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TAMMY FENDER

THE NATURAL BEAUTY

SPECIALTY: South Florida's sun-kissed socialites swear by holistic aesthetician Tammy Fender's facials—at her West Palm Beach spa and at the ELLE Spa at the Eden Roc Renaissance Miami Beach.

SECRET WEAPON: Helichrysum-flower essential oil. "It stimulates cell growth and is great for use after surgery, microdermabrasion, and lasers."

QUICK FIX: Antibacterial Manuka honey soothes everything from burns to a sore throat. Fender applies it directly to skin or mixes it with lemon and water to drink as a tonic.



From left: TAMMY FENDER Spontaneous Recovery Crème "creates a strong moisture barrier on the skin"; Fender advises drinking a fresh green juice daily for glowy skin; TAMMY FENDER Quintessential Serum softens the complexion, hair, and cuticles; Fender recommends 100% PURE powder to clients looking for all-natural makeup.