



# REGULAR Girl®

## Because Life is *Anything But Regular*

Regular Girl is a synbiotic blend of clinically proven prebiotic fiber and probiotics that help support a healthy digestive balance, so you can feel your best from the inside out.\*

- Delivers true regularity without excess gas or bloating.\*
- Contains 5 grams of prebiotic fiber (Sunfiber®) and 8 billion active probiotics (*Bifidobacterium lactis*).
- Monash University Low FODMAP Certified.
- 100% all natural and gluten free.
- Dissolves quickly and completely. No taste, odor or grit.
- Mix with your favorite beverage or add to smoothies, cereals and more.
- Comes in a convenient reusable BPA free bottle to take with you on the go.  
Also available in 30 day supply of stick packs or scoopable powder.

LOW FODMAP | GLUTEN FREE | NON-DAIRY | SOY FREE | NON-GMO | VEGAN



[www.regulargirl.com](http://www.regulargirl.com)

8014 Olson Memorial Highway, Minneapolis, MN 55427

1-800-735-9731

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. A low FODMAP diet does not treat a disease but may help to meet nutritional needs with reduced gastrointestinal symptoms. Monash University receives a license fee for use of the Monash University Low FODMAP Certified trade marks.

© 2019 Regular Girl

**Wherever  
you go, go with  
Regular Girl.**



Welcome to Regular Girl. It's an exclusive blend of prebiotic fiber and probiotics. Unlike other fiber that moves through your body too fast or too slow, Regular Girl moves at just the right pace so you can say ba-bye to occasional constipation and diarrhea without excess gas or bloating\*. It's tasteless, colorless and odorless. So fabulous! Because life is anything but regular.

[RegularGirl.com](http://RegularGirl.com) | 1-800-735-9731 | [contact@regulargirl.com](mailto:contact@regulargirl.com)

YouTube f t i p



© 2019 Regular Girl