

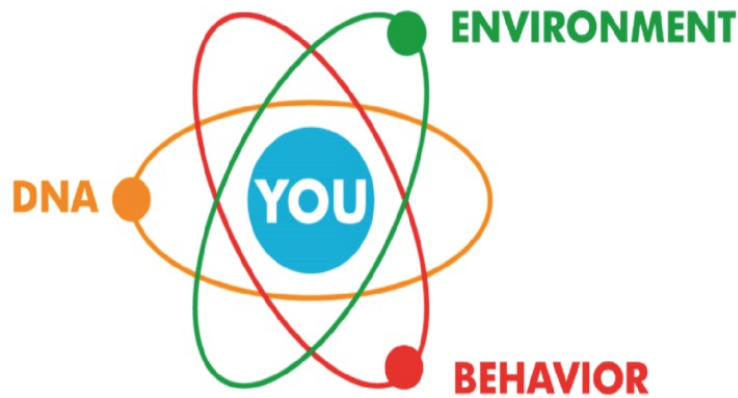
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Meet Yourself



Welcome to your Karmagenes personal report



Using a combination of widely recognised methodologies in both Genetics and Psychology research, Karmagenes presents you with, a combined Nature and Nurture analysis of elements that have shaped your current behaviour.

In doing so, a unique approach combining the following has been employed:

- **DNA analysis** of specific genetic modifications proven to affect human behaviour, as evidenced by a range of more than 20.000 internationally recognised scientific studies in the field of Human Behavioural Genetics.
- **Custom Psychometric** analysis developed on the Big Five Model of Personality Traits framework, widely accepted as the gold standard in the field of personality research.

The 14 behavioural traits studied are portrayed on the five **OCEAN** factors of the **Big5** model, namely:

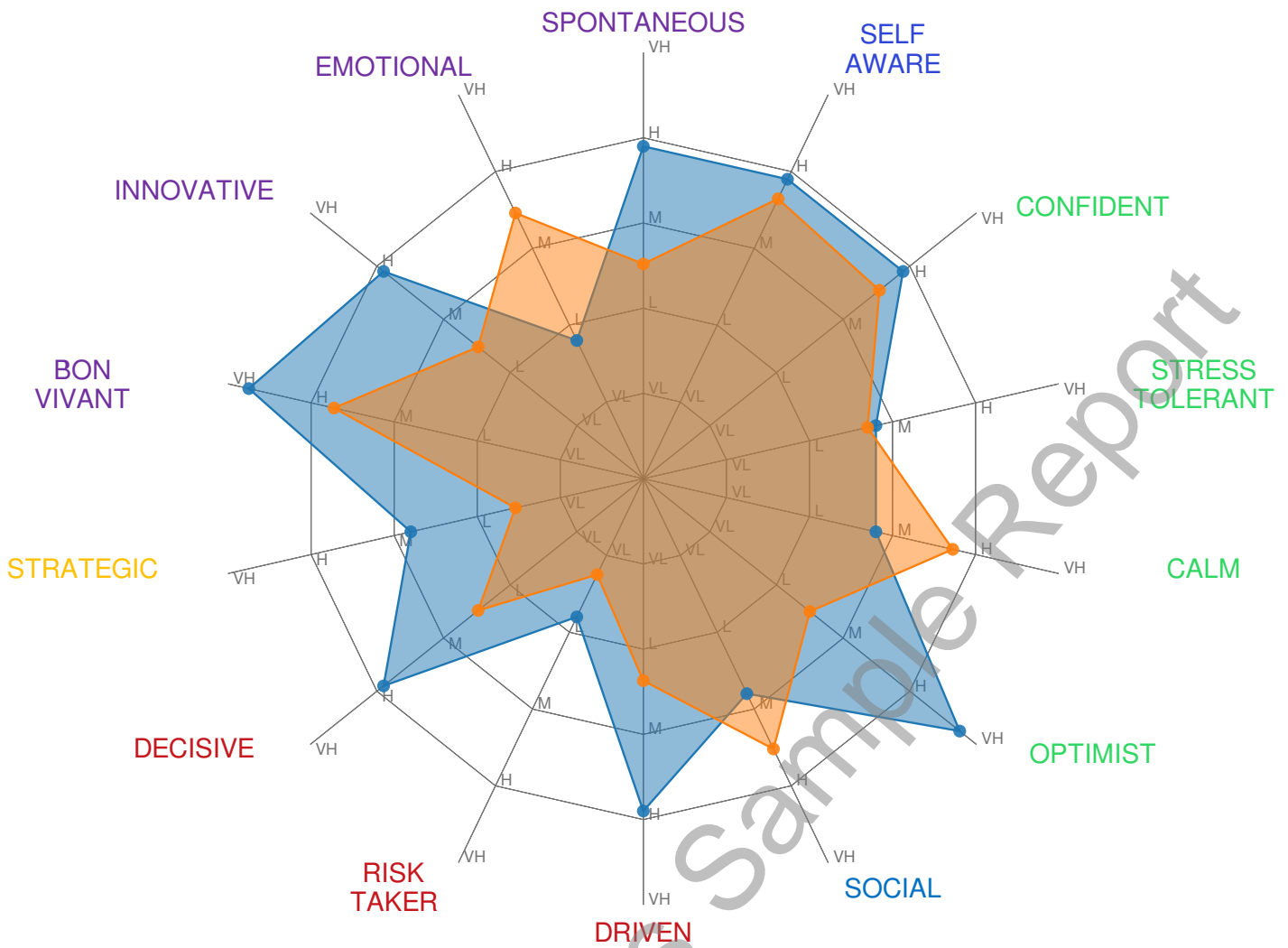
- Openness,
- Conscientiousness,
- Extraversion,
- Agreeableness,
- Neuroticism

Each of the 14 traits, is individually presented with its corresponding DNA and Psychology score, plus brief personal improvement tips, in the following section.

This report aims to provide you with uniquely insightful perspectives to help you realise your full potential, and actionable points to develop personal aspects that are important to your life.

Human behaviour is beyond doubt a composite matter, consisting of various elements. The present analysis takes a close and detailed look into the two most widely accepted factors of Nature and Nurture, for which a well researched evidence and measurement methodologies exist. It should therefore be kept in mind that the information contained herewith, does not in any way restrict or define what you are going to do in a given circumstance. Hence, the results are not definitive and should only be used as an indicator.

Your Summary Graph

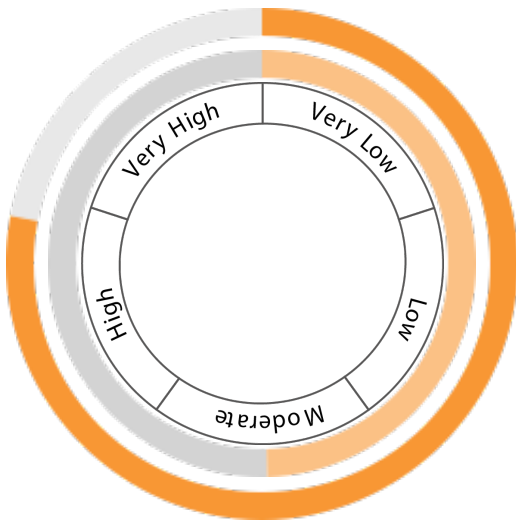


VH - Very High, H - High, M - Medium, L - Low, VL - Very Low

Blue Your inborn potential (DNA results) Orange Your acquired potential (Psychometric results)

Category	Definition	Related Traits Analysed
Openness	Refers to the category of personality facets associated with seeking new experiences and intellectual pursuits.	Spontaneous, Emotional, Innovative, Bon Vivant.
Conscientiousness	Refers to personality facets associated with the control of impulses.	Strategic.
Extraversion	Refers to seeking fulfillment outside one's self and in community with others. It is characterised by the degree of energy created through outgoing interactions.	Driven, Risk Taker, Decisive.
Agreeableness	Refers primarily to the dimension of interpersonal tendencies, reflecting how much individuals adjust their behaviours to suit others.	Social.
Neuroticism	Refers to the general tendency to experience negative effects, such as fear, sadness, embarrassment, anger, guilt, and disgust.	Stress Tolerant, Optimist, Confident, Calm.

Self Awareness is an overall composite trait. Though not specifically belonging to any of the above categories, it is most closely linked to Openness and Conscientiousness.



Decisive

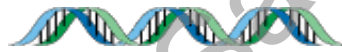
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Category: Extraversion

Outer circle = DNA score, Inner circle = psychological assessment score. Results start from "very low" in a clockwise direction.

Definition of Decisive:

Settling an issue; producing a definite result. Having or showing the ability to make decisions quickly and more efficiently. A person who can make choices quickly and confidently.



Your score - High on DNA, Medium on Psychology:

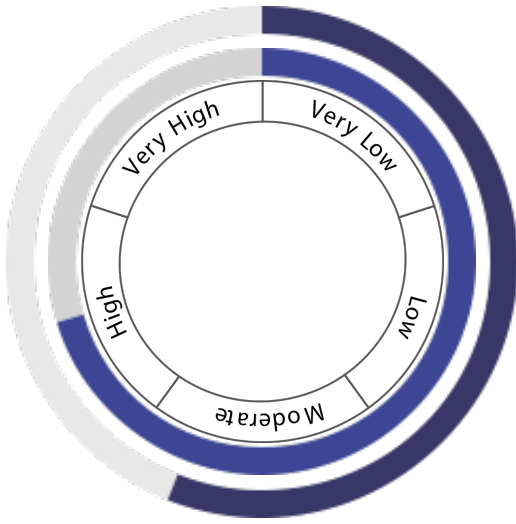
You are decisive from time to time. You are ready to make decisions when the occasion calls for it, albeit after going through the due process. Making fast decisions is not your style.

Tip/Improvement: Seek the opinion of others in a good position to advice if you still have any lingering doubts or concerns about an issue. It will enable you to quickly make up your mind and decide on the next steps to take. You have all the potential to be decisive.



Notes





Category: Agreeableness

Outer circle = DNA score, Inner circle = psychological assessment score. Results start from "very low" in a clockwise direction.

Definition of Social:

The definition of a social person is someone who enjoys being with others. Having to do with human beings living together as a group when their dealings with one another affect their common welfare.



Your score - Medium on DNA, high on Psychology:

You are genuinely interested in other people’s wellbeing. You have lots of friends, and they all enjoy your lively company. Sometimes, you are willing to and you do hide your own needs to serve others.

Tip/Improvement: Keep in mind that sometime you may overwhelm other people that do no share the same social personality as yours.

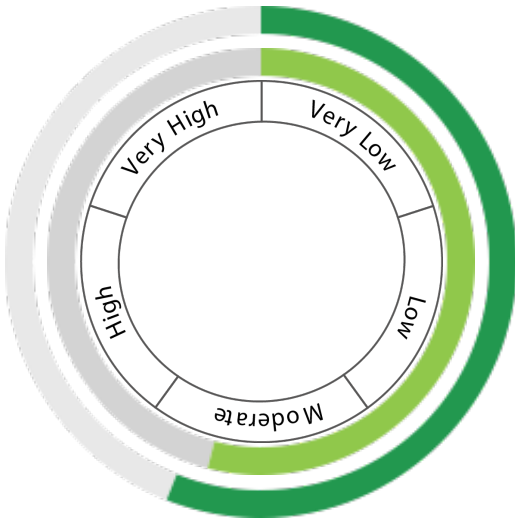


Notes

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Stress Tolerant 3/14

Category: Neuroticism



Outer circle = DNA score, Inner circle = psychological assessment score. Results start from "very low" in a clockwise direction.

Definition of Stress Tolerant:

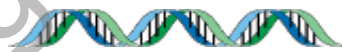
Maintaining adequate performance under pressure or adversity; handling stress in a manner that is consistent with care's core values. Stress Tolerance is all about maintaining an unhindered and efficient performance under pressure or adversity.



Your score - Medium on DNA, Medium on Psychology:

You can manage a stressful situation, and you do not get deterred or easily discouraged by the amount of work involved to get your desired results.

Tip/Improvement: Remember to take some break at intervals while working on a task or project.



Notes

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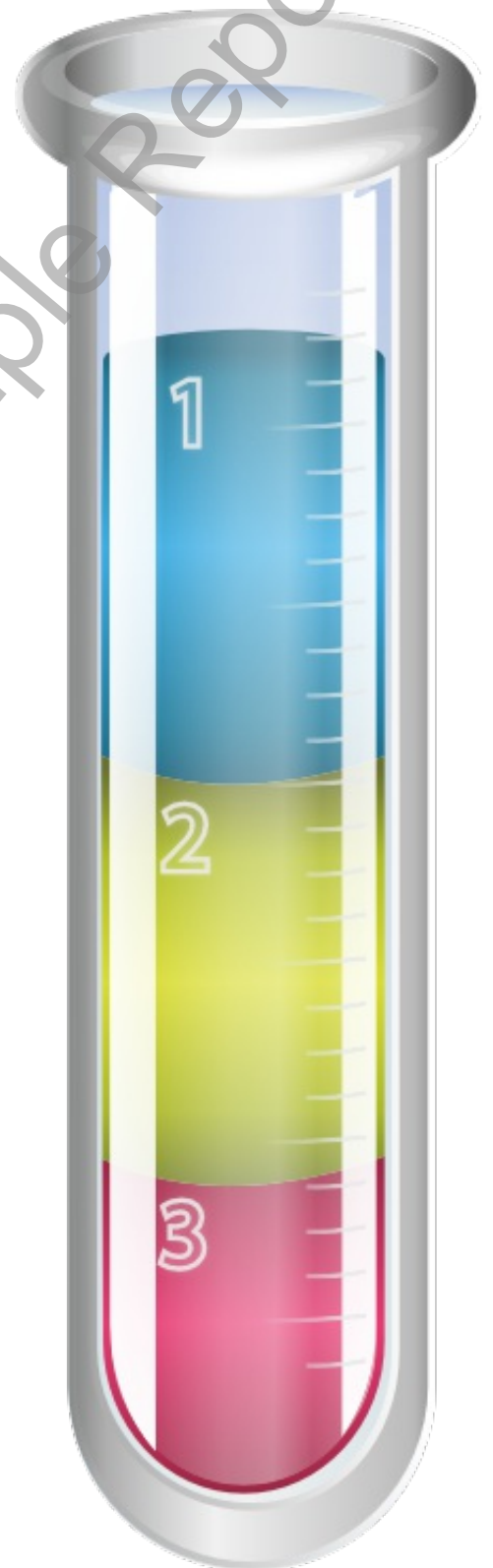
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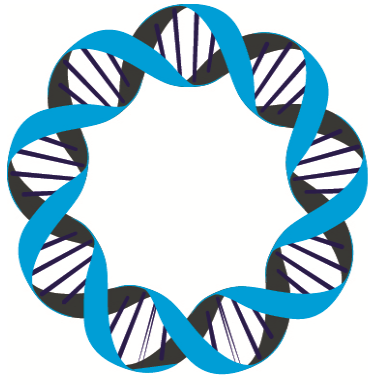
Thank you and keep in mind:

We apply the highest Swiss standards when it comes to data privacy and we employ high standards measures for privacy and security. We are committed to retain those measures to protect against the loss, misuse or alteration of your personal information under our control. DNA samples are processed anonymously in ISO certified (ISO 9001:2008S and 17025:2005 (STS429)) Swiss laboratories and no one else other than you have access to your report results unless you decide to share it.

The results of the test should by no means be viewed as a definitive assessment of your behavioral characteristics. Your characteristics are the result of the long interplay of your DNA (Nature) with your Environment (Nurture), such as your social and cultural background as well as your way of life style. In other words, a healthy mixture of nature and nurture. We are continuously updating our algorithm for DNA analysis, to incorporate the latest scientific advances in DNA analysis. This is important so as to ensure accuracy, robustness and keeping up to date. However, due to this update, if you re-take the test at a later stage, you might get a result with a different score of up to 10%, (including a statistical error), when compared to your initial score.

Karmagenes test is a non health related test and we ONLY use your DNA to link specific genetic regions to personality traits.





KARMA GENES

meet yourself

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