

# VOGUE

SKIN

## These 13 Bath Soaks Are Made for Urban Mermaids

Palm Beach superstar facialist [Tammy Fender](#), who just unveiled a new quartet of beautiful, botanical-powered bath milks, takes a similar multi-faceted approach to enhancing time in the tub. "You can set an intention for your time, light a candle, play music that makes you feel beautiful, apply a lavish face mask, and soak deeply in your tub, finishing with self-massage with body oil, and even doing a little journaling," she says. "[It's] a beautiful way to restore, refresh, dissolve tension, soothe the system, and celebrate life's beauty." After the year and a half we've had, drawing a warm bath in that spirit is always a good idea. "We've all seen over the past year and a half how interlinked emotion, health and wellness can be," she adds.

### Tammy Fender Herbal Clarity Bath Milk



The superfacialist calls her Herbal Clarity blend "fresh, cleansing, and green" with its soothing hemp oil and detoxifying birch bark and thyme.