



Wreaths Across America

5K Fun Run/Walk

Thursday, July 20, 2023
7:00 PM



This is a Crim voucher race

- STARTING TIME:** The fun run will start at 7:00 PM.
Medals guaranteed to the first 300 who register.
- LOCATION:** Flushing High School, 5039 Deland Rd., Flushing, MI 48433
Exit I-75 at Pierson Road (Exit 122), go west to Elms Road. Turn right onto N. Elms Road and head north to Carpenter Road. Turn left and head west to until it ends at Deland Road. The school is at the corner of Deland and Carpenter.
- COURSE:** Course is 100% paved, start and finish near the Flushing High School.
- REGISTRATION:** Online registration available at www.riverbendstriders.org. Online registration ends July 18. Race day registration begins at 5:30 PM at the Flushing High School. Medals guaranteed to the first 300 who register. T-Shirts are available for \$15
- ENTRY FEE:** 5K Event WITH Shirt: \$40
5K Event WITHOUT Shirt: \$25
T-Shirts are available for \$15
- FACILITIES:** Restrooms are available.
- SEND TO:** **Wreath Race, P.O. Box 233, Flushing, MI 48433**
Or drop entries off at Bauman's Running and Walking Shop, 1473 Hill Road, Flint, MI. 48507
MAKE CHECKS PAYABLE TO: Riverbend Striders
- INFORMATION:** Email riverbendstriders@gmail.com
Bauman's Running and Walking Shop (810) 238-5981 - www.werunthistown.com

Proceeds are being donated to Wreaths Across America and are designated for wreaths going to the Great Lakes National Cemetery in Holly, Michigan on December 17, 2023.

More information can be found at <https://www.wreathscrossamerica.org/>



MAKE CHECKS PAYABLE TO:
Riverbend Striders
MAIL TO: Wreath Race
P.O. Box 233, Flushing, MI 48433

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AMOUNT #: _____

BIB NUMBER

LAST NAME										FIRST NAME										M.I.		SEX	
STREET ADDRESS										CITY/TOWN										AGE			
STATE		ZIP CODE			PHONE NUMBER					DATE OF BIRTH													

E-MAIL ADDRESS: _____

SHIRT SIZE: S M L XL XXL 2XL +\$1.00 3XL +\$2.00 No Shirt

In consideration of my participation in this event, I for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against Riverbend Striders, the sponsors of this event, their agents, representatives, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

ATHLETE (OR PARENT, IF UNDER 18) MUST SIGN: _____ DATE: _____

Riverbend Striders Participant Waiver

Event: Wreaths Across America 5K Fun Run/Walk

I know that running or walking in a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with volunteering for this event, including but not limited to: falls, physical contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road including surrounding terrain.

I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me.

I understand that bicycles, skateboards, baby joggers/strollers, roller skates or inline skates, animals, and personal music players are not allowed in the race, and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Wreaths Across America 5K Fun Run/Walk, the city of Flushing, Michigan, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in this event. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in this event and personally assume this risk.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purposes. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

Signature: _____

Date: _____

Parent's Signature if under 18 years: _____

Date: _____