



**Blue Cross
Blue Shield
Blue Care Network**
of Michigan

Nonprofit corporations and independent licensees
of the Blue Cross and Blue Shield Association



Saturday, October 19, 2019

Clio Can-Do Color Walk/Run

Clio Country Club 13141 N. Linden Road in Clio

10:00 A.M.

**Family 5K Run/Walk along the Clio Golf Course Fairways
(And some paved paths for walkers.) Three optional color stations**

\$ 25 entry fee* (Includes T-shirt, medals for all, recognition of age group winners for runners and walkers, and free healthy food!)

* \$30 after October 5th. (Shirt and medal not guaranteed after October 5th)

**AND: Bring a food can or necessity to support the food pantry at
St. Charles & Helena Catholic Church in Clio.**

Free Fun Runs For Kids (Age appropriate races—10 and under)

Register on-line at: <https://werunthistown.com/>

Mail to PO Box 266, Clio, MI 48420

Make checks out to: Youth Health and Fitness Race



Packet Pickup

Friday, October 18 from 12 noon to 4 PM at Bauman's 1473 W Hill Road Flint, MI 48507

AND October 18 from 5-7 PM at Clio Country Club

AND at 8:00 AM on Saturday, October 19 at Clio Country Club

*All proceeds to: Clio High School Cross Country Summer Camp, Compassionate Life Foundation,
Clio Youth Sports Complex, and the Youth Health and Fitness Fund.*

MORE INFORMATION: www.cliocando.com

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