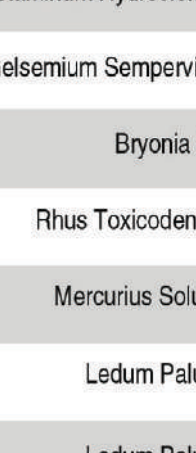


# OLLOCHART

## With Symptom Index



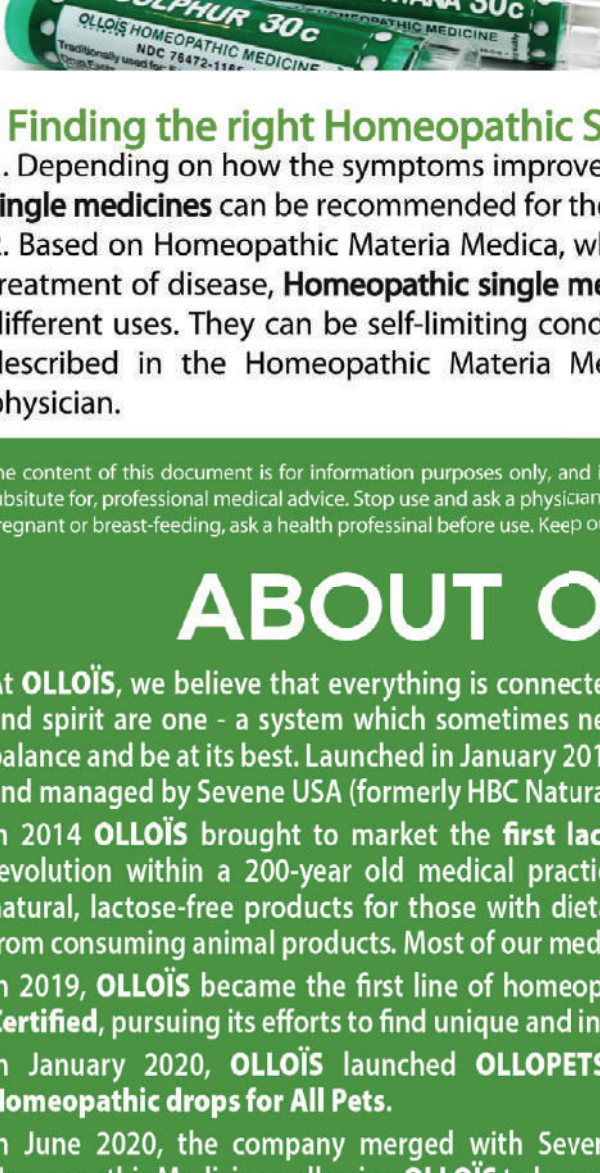
### Homeopathy For All

Symptoms	Medicines
1. Abscesses with suppuration	Hepar Sulphuris Calcareum
2. Acne	Calcarea Sulphurica   Hepar Sulphuris Calcareum
3. Allergic Reactions	Histaminum Hydrochloricum
4. Apprehension	Gelsemium Sempervirens
5. Arthritis pain aggravated by movement	Bryonia Alba
6. Arthritis pain improved by movement	Rhus Toxicodendron
7. Bad breath	Mercurius Solubilis
8. Bites	Ledum Palustre
9. Black eyes	Ledum Palustre
10. Bladder irritation	Cantharis
11. Bleeding	Phosphorus
12. Blisters	Cantharis
13. Bloating	Lycopodium Clavatum
14. Body ache associated with flu	Gelsemium Sempervirens
15. Bone trauma	Symphytum Officinale
16. Bruises	Arnica Montana
17. Burns	Cantharis
18. Canker sores (mouth ulcers)	Borax
19. Cold sores	Rhus Toxicodendron
20. Constipation	Hydrastis Canadensis   Silicea
21. Cough (barking cough)	Hepar Sulphuris Calcareum
22. Cough (breathing difficulties with croup cough)	Spongia Tosta
23. Cough (deep cough)	Phosphorus
24. Cough associated with cold / flu	Aconitum Napellus
25. Cradle cap	Calcarea Carbonica
26. Cuts & surgical wounds	Staphysagria
27. Cystitis	Cantharis
28. Diarrhea	Arsenicum Album
29. Eczema	Calcarea Carbonica
30. Eczema	Sulphur
31. Eye (watery eyes)	Allium Cepa
32. Eye (yellow discharge associated with cold / pink eye)	Pulsatilla
33. Fatigue associated with flu	Gelsemium Sempervirens
34. Fatigue	Carbo Vegetabilis   Silicea
35. Fever	Belladonna
36. Fever (sudden fever associated with cold / flu)	Aconitum Napellus
37. Gas	Lycopodium Clavatum
38. Gas pain (bloating stomach)	Carbo Vegetabilis
39. Headache (increased sensitivity)	Belladonna
40. Headache (intellectual / physical fatigue)	Natrum Muriaticum
41. Headache (Nervousness/sleeplessness from emotional upset)	Ignatia Amara
42. Headache (associated with flu)	Gelsemium Sempervirens
43. Hemorrhoids	Hamamelis Virgiana
44. Hot flashes (associated with menopause)	Lachesis Mutus
45. Indigestion	Lycopodium Clavatum
46. Indigestion & nausea (associated with overindulgence)	Nux Vomica
47. Infections	Mercurius Solubilis
48. Inflammation	Belladonna
49. Menstrual symptoms	Sepia
50. Moodiness	Sepia
51. Muscle soreness, stiffness	Arnica Montana
52. Nasal yellow discharge (associated with cold)	Pulsatilla
53. Nerve pain after surgery or injury	Hypericum Perforatum
54. Nervous anticipation (anxiety)	Argentum Nitricum
55. Nervousness (sleeplessness/headache from emotional upset)	Ignatia Amara
56. Pain from muscle trauma	Arnica Montana
57. Rashes	Sulphur
58. Restlessness	Chamomilla
59. Runny nose associated with sneezing & watery eyes	Allium Cepa
60. Sinus headache with thick nasal discharge	Kali Bichromicum
61. Skin inflammation (abscesses)	Calcarea Sulphurica
62. Skin irritation	Hydrastis Canadensis
63. Sleeplessness (difficulty falling asleep)	Coffea Cruda
64. Sleeplessness (nervousness & headache from emotional upset)	Ignatia Amara
65. Sneezing	Natrum Muriaticum
66. Sneezing (associated with runny nose & watery eyes)	Allium Cepa
67. Sore throat with pain swallowing	Phytolacca Deandra
68. Sprains	Ruta Graveolens
69. Stage fright	Argentum Nitricum
70. Stinging edemas relieved by cold applications	Apis Mellifica
71. Stings	Ledum Palustre
72. Stomach ache (associated with constipation)	Hydrastis Canadensis
73. Strains	Ruta Graveolens
74. Styes	Pulsatilla
75. Teething & irritability	Chamomilla
76. Tendonitis	Ruta Graveolens
77. Varicose veins	Hamamelis Virgiana
78. Warts	Thuja Occidentalis
79. Wounds (cuts & surgical wounds)	Staphysagria
80. Wounds (puncture wounds)	Ledum Palustre
81. Wounds (seeping wounds)	Silicea

Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated. Not guaranteed to be effective. A homeopathic dilution may not be susceptible to scientific measurement.

# Homeopathy For All

## Medicine Index



**45**  
ORGANIC CERTIFIED  
LACTOSE FREE

Homeopathic Single Medicines



Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated. Not guaranteed to be effective. A homeopathic dilution may not be susceptible to scientific measurement.

# ABOUT HOMEOPATHY

## - What is Homeopathy?

Homeopathy is a medical practice based upon the body's ability to heal itself, and the principle that "like cures like." In other words, if a natural substance causes a symptom in a healthy person, a very small amount of the same substance may relieve symptoms of illness. In theory, **Homeopathic single medicines** enhance the body's normal healing process.



## - Is Homeopathy new?

The Law of Similars can be traced back to the time of Hippocrates (ca. 400 B.C.), but it was a doctor and chemist, Samuel Hahnemann, who began practicing the principles of Homeopathy in the early 1800's in Germany. He tested small doses of natural substances on himself to prove the Law of Similars was an effective treatment for illness. There is wide acceptance of **Homeopathy** throughout most of the world, (the family doctor of England's Queen Elizabeth is a Homeopathic physician!), and more recently **Homeopathic Singles Medicines** have gained tremendous popularity in the USA.

## - Is there evidence that Homeopathy works?

There are a vast number of highly regarded pre-clinical and clinical studies demonstrating the efficacy of **Homeopathy**. Studies on the safety and effectiveness of **Homeopathy** have been published in esteemed medical journals such as The Lancet, The Journal of Pediatrics, The Journal of Rheumatology, and Annals of Medicine, as well as many others.

## - How do you take Homeopathic Single Medicines?

**Homeopathic single medicines** come in the form of small pellets which contain a tiny amount of an active ingredient; a highly diluted substance. **Homeopathic single medicines** should be placed under the tongue of adults and children, or in the cheek of an infant, where they will dissolve. It is advised to take **Homeopathic single medicines** apart from meals. The dosage is not related to age or weight of the patient. Typical dosage is to dissolve 5 pellets 3 times a day until symptoms resolve, or as directed by your health care professional.

## - Is Homeopathy regulated?

The United States Congress passed a law in 1938 declaring that **Homeopathic remedies** are to be regulated by the U.S. Food and Drug Administration (FDA) in the same manner as nonprescription, over-the-counter (OTC) drugs.

## - Finding the right Homeopathic Single Medicine?

- Depending on how the symptoms improve or worsen, different **Homeopathic single medicines** can be recommended for the same condition.
- Based on Homeopathic Materia Medica, which define the use of drugs in the treatment of disease, **Homeopathic single medicines** can be recommended for different uses. They can be self-limiting conditions as listed in this leaflet, or as described in the Homeopathic Materia Medica, or as recommended by a physician.

The content of this document is for information purposes only, and is not intended for, and neither should be taken as a substitute for, professional medical advice. Stop use and ask a physician if symptoms persist for more than 3 days or worsen. If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children.

# ABOUT OLLOIS

At **OLLOIS**, we believe that everything is connected. With homeopathy, our mind, body, and spirit are one - a system which sometimes needs a little help to get to the perfect balance and be at its best. Launched in January 2012 by Guillaume Loïs, **OLLOIS** is owned and managed by Sevene USA (formerly HBC Naturals).

In 2014 **OLLOIS** brought to market the **first lactose-free homeopathic pellets**. This revolution within a 200-year old medical practice meets the increasing demand for natural, lactose-free products for those with dietary restrictions or choosing to refrain from consuming animal products. Most of our medicines are **Vegan Friendly**.

In 2019, **OLLOIS** became the first line of homeopathic single medicines to be **Organic Certified**, pursuing its efforts to find unique and innovative solutions for everyone.

In January 2020, **OLLOIS** launched **OLLOPETS**, the most comprehensive line of **Homeopathic drops for All Pets**.

In June 2020, the company merged with Sevene Group, a French Manufacturer of Homeopathic Medicines, allowing **OLLOIS** to become one of the few Homeopathic brands in the world to be fully vertically integrated, from Seed to Shelf. We pride ourselves in developing medicines that are free from synthetic chemicals to heal your body naturally. We believe in the power of Mother Nature and we want to share it with everyone.

## Which dilution for the Arnica remedies?

<b>6 c</b> Local & Recent Symptoms	<b>12 c</b> Local Symptoms & Surgery	<b>30 x</b> General Condition	<b>30 c</b> General Condition / Chronic & General Pain	<b>200 ck</b> Physical & Emotional Trauma
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The dilution corresponds to a level of action and can be easily understood as follows\*:

Do you feel a very recent or localized pain? **6c**

Is your pain from a couple of days ago or did you undergo localized surgery? **12c**

Do you feel overall pain, like after a workout session? **30c**

Do you feel that your pain is associated with emotional trauma? **200ck**

**OLLOPETS** **ORGANIC ORAL DROPS** to support your pet's health

For more information:  
info@ollois.com  
1-855-OLLOMED (1-855-655-6633)  
TOLL FREE | Mon-Fri 8am-5pm PST

[www.ollois.com](http://www.ollois.com)