

# SELF

## 93 Skin-Care Products Beauty Experts Use Every Morning



### Tara Foley, founder of natural beauty boutique **Follain**

In the morning, I don't wash my face with cleanser, so I usually just splash my face with water, dry off, then spritz on some toner (as a vehicle to help my serums absorb deeper). I like the [Josh Rosebrook Hydrating Accelerator](#) (\$35). After, I'll immediately apply a serum, which I rotate based on the current weather and my skin concerns. My daytime go-to this winter has been [Pai Rosehip BioRegenerate Oil](#) (\$40), underneath [Josh Rosebrook Nutrient Day Cream](#) (\$85) (which has SPF in it already!)—and sometimes, [Tammy Fender Awakening Eye Gel](#) (\$84). I'll let those settle in for a few minutes while getting dressed, before applying makeup!