



Beauty from the Inside Out—and Outside In

As her life and companies have evolved, Scruggs Kennedy's confidence has grown along with the women she helps. "Beauty comes from how you love people, how you help people, and taking the focus off of yourself," she says. At the same time, she's switched to clean products for her beauty and self-care routines. "My prosthetic has definitely made me more aware of the importance of caring for my skin—for respecting the bodies we have," she says.

MY SKIN ESSENTIALS



TAMMY FENDER

Intensive Repair Balm

goop, \$150

"This cream is my favorite—I've used it for years. It's so nourishing and smells incredible; my skin just eats it up!"

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