

The Definitive Guide to Pregnancy-Safe Skincare

BY RACHEL BURCHFIELD / SEP 21, 2021

Prefer to stick with just one brand? <u>Tatcha</u>'s skincare is pregnancy safe, as the brand doesn't formulate with retinols or Retin-As. (For sensitive skin, check out <u>The Rice Polish Calming</u>, <u>The Essence</u>, <u>Indigo Overnight Repair</u>, and <u>Indigo Soothing Body Butter</u> in particular.) <u>Tammy Fender</u>'s products are also pregnancy safe, but, since its Bulgarian Lavender Body Oil contains a high concentration of lavender, the brand's eponymous founder recommends discontinuing use during the first trimester. "Though, it is a wonderful product to use throughout the rest of pregnancy," Fender notes.



Intensive Repair Balm

Tammy Fender follain.com

\$65.00

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Cleansing Milk

Tammy Fender follain.com

\$12.00

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