

GLAMOUR

Pink
Secrets of the
Ultimate Alpha Girl

JUNE 2013

**Do Your
Thing!**

597

Ways to...

Rock Your Style,
Change Your Hair,
Even Start Your
Own Business
This Summer

plus
**Amazing
Skin**

**Finally-Flat
Abs**

**Superhot
Dresses**

and
The Flirting
Trick That Works
Every Time

*xoxo
Pink*





Stem Cells

No, not human—plants have them too. And they're in innovative products that help with lines and elasticity.

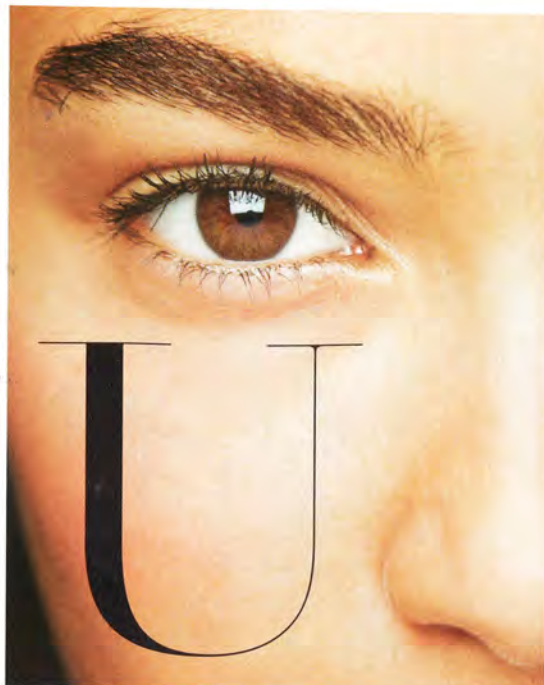
Origins Plantscription SPF 25 Anti-aging Cream (\$55, origins.com)



tammy's tips

Advice from one of our favorite facialists, Tammy Fender: **1.** Drink water with lemon juice to detox skin and increase melanin production. **2.** Eat foods with vitamins A and E, such as carrots and almonds, to help repair free-radical damage. **3.** Apply antioxidants to calm a sunburn:

Tammy Fender Antioxidant Crème Neroli & Orange (\$95, tammyfender.com)



Undereye Bags

Huge breakthrough: Strateris, an invisible film that acts like shrink-wrap to tighten undereye bags. Look for it in your dermatologist's office next year.



VENOM

The buzz is true! Bee venom plumps and firms skin.

Rodial Bee Venom Eye cream (\$140, nordstrom.com)



WINTERGREEN

The minty source for a type of less drying salicylic acid (a proven zit buster). Find it in:

Neutrogena Naturals Acne Spot Treatment (\$9, at drugstores)



(e)xperts online

Want instant skin help? Our editors love the custom foundation service at prescriptives.com.



YEAR-ROUND ADVICE

"If you can learn to use your mind as well as you use a powder puff, you will become more truly beautiful."
—Sophia Loren



ZZZZZZZ'S

Make the most of your sleep (ideally, seven to nine hours)—it's the best thing for your skin, period. Get extra repair help with Olay Age Defying Sensitive Skin Night Cream (\$13, at drugstores).

