



56 DISASTER PREPAREDNESS TIPS

FLOODS

- Get to high ground
- Pack water filter
- Bring a flashlight
- Store life jackets
- Keep chem lights on-hand

DROUGHTS

- Invest in a water filter
- Keep breathing masks on-hand
- Pack goggles for vision clarity
- Apply sunscreen to avoid severe sunburn
- Use shovel to dig for water
- Pack Mylar blanket

EARTHQUAKES

- Take cover or run
- Don't move after finding a safe place
- Keep a First Aid kit
- Stay away from walls/windows
- Keep a splint on-hand
- Wear air mask
- Pack goggles

LANDSLIDES & DEBRIS FLOW

- Stay alert
- Look for signs of potential landslide
- Find shelter immediately

SNOWSTORMS

- Find or create shelter
- Watch your fingers and toes for signs of frostbite
- Stay warm
- Keep your mind sharp
- Pack snowshoes

TSUNAMIS

- Move inland
- Keep bug out bag handy
- Stay away from disaster areas until it's cleared as safe
- Find public shelter

TORNADOS

- Get underground ASAP
- Stay away from windows
- Keep non-perishable foods or rations on-hand



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WILDFIRES

- Stay calm to prevent hyperventilation
- Protect your mouth and nose with cloth/mask
- Analyze escape routes
- Find non-flammable terrain
- Stay in your car
- Wear goggles

CHEMICAL WEAPONS

- Wear a filtration mask
- Find higher ground
- Get rid of clothes
- Don a DIY hazmat suit

NUCLEAR STRIKES

- Stock up on supplies
- Get underground
- Keep a survival kit handy
- Clean yourself with soap and water quickly
- Find a brick building

VOLCANIC ERUPTIONS

- Stay inside (if you're out of the lava flow area)
- Seal up windows and doors
- Keep a battery-operated radio handy
- Stockpile food and water

DISEASE OUTBREAKS

- Make sure you have sealed water on-hand
- Keep sanitizer and bleach
- Wear gloves and protective suits
- Create an isolated quarantine room