# 56 Disaster Preparedness Tips

## Floods
- [ ] Get to high ground
- [ ] Pack water filter
- [ ] Bring a flashlight
- [ ] Store life jackets
- [ ] Keep chem lights on-hand

## Droughts
- [ ] Invest in a water filter
- [ ] Keep breathing masks on-hand
- [ ] Pack goggles for vision clarity
- [ ] Apply sunscreen to avoid severe sunburn
- [ ] Use shovel to dig for water
- [ ] Pack Mylar blanket

## Landslides & Debris Flow
- [ ] Stay alert
- [ ] Look for signs of potential landslide
- [ ] Find shelter immediately

## Snowstorms
- [ ] Find or create shelter
- [ ] Watch your fingers and toes for signs of frostbite
- [ ] Stay warm
- [ ] Keep your mind sharp
- [ ] Pack snowshoes

## Tsunamis
- [ ] Move inland
- [ ] Keep bug out bag handy
- [ ] Stay away from disaster areas until it’s cleared as safe
- [ ] Find public shelter

## Tornadoes
- [ ] Get underground ASAP
- [ ] Stay away from windows
- [ ] Keep non-perishable foods or rations on-hand
56 DISASTER PREPAREDNESS TIPS

WILDFIRES

☐ Stay calm to prevent hyperventilation
☐ Protect your mouth and nose with cloth/mask
☐ Analyze escape routes
☐ Find non-flammable terrain
☐ Stay in your car
☐ Wear goggles

VOLCANIC ERUPTIONS

☐ Stay inside (if you’re out of the lava flow area)
☐ Seal up windows and doors
☐ Keep a battery-operated radio handy
☐ Stockpile food and water

CHEMICAL WEAPONS

☐ Wear a filtration mask
☐ Find higher ground
☐ Get rid of clothes
☐ Don a DIY hazmat suit

DISEASE OUTBREAKS

☐ Make sure you have sealed water on-hand
☐ Keep sanitizer and bleach
☐ Wear gloves and protective suits
☐ Create an isolated quarantine room

NUCLEAR STRIKES

☐ Stock up on supplies
☐ Get underground
☐ Keep a survival kit handy
☐ Clean yourself with soap and water quickly
☐ Find a brick building