



XYVGGR®

*Natural support for sexual health**

XY Wellness' **XYVGGR®** (pronounced “XY vigor” or “male vigor”) is doctor-designed to reignite sexual interest and to support the various facets of optimal erectile function through a synergistic combination of traditional botanicals that are both time-tested and backed by modern science. This unique daily supplement enhances sexual vitality by modulating libido-draining stress chemicals, delivering potent antioxidant support, maximizing endurance and stamina, and promoting penile smooth muscle relaxation for a firm, long-lasting erection that’s ready to go when you are.*

Synergistic support for a more satisfying sex life

XYVGGR® has been formulated to revitalize male sexual health—and to enhance both arousal *and* sexual performance—safely, naturally, and effectively. In combination, the five ingredients featured in this botanical-based supplement ensure a balanced approach to long-term sexual health and performance, working synergistically to:

- Modulate libido-busting stress hormones*
- Deliver potent antioxidant support*
- Support penile smooth muscle relaxation and engorgement*
- Optimize erectile and endothelial function*
- Ensure peak stamina and a firm, long-lasting erection*

L-CITRULLINE

This amino acid converts into L-arginine—an essential ingredient in the production of nitric oxide (NO), which is responsible for relaxing penile smooth muscle tissue and facilitating engorgement. While L-arginine itself has been shown to metabolize rapidly—rendering it ineffective in the effort to stimulate NO secretion—clinical research suggests that its precursor L-citrulline may play a critical role in achieving a firm, long-lasting erection. As an oral supplement, L-citrulline is readily converted into L-arginine by the kidneys, while bypassing intestinal and liver metabolism and inhibiting arginase, which can negatively impact L-arginine’s ability to promote nitric oxide activity in the penis.

EPIMEDIUM GRANDIFLORUM

Also known by its common name horny goat weed, *Epimedium grandiflorum* is a well-known aphrodisiac botanical that is rich in the flavanol icariin. As this herb’s primary active component, research has linked icariin-standardized horny goat weed extracts with a number of sexual health benefits. Studies show that icariin naturally and effectively stimulates erection-firming nitric oxide activity, while enhancing endurance by supporting normal levels of cGMP-specific phosphodiesterase type 5 (PDE5)—the enzyme typically responsible for winding down male sexual response.

RHODIOLA ROSEA

Like ginseng, *Rhodiola rosea* is another popular research-supported adaptogen. A multitude of published clinical studies support *Rhodiola*'s well-known and established benefits to energy levels, stress management, immune function, and cellular health, as well as its role as a potent antioxidant. Given the strong connection between stress and increased sexual dissatisfaction, supplementation with this vital botanical becomes all the more important.

POLYGONUM CUSPIDATUM

This botanical, also known as Japanese knotweed, is a rich source of resveratrol—a natural antioxidant powerhouse with a growing roster of research-supported benefits for a variety of age-related challenges, including circulatory and sexual health concerns. Studies indicate that resveratrol supplementation may help to ward off atherosclerotic changes associated with imbalanced cholesterol, while enhancing vital nitric oxide circulation, erection quality, blood testosterone levels, and sperm count and motility. The result is safe, powerful support for superior erectile function and endothelial health.

POMEGRANATE

Analysis shows that this prostate-nourishing antioxidant is rich in anthocyanin—a powerful flavonoid that enhances erection-stimulating nitric oxide bioavailability, while promoting arterial health and optimal penile blood flow. As a result, controlled trials have revealed that supplementation with pomegranate may be able to facilitate firm erections and enhanced sexual performance in men with both cardiovascular and erectile function concerns—two challenges that often present simultaneously.

Our commitment to quality

At XY Wellness, we only work with the most reputable names in the business, partnering with proven industry leaders in formulation, ingredient sourcing, manufacturing, and quality assurance.

Our supplements feature formulas that contain only meaningful therapeutic quantities of any given ingredient to ensure that you always achieve the best results, and our raw materials are always hypoallergenic, gluten-free, soy protein-free, and subject to independent laboratory analysis. This uncompromising commitment to quality assurance guarantees a finished product of the highest integrity and effectiveness. The capsules are “veggie caps” for those who avoid animal products.

Like all of our supplements, **XYVGGR®** is conscientiously manufactured in a National Sanitation Foundation (NSF)-certified, Good Manufacturing Practices (GMP) facility—the gold standard of safety and purity in the industry.

Dosage information

For the first 15 days, take two capsules twice per day. Thereafter take two capsules daily, or as directed by your healthcare practitioner.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

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