimacy, we recommend wiping your private zones with a warm cloth or body safe wipes. **Try our flushable wipes, Freshies by GIDDI.**

Get comfortable & relax

Many people enjoy using TOMO while lying on their back with knees up and legs spread, or on their side in fetal position. Relax by caressing your sensual areas.

Lube up

With your fingers, gently rub water-based lube in and around your anus. Apply the same lubricant to the P-Spot Head prior to penetration. **We recommend GIDDI Sensual Lubricant.**

Enjoy the ride

Carefully insert the P-Spot Head, ensuring that TOMO curves up toward your stomach. The External Head should be used to massage your perineum, the area between the scrotum and anus. Once inserted, TOMO can be enjoyed hands-free while you masturbate, solo or with a partner.



TIPS & TRICKS

1. Lots of Lube

Prior to inserting TOMO, use a water-based lubricant to lubricate your anus and the P-Spot Head. Feel free to use your fingers to relax your sphincter before insertion.

2. Just the Tip

If you're not in the mood for anal penetration, try using the P-Spot Head to stimulate the areas outside and around the anus as well as the penis. Many men achieve climax without penetration.

3. Oral Bonus

Since TOMO is hands-free, you can enjoy the prostate massage while also receiving oral sex from your partner. Highly recommended.

4. Clean Up After Climax

We recommend soaking a washcloth in warm water, wringing it out to remove excess water, and then using the warm washcloth to clean and massage you and/or your partner's penis. It feels amazing.



CONTACT US

We're here to help.

Visit myGIDDI.com or contact us at hello@myGIDDI.com.

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