



RICHARD WYZANSKI

Good Vibrations

Tammy Fender is renowned for holistic facials that go beyond soothing the skin to encompass broader healing. Fender's latest treatment takes that concept even further by introducing sound therapy into her Signature Facial with Reflexology.

The idea, she says, is to engage all the senses and "purify and revive the body's energy field." While Fender conducts her signature 80-minute facial, which revives the complexion with a deep cleansing and massage using custom essential oils, reflexologist Helya Burgon stimulates the reflex points in the feet for a head-to-toe healing experience. At the midpoint of the treatment, Richard Wyzanski enters quietly and delivers vibroacoustic therapy via a crystal harp and didgeridoo.

Beyond granting radiant skin, the cross-discipline treatment centers and quiets the mind. If only that delicious state of being could last forever. *West Palm Beach (888-655-9991, tammyfender.com) –Daphne Nikolopoulos*