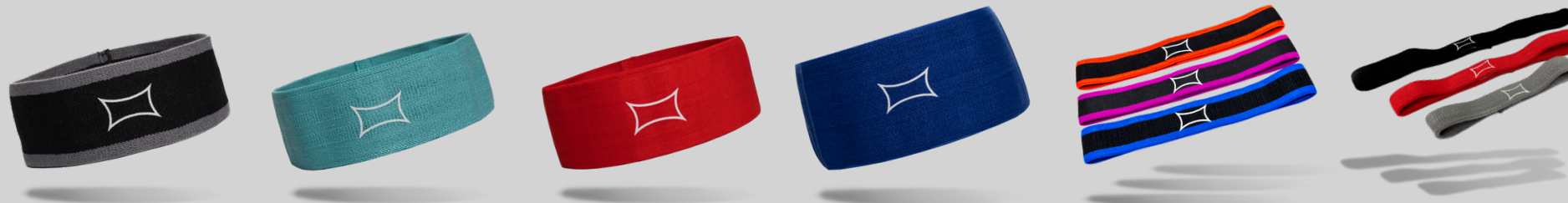


## OUR HIP CIRCLE LINE



|                        | <b>HIP CIRCLE®</b>  | <b>GRIPPY HIP CIRCLE®</b>   | <b>HIP CIRCLE® MAX</b>  | <b>BIG ASS HIP CIRCLE®</b>   | <b>HIP CIRCLE® SPORT PACK</b>   | <b>HIP CIRCLE® MOBILITY PACK</b>   |
|------------------------|---|---|---|--|---|--|
| <b>WIDTH</b>           | <b>3IN</b>  | <b>3IN</b>  | <b>3IN</b>  | <b>4.5IN</b>   | <b>2IN</b>  | <b>1IN</b>   |
| <b>BEST USED FOR</b>   | <b>STRENGTHEN POSTERIOR CHAIN. OPTIMIZE DYNAMIC MOVEMENTS. CUES ATHLETES TO FORCE KNEES OUT WHILE SQUATTING</b> | <b>STRENGTHEN POSTERIOR CHAIN. OPTIMIZE DYNAMIC MOVEMENTS. CUES ATHLETES TO FORCE KNEES OUT WHILE SQUATTING</b> | <b>MAX RESISTANCE FOR COMPOUND MOVEMENTS. THROW ON DURING SQUATS, DEADLIFTS AND ACCESSORY MOVEMENTS</b> | <b>STRENGTHEN POSTERIOR CHAIN. OPTIMIZE DYNAMIC MOVEMENTS. LARGER WIDTH PROVIDES MORE RESISTANCE</b> | <b>VARIETY OF 2IN WIDTH HIP CIRCLES WITH VARIABLE RESISTANCES FOR A WIDE RANGE OF DYNAMIC MOVEMENTS</b> | <b>VARIETY OF 1IN WIDTH CIRCLES WITH VARIABLE RESISTANCES DESIGNED FOR USE AROUND ANKLES</b> |
| <b>UNIQUE FEATURES</b> | <b>THE ORIGINAL ELASTIC WOVEN FABRIC RESISTANCE BAND</b>  | <b>GRIPPY INLAY HELPS KEEP HIP CIRCLE IN PLACE DURING DYNAMIC MOVEMENTS</b>                                     | <b>HIGHEST RESISTANCE OF ANY RESISTANCE BAND ON THE MARKET</b>  | <b>WIDEST RESISTANCE BAND ON THE MARKET AT 4.5IN</b>   | <b>3 HIP CIRCLES OF DIFFERENT RESISTANCE IN ONE PACK</b>  | <b>3 BANDS OF DIFFERENT RESISTANCE IN ONE PACK</b>   |