## **Women's Health**

## This Is How Much 8 Celebrities Spend On Their Skin-Care Routines

Forget diamonds, skincare is really a girl's best friend. Especially if you're a girl who also happens to be a major celebrity. After all, you're constantly photographed and filmed—it's your job to put your best face forward! We investigated the routines of the most beauty-obsessed A-listers to see the products they love and the treatments they swear by, and put together an estimate on how much their go-to skin-care routines actually cost. One thing is clear: Keeping your face and body red carpet-ready comes with a hefty price tag.



• \$500 oxygen facials: Paltrow told *Harper's Bazaar* about her regular visits to the Los Angeles-based facialist Sonya Dakar: "I love her Organic Omega Booster serum. I try to go once a week now that I live in L.A. I think facials really help with staying young." Her go-to is the oxygen facial, and the Organic Omega Booster is \$52 (sonyadakarskinclinic.com).

•\$2,500 Thermage treatments: Always one to try anything in the name of antiaging, it's been reported by *Charlotte's Book* that Paltrow has experimented with Thermage. What exactly is Thermage? "It's a device that emits radio frequency energy to improve skin texture and elasticity. It heats up collagen in the skin, loosening up at structure, and allowing it to reform in a tighter more healthy configuration as the skin heals," says Zeichner. "It can also help stimulate new collagen production." While it may sound like a good way keep her complexion youthful, even Paltrow admits how painful it can be, warning that it feels "like you're being smacked with an electric band," she told *Hello! Magazine*.

Paltrow also launched a skincare line in 2016 with Juice Beauty and shared her favorite products with the *New York Times*. Everyday she uses the revitalizing day moisturizer (\$100, shop.goop.com), enriching face oil (\$110, shop.goop.com), perfecting eye cream (\$90, shop.goop.com), and replenishing night cream (\$140, shop.goop.gom). She also loves the instant facial (\$125, shop.goop.com) for a tingly skin pick-me-up. She also talked about some non-Goop indulgences that include Drunk Elephant's Umbra Sheer Defense SPF 30 (\$38, drunkelephant.com), Tammy Fender's Bulgarian Lavender Body Oil (\$65, amazon.com), The Organic Pharmacy's Rose and Jasmine Body Oil (\$66, barneys.com) and Ursa Major's Face Wipes (\$24 for 20 wipes, amazon.com).