

## WHO WHAT WEAR

# The Face Washes You Should Avoid If You Have Combo Skin – and What to Use Instead

Tammy Fender, holistic wellness practitioner and creator of [Tammy Fender Holistic Skin Care](#), also likes to use vitamin-rich rose-hip seed oil (to prevent dry skin) and jojoba oil (which helps balance sebum production).



### TAMMY FENDER

#### Purifying Cleansing Gel

\$55

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I love the Tammy Fender Purifying Cleansing Gel, blended with energizing peppermint and nutrient-rich alfalfa leaf in a soothing aloe leaf base," Fender says. "It's a full sensory experience, thoroughly cleansing away any impurities, and bringing a freshness to the complexion, without ever over-stripping the skin's naturally protective barrier."