

Heart-Health Issue

Woman's Day

“We walked off 100+ pounds!”

New year, slimmer you



20 MEALS under 20 min
A fast, tasty dinner tonight

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FEBRUARY 2016
womansday.com



Style

PICK A *Berry*

Brighten your complexion and light up your smile with a bold lip shade.

HOW TO WEAR

To make a deep hue work for you, try this trick: "Dab a bit of lipstick onto your fingertip, then tap it on lips for a softer but still impactful finish," says Luis Casco, a global makeup artist for Mary Kay.

WD's model Vanessa Greca is wearing Revlon Ultra HD lipstick in HD Gladiolus, \$8.99; drugstore.com

BEST FOR LIGHT SKIN TONES

Raspberry

Pop Beauty Matte Velvet Lipstix in Finest Fuchsia, \$16; popbeauty.com



BEST FOR MEDIUM SKIN TONES

Strawberry

Almay Smart Shade Butter Kiss Lipstick in Red Light, \$6.99; at drugstores



BEST FOR DARK SKIN TONES

Blackberry

Black Opal Color Splurge Luxe Matte Lipstick in Iris, \$7.50; blackopal.com

