

OTHER CONSULTATIONS	per / athlete	MTD coached athlete
Bike Fitment 60min	\$150	30% Discount
Bike Fitment follow up consultation same bike	\$80	30% Discount
Nutritional advice incl race day – consultation 60min	\$80	30% Discount
Nutritional Workshop group max 10	\$320	
Swim Video analysis + 1 on 1 swim session 60min	\$80	30% Discount
Swim workshop stroke analysis group (more than 5 swimmers max of 10)	\$320	
Run Video analysis + 1 on 1 run session 45min	\$80	30% Discount
Run workshop form analysis group (more than 5 runners max of 10)	\$320	
Other topic related workshops	\$320	
Training camps	TBC	TBC