



# WARNING

Failure to follow the manufacturer's instructions can result in death or serious injury.



## WARNING

### Suffocation Hazard

Your baby can suffocate if positioned incorrectly in any environment including in your sling.

Babies at the greatest risk of suffocation include those born prematurely, those with respiratory problems or recent illness, and those under four months of age.

Ensure that baby does not curl into a position with the chin resting on or near the chest because this position can interfere with breathing, even if nothing is covering the nose or mouth.

Follow the manufacturer's instructions for use.

Position your baby in your sling so that

- Baby's face is visible and above the fabric.
- Baby's face is free from obstructions.
- Baby's chin is in a neutral or higher position.



## WARNING

### Fall Hazard

Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving.



## WARNING

### Fire Hazard

This sling is not flame retardant or fire resistant. Do not use your sling near fire or other heat sources.



### WRONG

- Face not visible and face below fabric.
- Nose and mouth pressed against you.
- Chin down.



### CORRECT

- Face visible and above fabric.
- Nose and mouth are clear.
- Chin up.

### WEIGHT RANGE - Follow the manufacturer's recommended weight range when using this baby sling.

If your baby is a pre-term infant, weighs less than 8 pounds, has developmental delays, or health challenges, never use this baby sling without receiving expert advice from a health care professional regarding proper positioning and your baby's challenges. This baby sling is recommended for babies weighing between 8 and 35 pounds.

## Safety

Check for ripped seams, torn straps or fabric and damaged hardware before each use.

Ensure that baby is safely positioned in the sling according to manufacturer's instructions for use.

Never leave a baby in a sling that is not being worn.

Check on baby often. Position baby upright (between 45 and 90 degree angle) and keep airways unobstructed and face visible and above the fabric of the sling at all times.

If using sling while breastfeeding, always move baby's face away from the breast when active breast feeding is done and follow manufacturer's instructions for safe positioning as indicated in the previous paragraph. Pay attention to baby while breastfeeding.

Using a sling affects your center of balance. Do not use sling during activities that involve excessive movement such as while exercising, on a bicycle, running, jumping, and other similar activities.

Carrying a baby in a sling requires diligence on the part of the caregiver. Do not use sling when drowsy, sleeping, suffering from an illness or condition that impairs balance, taking medication that causes dizziness or if your mobility is impaired.

Never place more than one baby in the sling. Never use/wear more than one carrier at a time.

Do not use sling in any body of water.

Do not use sling while engaging in activities such as cooking and cleaning that involve a heat source or exposure to chemicals.

Ensure that baby is periodically repositioned.

The sling is not a safety seat; do not use in moving vehicles.

Do not overdress baby as your body heat may make baby very warm.

Do not use your sling when there is a chance that baby may reach for or be exposed to dangerous items.

Do not tighten your sling so much that baby's breathing could be restricted.



## Getting Started

Learning to use a baby carrier is like learning to ride a bicycle. It takes practice, but quickly becomes second nature.

- Consider practicing with a doll before you practice with your baby.
  - Make sure baby is rested and fed before you begin.
  - Practice next to a couch or bed.
  - It may also help to use a mirror or to have a partner help you.
  - It will be much easier to adjust your sling if the fabric is not twisted, your sling is correctly sized, and the fabric is spread out in the rings.
- Be sure to continually support your baby until you are confident.

**For customer service, questions,  
or to place an order:**

**Maya Wrap**

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## Caring for Your Sling

Your Maya Wrap is guaranteed for one year.

All of our products are machine washable in cold water and should be line dried.

**Do NOT Bleach.**





## Preparing Your Sling



Hold your sling so that the tags face each other. The fabric should not be twisted. Putting your hand through the rings will make the next step easier.



Fold the corners to the middle of the sling. This will make it easier to find the edges of the sling after it is threaded. An alternative method is to gather the fabric.



Bring the tail through the rings and spread the rings apart.



Bring the tail over the top ring and through the bottom ring, as if you are threading a belt. Make sure the fabric is not twisted.



Place the rings on your shoulder. For most users, the bottom of the pouch should extend almost to the hipbone. Adjust the sling if necessary. Verify the fabric is not twisted.



Spread the fabric around the rings and isolate the edges. This is easier to do if you loosen the bottom ring.

## Putting on Your Sling



Put one arm through your sling and bring the sling over your head.



Rest the rings in front of your shoulder. They should be high.



Verify the fabric is smoothly spread across your back.



Pull up the inner edge to create a pocket to hold baby



The upper edge should go almost to your arm pit.

## Tummy to Tummy Carry

0-3 Months



This is how your baby will be positioned in your sling.

\*\*Please refer to the box below.\*\*



Put your hand through the sling and hold baby's feet together.



Pull the fabric up at least to baby's neck. Support baby while you bring the excess fabric around to the rings.



Continue to support baby's weight while you tighten the sling. First pull the inner edge of the fabric across your body to tighten.



Tighten the middle of tail every few inches.



If necessary also tighten the outer edge.

Notice how baby is positioned when you hold him/her so that he/she is comfortable. Baby's chin is neutral or slightly higher. Baby is in a frog leg position with legs spread apart. This is how your baby will be positioned in your sling.

- Baby is high (above your navel)
- Baby's knees are above baby's bottom
- Baby's face is clear
- Chin is in a neutral or slightly up position
- Head is not tilted to side or back
- Head is supported

- Back is slightly rounded
- Rings high
- Fabric is almost up to your armpit
- Baby feels very secure
- Fabric is not so tight that it could restrict baby's breathing



## Tips



Roll the top edge of the fabric down so that baby's face is clear. The roll will provide support to baby's head.



\*\*Please refer to the box on page 2.\*\* You are done. Baby should still be in this position in 10 minutes. If baby has lowered on your body, please place baby back in the proper position and adjust your sling accordingly.



You know baby is secure if you can bend over without baby separating from your body. Always put a hand around baby if you bend over. Whenever possible you should bend at your knees.



Wrapping a paper towel or baby wash cloth in the sling as you roll it will provide extra support for baby's head.



If the rings move as you tighten your sling, place the rings on or behind your shoulder when you first put on your sling.

## Tummy Carry with Legs Out • Removing Your Baby



When you ease baby into your sling let baby's legs come out of the bottom. Be sure that the fabric of the sling extends all the way to baby's knees.



After you tighten your sling, very gently push baby's knees towards baby's hips. This will ensure that baby is properly seated in your sling. Baby's knees should be higher than baby's hips.



Support baby's weight while you pull the ring away from your body to loosen the sling.



Ease the fabric over baby.



A sleeping baby will be less likely to wake up if you keep baby's head higher than baby's bottom as your set her/him down.

As your baby grows, baby will prefer the Kangaroo or Hip Carries. When you use these carries, please tighten you sling according to the instructions in the Tummy to Tummy Carry.

## Kangaroo Carry 3-6 Months

## Hip Carry 6 Months +



Cross your baby's legs and ease him/her down into the sling.



Hold baby at the desired height and support his weight while you tighten the sling.



The outer edge of the sling should not be too tight around baby's neck.



Hold your child high on your shoulder. Ease your child down into the sling, resting him on your hip. Be careful not to catch his legs in the sling.



Supporting your child's weight, tighten the outer edge for a secure fit and to ensure that he cannot arch backwards.



The fabric is up to baby's armpits and out to his/her knees. Baby's bottom is lower than baby's knees.