

BAZAAR

Harper's

SELENA
GOMEZ



FASHION

IN BLOOM

30s
IVANKA TRUMP

Real estate power player and fashion, jewelry, and fragrance designer, age 31

TRUMP, A NEW MOTHER, juggles family life and a demanding career but never neglects her antiaging skin-care routine (or her biweekly pedicure).

DIET “When I got pregnant, I started thinking about food from a nutrition standpoint. I used to have pasta for two meals a day, so I’ve made a big effort over the past two years to eat fish and chicken. Now I eat more but in a healthier way.”

BREAKFAST “Before I had my daughter, I would run out the door with a coffee in my hand, but now I sit down with her every morning and we have a proper breakfast. I eat Greek yogurt or cottage cheese with a side of blueberries, raspberries, and some form of a grain, either a whole wheat English muffin or cereal. Or I have scrambled eggs with cheese and whole-wheat toast. I drink four to five cups of coffee a day. Caffeine doesn’t give me a boost; it’s a habit.” **LUNCH** “I have work-related lunches more than half the week, at the Four Seasons restaurant, Michael’s New York, Casa Lever, or Cipriani. I order a chopped salad or salmon and vegetables.” **SNACKS** “Carrots and hummus or crackers and cheese.” **DINNER** “I’m not particularly disciplined because at the end of a long day I’ll feel like I’ve earned the right to spoil myself. I like rich savory pastas or soups. My mother’s family is Eastern European, so I love saucy foods like stews and goulashes. I’ll splurge on anything Italian: cheese, pasta, and

TRUMP'S MUST-HAVES



Bobbi Brown
Shimmer Brick Compact, \$42



Ivanka Trump
fragrance, \$78



Burt's Bees
Tinted Lip Balms, \$7 each



Jo Malone
Amber & Lavender Bath Oil, \$65



pizza. I eat red meat—steak, hamburgers, hot dogs, and veal—but it’s not the first thing I crave. And I like a glass of red wine with dinner on the weekends.”

FITNESS “I work out two days a week. I love golf, tennis, and skiing, but I’ve never enjoyed a gym-based routine, with the exception of yoga and spinning. I try to take classes at Earth Yoga, Om Yoga Center, and Flywheel.”

SKIN CARE “I help design the spa menus at the Trump properties based on the treatments that I like, so that’s where I indulge. My favorites are the Kate Somerville Ultimate Kate Facial and the Tammy Fender signature facial at the Mar-a-Lago Club in Palm Beach. I wash my face morning and night with Purpose Gentle Cleansing Wash [\$5.99] and use Tammy Fender Intensive Repair Balm moisturizer [\$130]. Every morning I apply Peter Thomas Roth Instant Mineral Powder SPF 45 [\$30], and at night

I use Tammy Fender Quintessential Serum [\$175] and Chanel Sublimage Eye Cream [\$225]. I think it’s important to adopt good skin-care habits at a young age. When I was 12, my mother woke me up once at 2 A.M. because I fell asleep with mascara on. She found it revolting and told me that I’d thank her one day. I never did that again—I think subconsciously I’m afraid she’s going to wake me up!”

MAKEUP “During the day I wear very little makeup. I apply Estée Lauder Maximum Cover Camouflage Makeup [\$33.50] and Nars blush in Sin [\$28]. For my eyes, I like neutral eye shadows like Nars in All About Eve [\$34] or Chantecaille in Ginger [\$30] with brown Sue Devitt liner and L’Oréal Paris mascara. If I’m going to a formal event, I’ll wear Giorgio Armani Maestro Fusion Makeup [\$62]—it’s really lightweight—and I like to highlight my cheeks with Bobbi Brown’s Bronze Shimmer Brick Compact. I don’t wear much lipstick, but for evening I do love a great red from Tom Ford, Chanel, or Nars. I always have a Burt’s Bees lip balm in my bag; I’ve purchased every shade. I rarely get manicures, but I do stop into my local nail salon for a pedicure every other Sunday.”

HAIR “I wash my hair every morning, and it air-dries stick-straight. I don’t own a blow-dryer, and I’ve never learned how to dry my hair. One of my resolutions for 2013 is to learn because I think it’s a useful life skill. I like Kiehl’s Olive Fruit Oil Nourishing Shampoo [\$28] and Conditioner [\$30], and occasionally I’ll apply a Leonor Greyl hair mask. In the winter I get blonde highlights from Peter Oon at Julien Farel salon, and if I’m going to a big event, I’ll see one of the stylists there for a blowout.”

BODY “Once every two weeks, I’ll lie in the bath with Jo Malone bath oil, a book, and an SK-II face mask [\$90]. After, I’ll apply Aveeno or Lubriderm body lotion. Before I launched my own perfume, I only wore scents at night, but now I spritz on my Ivanka Trump fragrance every morning.” ➤