

PALM BEACH



ILLUSTRATED®

Road Trip!
*Driving destinations in
Florida and the South*

HEALTH REPORT
THE LATEST TRENDS,
TIPS, TECH TALK

THE TOP

10

SUPERFOODS

*Summer
Wellness*

Liquid Gold

Using oil to benefit the complexion has been a beauty trick since ancient times. It regulates sebum production and nourishes cells for a more youthful appearance. We love: Tammy Fender Bulgarian Lavender body oil (\$65, Tammy Fender, West Palm Beach); La Prairie Cellular Swiss Ice Crystal dry oil (\$300, Saks Fifth Avenue); Aveda Dry Remedy oil (\$27, Nordstrom); Estée Lauder Nutritious Radiant Vitality Essence oil (\$68, Macy's); AmorePacific green tea seed treatment oil (\$195, Nordstrom); and Marula—The Leakey Collection facial oil (\$78, Sephora).

