Milk Chocolate Flavour

Milk Chocolate flavour drink mix powder with sweetener and added vitamins + minerals.

Making the perfect *NUTRI-TEEN*® shake:

Add: 400-500ml ice cold water or milk to your shaker after intense exercise + Add 1 x 50g scoop of NUTRI-TEEN®

+ Shake hard for 10 seconds

+ Drink up!

Top tips:

+ Add ice cubes, and mix in blender

+ Too thick? Add more liquid

+ Too thin? Use less next time

Ingredients: Gluten Free Oat Flour, Natural Flavouring, Whey Protein Isolate (MILK) (14%), Pea Protein Isolate (14%), Medium Chain

Triglycerides Powder, Branch Chained Amino Acid Powder (L-Leucine, L-Isoleucine, L- Valine), L-Glutamine, Cocoa Powder, Flaxseed Powder. Vitamin & Mineral mix: Thiamin (Vitamin B1), Riboflavin (Vitamin B2), Niacin (Vitamin B3), Pantothenic Acid (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Biotin (Vitamin B7), Folic Acid (Vitamin B9), Cyanocobalamin

(Vitamin B12), Vitamin C, Cholecalciferol (Vitamin D3), Magnesium (as Magnesium Carbonate), Potassium (as Potassium Chloride), Zinc (as Zinc Sulphate), Iron (as Ferric Pyrophosphate), Phosphorus (as Trisodium Phosphate), Calcium (as Calcium Carbonate). Thickener (Xanthan Gum), Sweetener (Sucralose). **Serving scoop** included but may have settled to

Storage: Store in a cool dry place. **Product Information:** Enjoy as part of a varied

and balanced diet and a healthy lifestyle.

the bottom of the pouch during transit.

Allergen information: Please refer to

ingredients listed in bold.

NUTRI-TEED

Produced to ISO22000, ISO9001, GMP and HACCP standards.

Nutrition

Serving Size: 50g Scoop

Typical Values	Per 100g	%RI Per 100g	Per Serving	%RI* Per Serving		
Energy (kJ)	1682	20%	841.0	10%		
(kcal)	398	20%	199	10%		
Fats (g)	7.1	8%	3.6	4%		
of which saturates (g)	3.6	14%	1.8	7%		
Carbohydrates (g)	42.6	16%	21	8%		
of which sugars (g)	4.1	4%	2.1	2%		
Fibre (g)	3		1.5			
Protein (g)	42	84%	21	42%		
Salt (g)	1	16%	0.5	8%		
*RI = Reference Intake of an average adult (8400 kJ/2000 kcal)						

164% 1.8 0.9 Thiamine, *mg*

171%

1.2

82%

86%

Riboflavin, mg 2.4 Niacin, ma 26.8

Vitamins and minerals

Niacin, mg	26.8	168%	13.4	84%		
Pantothenic Acid, mg	10.8	180%	5.4	90%		
Vitamin B6, mg	2.4	171%	1.2	86%		
Biotin, μg	84	168%	42	84%		
Folic Acid, μg	336	168%	168	84%		
Vitamin B12, µg	3	120%	1.5	60%		
Vitamin C, mg	128	160%	64	80%		
Potassium, <i>mg</i>	1427	71%	714	36%		
Zinc, <i>mg</i>	16	160%	8	80%		
Iron, <i>mg</i>	23.4	167%	11.7	84%		
Vitamin D, μg	8.4	168%	4.2	84%		
Calcium, mg	1545	193%	773	97%		
Phosphorus, mg	1008	144%	504	72%		
Magnesium, <i>mg</i>	600	160%	300	80%		
Additional Nutrition:						
Omega-3 (mg)	1740		870			

1500

7.2

13.6

3.4

3.4

Tasty tip:

Why not try adding a scoop to

your favorite smoothie recipe?

Omega-6 (mg)

L-Glutamine (g)

L-Isoleucine (g)

L-Leucine (g)

L-Valine (g)

Formulated and manufactured on behalf of: Youth Sport Nutriton Ltd., Rowen Homes, Unit 6, Franklin Park, Blaydon-On-Tyne, NE21 5TL. NUTRI-TEEN is a trademark of Youth Sport Nutrition Ltd. The Batch and Best Before Date are printed to the bottom right of this label.

Serving

841.5

199

Per

Serving

10%

10%

750

3.6

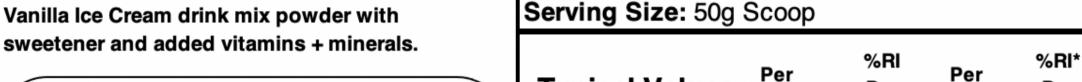
6.8

1.7

1.7

500g e

(10 Servings)



A source of high quality nutrients including vitamins, minerals and protein.

Making the perfect *NUTRI-TEEN*® shake: **Add:** 400-500ml ice cold water or milk to your

Vanilla Ice Cream Flavour

+ Add 1 x 50g scoop of NUTRI-TEEN® + Shake hard for 10 seconds + **Drink** up!

shaker after intense exercise

Top tips: + Add ice cubes, and mix in blender + Too thick? Add more liquid

Ingredients: Gluten Free Oat Flour, Maltodextrin, Whey Protein Isolate (MILK) (14%), Pea Protein

Isolate (14%), Medium Chain Triglycerides

Powder, Branch Chained Amino Acid Powder (L-

Natural Flavouring, Flaxseed Powder. Vitamin &

Leucine, L-Isoleucine, L- Valine), L-Glutamine,

Mineral mix: Thiamin (Vitamin B1), Riboflavin

+ Too thin? Use less next time

(Vitamin B2), Niacin (Vitamin B3), Pantothenic Acid (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Biotin (Vitamin B7), Folic Acid (Vitamin B9), Cyanocobalamin (Vitamin B12), Vitamin C, Cholecalciferol (Vitamin D3), Magnesium (as

Thickener (Xanthan Gum), Sweetener (Sucralose).

Magnesium Carbonate), Potassium (as Potassium Chloride), Zinc (as Zinc Sulphate), Iron (as Ferric Pyrophosphate), Phosphorus (as Trisodium Phosphate), Calcium (as Calcium Carbonate). **Serving scoop** included but may have settled to the bottom of the pouch during transit. Allergen information: Please refer to ingredients listed in bold. Storage: Store in a cool dry place. **Product Information:** Enjoy as part of a varied and balanced diet and a healthy lifestyle. NUTRI-TEEN

Produced to ISO22000, ISO9001, GMP and HACCP standards.

Strawberry Milkshake Flavour

Strawberry milkshake flavour drink mix powder

with sweetener and added vitamins + minerals.

Making the perfect *NUTRI-TEEN*® shake:

Add: 400-500ml ice cold water or milk to

+ Add 1 x 50g scoop of NUTRI-TEEN®

your shaker after intense exercise

+ Add ice cubes, and mix in blender

+ Shake hard for 10 seconds

+ Too thick? Add more liquid

+ Drink up!

Top tips:

Energy (kJ) (kcal)

Vitamin B6. *ma*

Vitamin C, *mg*

L-Leucine (g)

L-Isoleucine (g)

L-Valine (g)

Typical Values

Nutrition

Fats (g)	5.7	8%	2.9	4%		
of which saturates (g)	2.84	14%	1.4	7%		
Carbohydrates (g)	42	16%	21	8%		
of which sugars (g)	4.8	4%	2.4	2%		
Fibre (g)	2.6		1.3			
Protein (g)	42	84%	21	42%		
Salt (g)	0.91	16%	0.5	8%		
*RI = Reference Intake of an average adult (8400 kJ/2000 kcal)						
	average ad	lult (8400	kJ/2000 kcal)		
		•) kJ/2000 kcal)		
*RI = Reference Intake of ar		•	0.9	82%		
*RI = Reference Intake of ar	ninera	ls				
*RI = Reference Intake of ar Vitamins and n Thiamine, <i>mg</i>	ninera 1.8	IS	0.9	82%		

100g

1683

398

Per

100g

20%

20%

Biotin, µg Folic Acid, µg 336 168% 168 Vitamin B12, μg 3 120% 1.5

2.4

84

128

171%

168%

160%

1.2

42

64

6.8

1.7

1.7

500g e

(10 Servings)

86%

84%

84%

60%

80%

Potassium, *mg* 1427 71% 714 36% 160% 8 80% Zinc, mg 16 23.4 167% 11.7 84% Iron, mg Vitamin D, µg 8.4 168% 4.2 84% Calcium, *mg* 1545 193% 773 97% Phosphorus, mg 504 1008 144% 72% Magnesium, mg 600 160% 300 80% Additional Nutrition: Omega-3 (mg) 870 1740 Omega-6 (mg) 1500 750 L-Glutamine (g) 7.2 3.6

13.6

3.4

3.4

Energy (kJ)

Carbohydrates (g)

...of which sugars (g)

..of which saturates (g) 2.84

(kcal)

Fats (g)

Fibre (g)

Protein (g)

L-Leucine (g)

L-Isoleucine (g)

L-Valine (g)

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Formulated and manufactured on behalf of: Youth Sport Nutriton Ltd., Rowen Homes, Unit 6, Franklin Park, Blaydon-On-Tyne, NE21 5TL.

Tasty tip:

Why not try adding a scoop to

your favorite smoothie recipe?

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Serving

10%

10%

4%

7%

8%

2%

42%

Nutrition Serving Size: 50g Scoop %RI %RI* Per Per **Typical Values** Per Per 100g Serving

1683

398

5.7

42

4.8

2.6

42

100g

20%

20%

8%

14%

16%

4%

84%

841.5

199

2.9

1.4

21

2.4

1.3

21

+ Too thin? Use less next time

Ingredients: Gluten Free Oat Flour, Maltodextrin,

Isolate (14%), Medium Chain Triglycerides Powder,

Flavouring, Flaxseed Powder. Vitamin & Mineral mix:

Thiamin (Vitamin B1), Riboflavin (Vitamin B2), Niacin

Whey Protein Isolate (MILK) (14%), Pea Protein

Branch Chained Amino Acid Powder (L-Leucine, L-Isoleucine, L- Valine), L-Glutamine, Natural

(Vitamin B3), Pantothenic Acid (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Biotin (Vitamin

B7), Folic Acid (Vitamin B9), Cyanocobalamin (Vitamin B12), Vitamin C, Cholecalciferol (Vitamin D3),

(as Potassium Chloride), Zinc (as Zinc Sulphate), Iron

(as Ferric Pyrophosphate), Phosphorus (as Trisodium Phosphate), Calcium (as Calcium

Magnesium (as Magnesium Carbonate), Potassium

Serving scoop included but may have settled to the

listed in bold.

Product Information: Enjoy as part of a varied and

Carbonate). Thickener (Xanthan Gum), Sweetener (Sucralose), Colour (Beetroot Red).

Storage: Store in a cool dry place.

bottom of the pouch during transit.

Allergen information: Please refer to ingredients

balanced diet and a healthy lifestyle. NU I KI-I E

Produced to ISO22000, ISO9001, GMP and HACCP standards.

Salt (g) 0.91 16% 0.5 8% 'RI = Reference Intake of an average adult (8400 kJ/2000 kcal) Vitamins and minerals 1.8 164% 0.9 82% Thiamine, *mg* 1.2 Riboflavin, mg 2.4 171% 86% Niacin, mg 13.4 26.8 168% 84% Pantothenic Acid, mg 10.8 180% 5.4 90% Vitamin B6, *mg* 1.2 86% 2.4 171% Biotin, µg 42 84 168% 84% Folic Acid, µg 84% 336 168% 168 Vitamin B12, µg 60% 3 120% 1.5 Vitamin C, *mg* 128 160% 64 80% Potassium, mg 71% 714 36% 1427

Zinc, mg 8 16 160% 80% 23.4 167% 11.7 84% Iron, mg Vitamin D, µg 168% 4.2 84% 8.4 773 97% Calcium, *mg* 1545 193% Phosphorus, mg 1008 144% 504 72% Magnesium, mg 160% 300 80% 600 Additional Nutrition: Omega-3 (mg) 1740 870 Omega-6 (mg) 1500 750 L-Glutamine (g) 7.2 3.6

13.6

3.4

1.7 3.4 Tasty tip: 500g e Why not try adding a scoop to (10 Servings)

6.8

