

Ergonomics For Manufacturing Environments

Overview:

This course is an overview of musculoskeletal disorders, their signs and symptoms, and ergonomic risk factors. You will learn how to apply ergonomic principles in the workplace to reduce injury and increase human performance.

Who should take this course?

Employees in a manufacturing setting who are at risk of exposure to ergonomic injuries.

Learning Outcomes:

After taking this course, the student will be able to:

- Apply simple principles to improve the ergonomics of the workplace
- Recognize common work-related Musculoskeletal Disorders (MSDs)
- Successfully communicate any health challenges to a health care provider.

Topics:

- The Basics of Ergonomics
- MSDs' of the Back, Arms and Hands
- Minimizing Risk of Injury to the Back, Arms and Hands
- Your Ergonomic Role

Prerequisites:

None

Registration:

Register online at www.csregs.com, or call 1-800-711-2706 Ext 1.

Discounts:

For companies wishing to register multiple students, the following discounts are available:

- 10% discount for 5-10 licenses
- 15% discount for 11-20 licenses
- 25% discount for 21-50 licenses
- 45% discount for 51-100 licenses
- Call for preferred discounts for over 101 licenses!

To take advantage of the above discounts, please contact us at 1-800-711-2706 Ext 1 **BEFORE** registering so we can issue licenses to be used during the registration process.