

# 2018 NORTH WEST 'DOWNWIND' SURF MARATHON

**BACKGROUND:** The North-West Marathon is a long distance, endurance race for surf craft conducted in the open sea. It is the second event of SLST's 2018 Endurance Series. This event was first run at Burnie in the mid-1980s. In the early 90s, it was decided that the event would rotate and around various North-West Coast venues. Last year the event returned to Burnie and was run in conjunction with the Australian Masters Games.

**DATE:** Saturday October 27

**HOST:** Burnie Surf Life Saving Club

**SUPPORTED BY:** Surf Life Saving Tasmania, Wynyard Yacht Club, Cradle Coast Outrigger Canoe Club, North West Tasmania SUP Club, Boat Harbour Somerset, Penguin, Ulverstone, Devonport and Port Sorell Surf Life Saving Clubs

**ENQUIRIES:** Jeremy Norton - 0438 421 245 [jeremynorton246@gmail.com](mailto:jeremynorton246@gmail.com)  
Stuart Paine – 0419 393 889 [Stuart.Paine@alphaelectrics.co.au](mailto:Stuart.Paine@alphaelectrics.co.au)

## CRAFT:

- Surf Skis (Ocean or SLSA specification)
- Surf Boats
- SLSA Specification Surfboards
- SLSA Specification Nipper boards
- Outriggers (OC1, OC2, V3 OC6)
- SUPS

## CATEGORIES and PRIZE MONEY:

### Short Course (3 km)

EVENT	1st
Under 17 Board Male/Female	\$25
Under 19 Board Male/Female	\$25
Open Board Male/Female	\$50

### Intermediate Course (8 km)

EVENT	1st
Under 17 Surf Ski – Male/Female	\$25
Open OC1 – Male/Female	\$50
OC2 – Open	\$25
Open SUP – Male/Female	\$50

### Long Course (16 km)

EVENT	1st
Open Surf Ski – Male/Female	\$100

Under 19 Surf Ski – Male/Female	\$50
Over 35 Surf Ski – Male/Female	\$25
Over 50 Surf Ski – Male/Female	\$25
Over 60 Surf Ski – Male/Female	\$25
Over 70 Surf Ski – Male/Female	\$25
Open Surf Boat	\$200
Open Female Surfboat	\$200
Open OC6	\$50
Open V3	\$50

### Nipper Board Races

Under 11 – Under 15 to be conducted at Burnie SLSC

Register from 9.00am

### SCHEDULE:

8.20am	Registrations open at the long course starting point (All competitors except Nippers)
9.30am	Water Safety and Officials Briefing
9.50am	Long course race briefing
10.00 – 11.00am	Nipper Board Races (Under 11 – under 15) at Burnie SLSC
10.20am	Female Surf Boat Start OC6 and V3 start
10.25am	Open Surf Boat Start
10.30am	Surf ski start (Long Course)
10.30am	Short course marshalling and briefing (at Somerset SLSC)
10.45am	Board Race marshalling and briefing (at Cooee Beach)
11.00am	Short Course Start (U17 Ski OC1 OC2 SUP)
11.15am	Board Race Start
1.00 pm	Presentations
1.15pm	Random draws (All registered competitors and volunteers are eligible but must be present to receive a prize)

### COURSE:

We are aiming for a ***downwind event*** (weather permitting) finishing at West Beach, Burnie in front of the Burnie Surf Life Saving Club.

Long course distance 16km (approx.) Intermediate Course distance: 8km (approx.) Short Course 3km (approx.)

#### **Course options –**

- A. Westerly conditions: Registration, **Race Briefing** at the Wynyard Yacht Club. **Long Course Start** at Wynyard Yacht Club; **Intermediate Course Start** at Somerset Surf Life Saving Club; Short Course Start at Cooee Beach
  - B. Easterly conditions: Registration, **Race Briefing** at the Penguin Surf Life Saving Club, Preservation Bay. **Long Course Start** at Penguin SLSC; **Intermediate** and **Short Course Start** at Burnie Yacht Club, South Burnie.
  - C. Extreme Conditions: Registration at Burnie SLSC. Race Briefing, start and finish at Burnie Yacht Club. This will be a lap course within Burnie Port.
- Competitors in each starting group should be aligned and stationary at the start. Time penalties apply for breaking the start.
  - All competitors and teams will complete a “dry finish”. All individual competitors and a nominated member of each team dismount their craft and run through the finishing chute to the finish line. Gear handlers will retrieve craft. Paddlers should carry their paddle from the water.
  - The predicted course direction will be advised on Wednesday, October 24.
  - The course direction will be finalised and confirmed on Friday, October 26.
  - Communication will be via SLST Facebook. Please share this information with your relevant networks.
  - The organisers reserve the right to cancel the event if the conditions are deemed too hazardous.

#### **SAFETY:**

##### **SAFETY IS THE NUMBER 1 PRIORITY FOR THE EVENT**

- Please ensure that you are adequately prepared for the event with regard to fitness, skill, nutrition and hydration. This event is not suitable for novice athletes.
- Craft must be in good condition and you must have the necessary safety equipment (PFD, leash, orange smoke flare) - Referee may terminate entry if non-compliant.
- It is strongly recommended that competitors carry a mobile phone.
- All craft must comply with Marine and Safety Tasmania (MAST) regulations.

#### **RESCUE:**

- The races will be supervised by a number of safety boats.
- In the event of a capsize, first try to self-rescue, where you are able to do so.
- If your situation becomes serious (E.G. gear failure, injury, illness, unable to self-rescue etc.), alert safety craft and/or other competitors by waving and yelling “**HELP**”. Please assist fellow competitors if this occurs until further assistance becomes available.
- **Only activate your flare if your situation is critical** and/or you are unable to summon help.

#### **EMERGENCY PROCEDURE:**

- In the event of a potentially catastrophic emergency (E.g. a sudden unexpected storm, shark sighting etc.) the Referee may decide to terminate the race. Safety boats will notify competitors by repeated whistle blasts and/or the verbal cue: "RACE ABANDONED HEAD TO SHORE". If this occurs, all competitors should comply and should proceed via the safest route directly to shore and advise officials of their whereabouts as soon as possible.
- Any competitor who withdraws from the race must notify a race official. Race Officials must ensure that this message is relayed to the referee and recorders.

## **FIRST AID/MEDICAL:**

A First Aid Station will operate at Burnie SLSC. Remote first aid/medical emergencies should be reported to race officials who will notify the Safety Officer by radio.

## **ENTRIES:**

All entries taken and entry fees to be paid from 8.30 am – 10.00 pm on race day.

To expedite the entry process on race day, competitors are urged to register on Webscorer prior to the event and confirm at the registration desk on race day. Go to -

<https://www.webscorer.com/register?raceid=142423>

Team entries - Please enter a team name e.g. Penguin Juniors.

### *General Entry Requirements*

- All competitors must complete and sign the Entry and Declaration Form and submit this at the registration desk.
- All competitors must read and be familiar with race bulletins and instructions provided at the race briefing.
- All competitors must attend the race briefing.
- This is an endurance event. Even in cool conditions hydration packs are encouraged together with appropriate sun protection.
- Evidence of competence may be requested by the referee/officials e.g. training/past races.
- The Race Referee has the right to refuse entry to any craft or competitor.

### *Surf Boats - Conditions of Entry*

- Must be a current financial member of a Surf Life Saving Club
- Must hold a current Bronze Medallion and be proficient for the current year
- Surf boat rowers and sweeps must wear recognised SLSA Fluro Lycra Vest (See. SLSA Water Safety Procedures 1.1)
- Minimum age of 16 years
- Surf boats must be fully compliant with SLSA specifications

Surf boat rowers who do not meet these requirements are welcome to compete on the proviso that they comply with the following the terms. Surf Life Saving Tasmania have been issued an exemption to the current surf sports regulations to allow participation in surf boat rowing by unqualified individuals for the purpose of increasing participation in surf boat rowing in technical and skills based training and specifically the Endurance Series. For full details, go to

<http://slst.asn.au/media/70567/Surf-Boat-Participation-Pathway-Overview.pdf> .

- Must be a financial member of a surf lifesaving club
- Must have completed 400m swim in 9 minutes signed off by an accredited SLSA examiner
- Enrolled in a bronze squad

- Age minimum 16 years
- The sweep of the crew must be a currently financial member of a surf lifesaving club and currently proficient bronze holder.

## **ENTRY FEES:**

- Under 19 and above: \$25.00 per person
- Under 17: \$15.00
- Under 11 – 15: \$5.00

## **REGISTRATION:**

Registration will take place at the nominated starting point 1.5 hours prior to the first start. All competitors must have registered by the close of registrations at 10.00am. All competitors must attend the Race Briefing at 10.00 am. ALL officials to sign on at registration desk or by radio to Safety Officer (Graeme Rollins) Somerset SLSC channel.

ALL COMPETITORS (both SLST Members and Non-members) must complete a 2018 Endurance Series – Entry Form and Declaration. This is available to download at <http://slst.asn.au/surf-sports/events/endurance-series/> Hardcopy forms will also be available for on the day.

## **RESULTS**

Results can be viewed after the race at [www.webscorer](http://www.webscorer)

## **PRESENTATIONS:**

Presentations for the North West ‘Downwind’ Surf Marathon will occur at the Burnie Surf Life Saving Club followed by the random draws. Refreshments and barbeque items will be available for purchase.

## **OFFICIALS:**

Event Coordinator: Jeremy Norton

Race Manager: Stuart Paine

Organising Committee: Jeremy Norton, Stuart Paine, Graeme Rollins, Brett Norton-Smith, Jonathan Price, Jason Bugg, Mark Lehman

Referee - Brett Norton-Smith

Risk Officers – Graeme Rollins & Brett Norton-Smith

First Aid Officer – Monica and Howard Edwards

Safety Co-ordinator - Graeme Rollins

Starter - Long Course: Brett Norton-Smith

Starter/Marshal - Intermediate Course: David Greisbach

Starter/Marshal – Short Course: James Lyons

Finish Area Manager: Mark Lehman

Nipper Board Race Coordinator: Shane Askew

Webscorer operator: To be confirmed

Timekeepers (Manual back-up): Kendra Dowling, Cathy Dowling

Disputes: Brett Norton-Smith Graeme Rollins John Stirling

Safety Boats:

IRBs – Boat Harbour (1), Somerset (2), Burnie (2), Penguin (1), Ulverstone (1), Devonport (1),  
Port Sorell (1) CC Canoe Club (1)

SLST Jet Recue (1)

VMR Wynyard Yacht Club (2)

Cradle Coast Outrigger Club

**ALL SAFETY CRAFT MUST HAVE RADIOS**

Commentary/Presentations: Jono Price

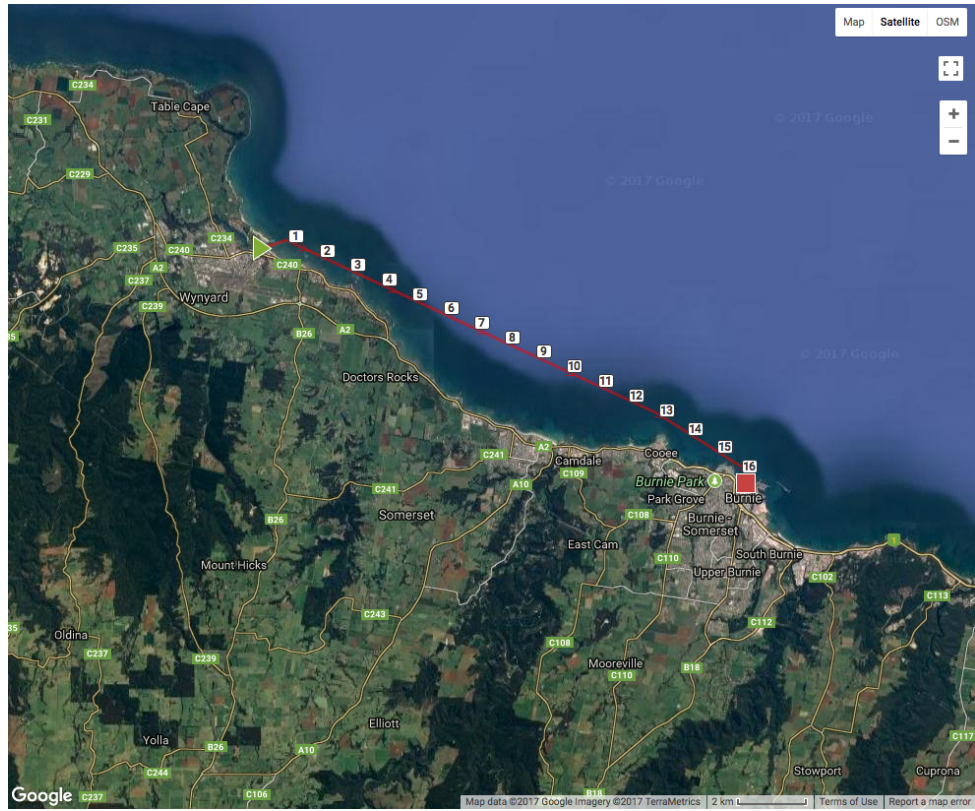
Promotion: Jason Bugg

Barbeque/bar: Burnie Junior Committee

# COURSE MAPS (All distances in kilometres)

## OPTION A - WESTERLY CONDITIONS

Long Course



Short Course





## OPTION B - EASTERLY CONDITIONS

Long Course



Short Course

