

Overview of your results

Phylum Level

Taxonomy	Your Percentage %
Other	0.1%
Actinobacteria	4.5%
Bacteroidetes	5.0%
Cyanobacteria	0.0%
Firmicutes	90.1%
Lentisphaerae	0.0%
Fusobacteria	0.0%
Planctomycetes	0.0%
Proteobacteria	0.3%
Synergistetes	0.0%
Tenericutes	0.0%
Verrucomicrobia	0.0%

Analysis

	Optimal Range*	Your Result
Firmicutes (F)	50-70%	90.1%
Bacteroidetes (B)	23-44%	5.0%
F to B Ratio	1- 5.6	5.7
Proteobacteria	< 2%	0.3%
Akkermansia muciniphila	> 0.1%	0%
Methanobrevibacter smithii		0%
Simpson Index of Diversity	> 5	5.7



* Based on Selected Cohort