THE ULTIMATE ANSWER TO WHEELCHAIR FITNESS EXERCISE

- Records speed, distance, heart rate and calories.
- Suitable for any manual wheelchair.
- Improves fitness, balance and pushing technique.
- Portable and lightweight.
- Folds away quickly and compact for storage.

Call 0800 832 1916 **Visit** invictusactive.com **Email** info@invictusactive.com









invictus active TRAINER







Improve fitness, lose weight, gain chair skills and confidence with the ultimate in wheelchair exercise.





invictus active TRAINER The Ultimate in Wheelchair Fitness & Exercise

The Invictus Active Trainer was developed by Paul Cooksey and Scott Smith, founders of the company and both active wheelchair users. Fitness equipment for wheelchair users was not portable, lightweight or easy to find, so they developed their own product; the Invictus Active Trainer - a treadmill for wheelchairs.

- Suitable for anyone and any manual wheelchair.
- ✓ Easy to set-up and use. Ready to go 'out of the box'.
- ✓ Improves fitness, balance and pushing technique.
- Burn up to 350kcal during a 30 minute workout.
- Portable and lightweight folds easily and takes up minimal space.
- ✓ Free app records, speed, distance, heart rate and calories when connected to your phone or tablet.
- ✓ Can be used at home, clinics, gyms or hospitals literally anywhere.
- ✓ Work each arm individually, forwards and backwards four independent rollers.





Watch videos at invictusactive.com



Bluetooth enabled. Connects to free app

The trainer can be used for any fitness level or goal. It will improve pushing technique and increase speed and stamina for sport users. It is also a fantastic tool for new wheelchair users to gain chair skills and confidence in a safe environment.



