## Washing Your Diapers



1. Remove solids into toilet, Dunk n' Swish, use a diaper sprayer or diaper liner to help.



2. Run a rinse cycle on cold.



3. Run a full cycle wash on warm/hot with additive-free detergent. We recommend the use of Tide detergent. Do not use detergents with added softeners or stain removers.



4. For best results, run one more rinse cycle on warm/cold.



5. Line dry or tumble dry on low/medium.

## **Tips & Tricks**

Fabric softeners and rash creams can ruin the effectiveness of the absorbency. We recommend you do not use them. If you need to use a rash cream, we recommend the use of a liner along with cloth diaper-friendly products.

Dirty diapers and inserts should not go unwashed longer than 2-3 days for risk of staining.