

# Bustle

## 15 Milky Skin Care Products That Deliver Nourishing TLC From Head To Toe

Milk is having a moment. If you stop and look around, you'll realize that milky nail colors of all different varieties are reigning supreme, for one. Also of note? Milky skin care products have been taking over the beauty shelves, much to the benefit of your complexion.

This trend might conjure up images of Cleopatra, Egyptian queen and actual beauty icon who's known for her purported penchant for bathing in milk to improve the appearance of her skin. (An OG.) While the burgeoning product category is certainly luxe, it doesn't actually require dousing yourself in animal-based milk; milky skin care is more about a feeling than a particular ingredient. Most formulas rely on a special blend of oils, emulsifiers, and something like coconut water to create a milk-like appearance and texture, says Dr. Brendan Camp, M.D., a board-certified dermatologist. The end result? Skin that's happy, healthy, and hydrated.

### The Soothing Serum

### Plant Milk Serum

Tammy Fender



\$135

[See On Tammy Fender](#)

Offering a soft and hydrating shield, Plant Milk Serum cuddles and calms the skin after a rough day using nature-grown products — including seeds, roots, leaves, petals, fruits, and potent traditional plant remedies such as white lily, mountain arnica, and milk thistle.