

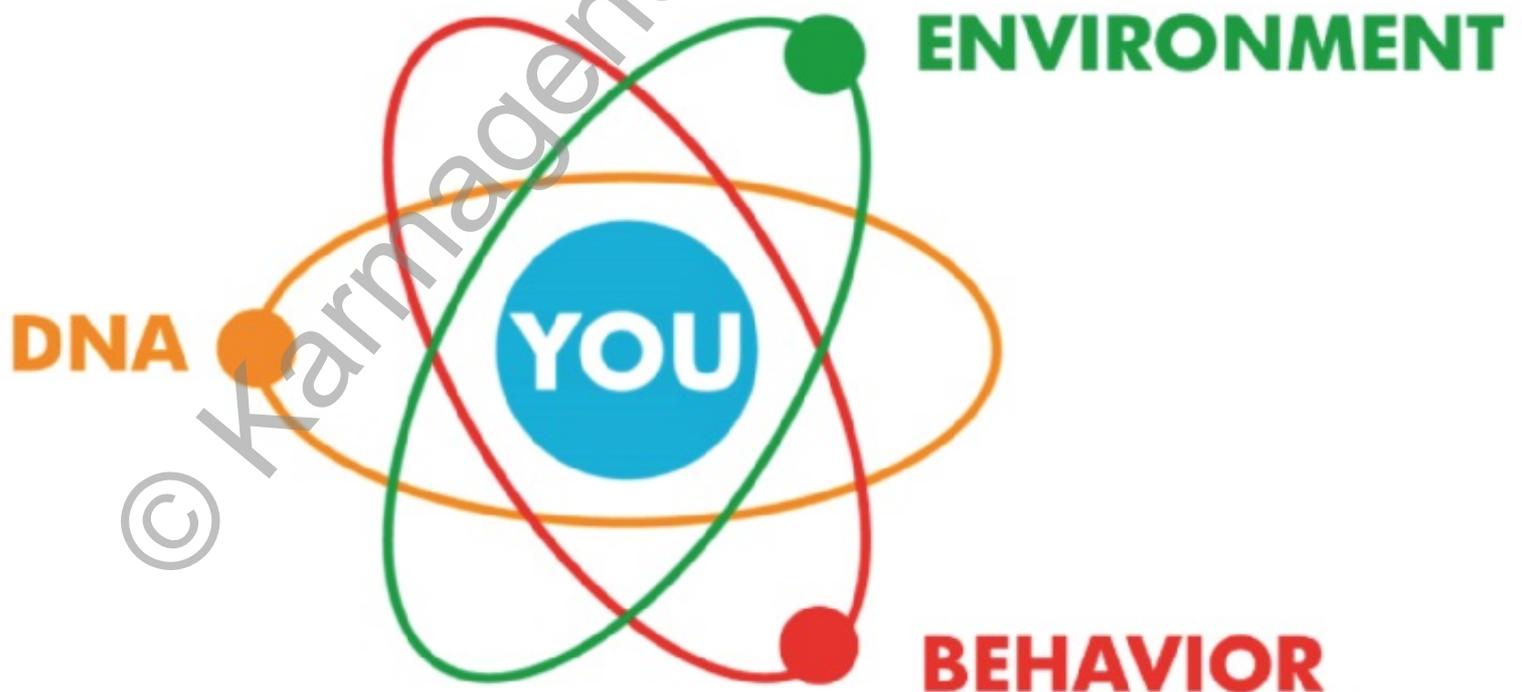


*Meet Yourself*



# Welcome to the journey to Meet Yourself

We are glad that you have completed the Karmagenes Genetic Test. Your unique DNA results are now ready and your individual results are enclosed in this report including a brief description of how we do the test, just to give you a flavor of the science that goes on behind the scenes. We will also highlight the role genetics can play in shaping our behavior in addition to the environmental factors.



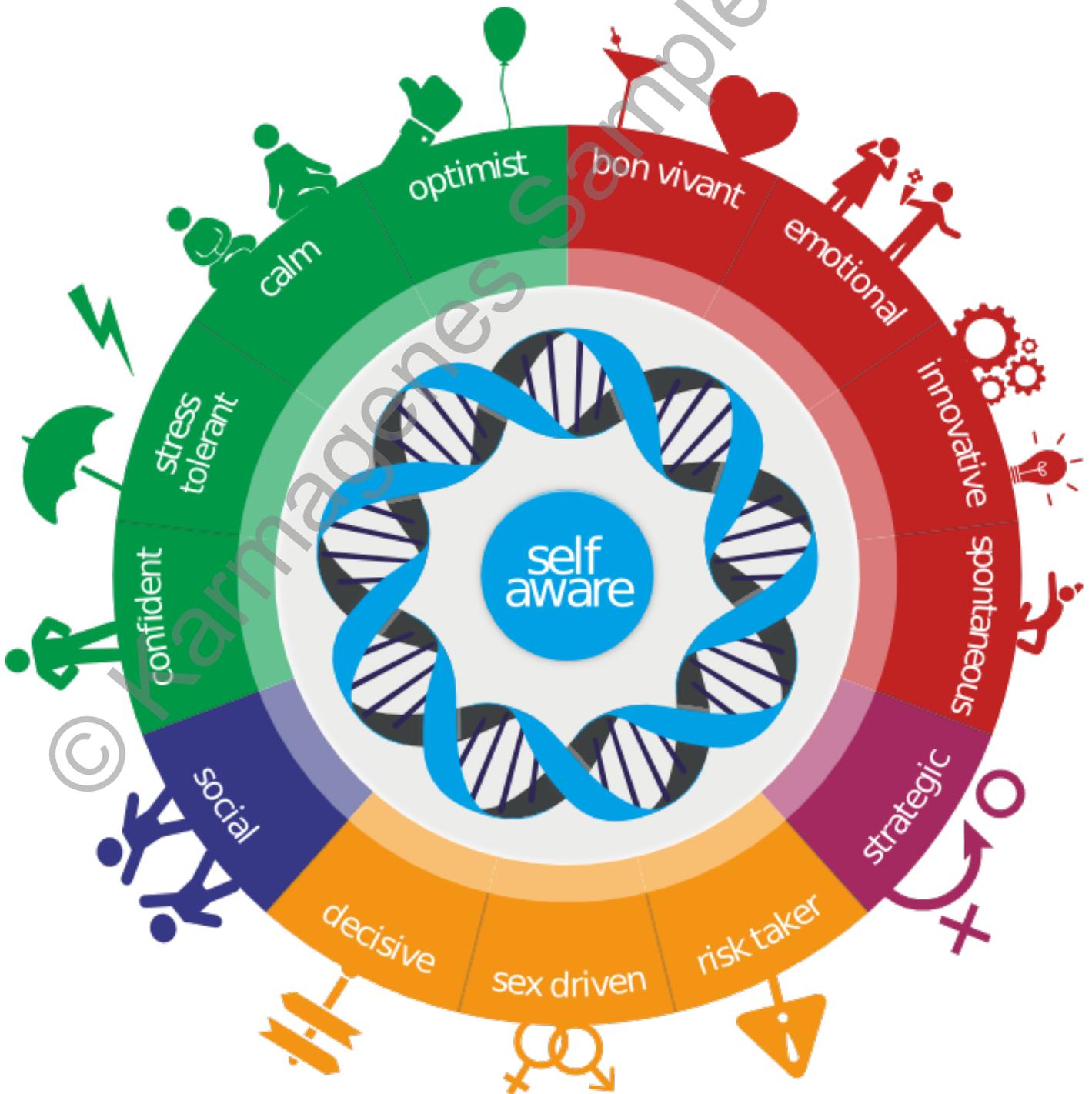
Karmagenes, Inc

Report

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# Your DNA Results

# 14 Behavioral Characteristics



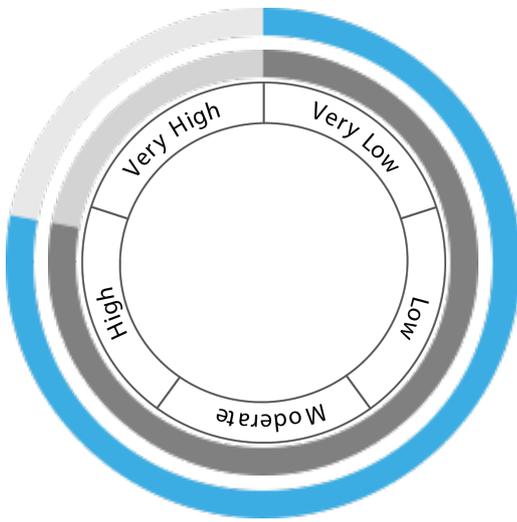
# How do we represent the Karmagenes Test Results

The Karmagenes circle represents the level of each behavioral characteristic that is linked either with your DNA (outer circle) or your Environment (inner circle)



# Self Aware

1



“The aim of life is to live, and to live means to be aware, joyously, drunkenly, serenely, divinely aware.” Henry Miller

How well do you know yourself or the others around you?

Outer circle = DNA score, Inner circle = psychological assessment score. Results start from "very low" in a clockwise direction.

## High on DNA and high on Psychology:

You can identify, process, and store information about yourself. You know all the details and can easily state how you would react to certain issues. You are not just self aware; you have great skills at reading those around you as well.

**Tip/Improvement:** Mentally take note of your interactions and commitments on a regular basis to stay in touch with yourself.



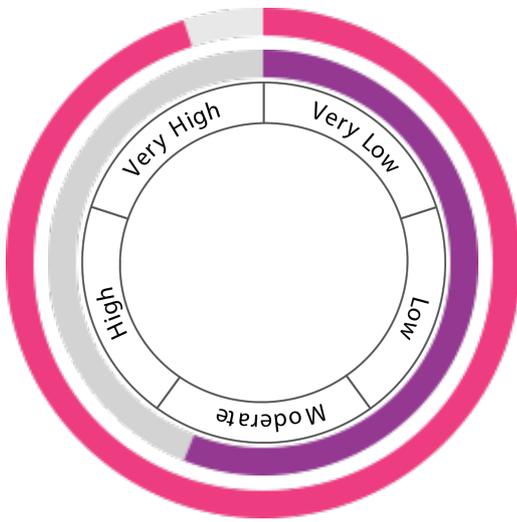
## Definition:

Self-awareness is commonly seen as something that is separate from the thoughts that emerge to our mind. It has also been considered as the area where we are aware of our existence.



## Application

Being able to see what is happening for other people; Being aware of how other people see you; The ability to connect with yourself.



“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”  
Albert Einstein

Do I wait for opportunities to come to me, or do I make the best of any situation?

Outer circle = DNA score, Inner circle = psychological assessment score. Results start from "very low" in a clockwise direction.

## High on DNA and Medium on Psychology:

You brace yourself to face challenges in different circumstances, your mind works and schemes ahead of the present situation for the best way forward.

**Tip/Improvement:** You should examine more thoroughly your alternative plans and work on their perceived shortcomings.



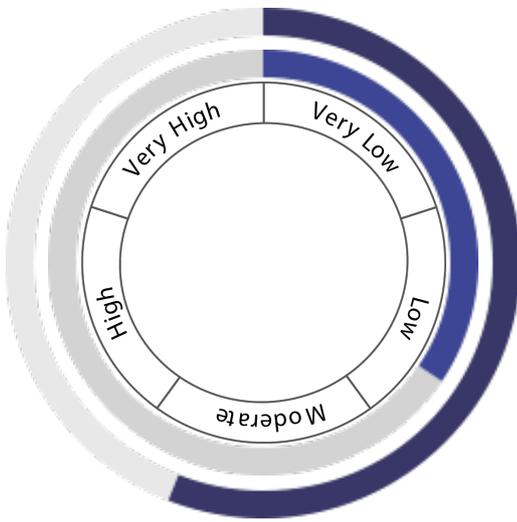
## Definition:

Strategy refers to a method or plan chosen to bring about the desired future, such as achievement of a goal or solution to a problem. Decisions or plans designed to impact favorably the key factors on which the outcome you want to an organization, game, system, venture, or war.



## Influence Without Authority

People who are more strategic not only delegate specific tasks but are prepared to hand over projects, processes and even entire platforms or units. Leaders who can free themselves from tasks can concentrate on connecting more pieces of the puzzle and maintaining vision. Keeping in touch with a particular function is important, but drowning in details doesn't contribute to influencing overall direction. Regular conversations with a diverse audience will foster relationships that can make a difference.



# Social

3

“From all of the acquisitions of humans, still the best are candid and honest friends.” A wise man said.

“Annoyed of interpersonal conflicts?”

Outer circle = DNA score, Inner circle = psychological assessment score. Results start from "very low" in a clockwise direction.

## Medium on DNA and low on Psychology:

You prefer to be out of the light all the time, unnoticed, uninterrupted, with no intruders to confront. You stay indoors more often than not.

Tip//Improvement:: Try to be friendly and hang out in places lots of people go to. Alternatively, walking a pet in the park, like a dog can be of help to increase your social skills.



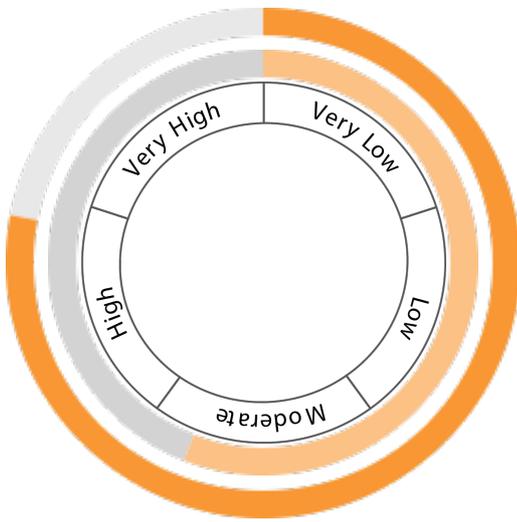
## Definition:

The definition of a social person is someone who enjoys being with others. Having to do with human beings living together as a group when their dealings with one another affect their common welfare.



## People are social beings

Living or disposed to live in companionship with others or community, rather than in isolation.



“Nothing happens until something moves” Albert Einstein

Who holds the key to your decision making?

Outer circle = DNA score, Inner circle = psychological assessment score. Results start from "very low" in a clockwise direction.

## High on DNA and Medium on Psychology:

You are decisive from time to time. You are ready to make decisions when the occasion calls for it, albeit after going through the due process. Making fast decisions is not your style.

**Tip/Improvement:** Seek the opinion of others in a good position to advice if you still have any lingering doubts or concerns about an issue. It will enable you to quickly make up your mind and decide on the next steps to take. You have all the potential to be decisive.



## Definition:

Settling an issue; producing a definite result. Having or showing the ability to make decisions quickly and more efficiently. A person who can make choices quickly and confidently.



## Application

You must be decisive and persistent to succeed in this competitive field. A determining factor is a reason to make a particular choice or decision. And very clear and obvious.



On account of your DNA explanations, it is believed that you are a robust leader and a great Team player. As anticipated you would be a social and conscientious kind of a leader and Team player. This aptitude notion described above has to be studied in connection to career.

Innovation doesn't stand on its own. How many patents made the way to a product? It is connected to the other traits and depending on the focus and the business, it is more or less useful. Showing an improved score in the psychological profile you have realized the necessary to be innovative. Additional improvement could be realized if you spread your interests and follow some topic which wouldn't naturally come to your mind. Regarding career spontaneity is how quickly you are willing to adapt to a new workflow or task. You are showing a tremendous improvement here since your score has increased from low to high. This should work in your favor, in business you have to check if it is effective either. Spontaneity is just to be interrupted by a low acceptance to take risks. Being a risk taker doesn't mean that you are suicidal, in fact it is the ability to accept the possibility to accept losses. Take care that this trait is connected wisely to the other traits. Then it's a great resource. You are prepared to take risks according to your psychological profile. Your DNA profile would be a little more careful. Use your willingness to take on risks as a resource, but don't let her be the only decision maker.

The evaluation of risks is strongly connected to the category optimist. Would you think a pessimist would start a new business? Or would an optimist stops malinvestments? Your psychological profile has developed your DNA accordingly. Because of your optimistic character, we would never advise you in a pessimistic way. However, in our working life it might be useful to synchronize our real success with our own valuation.

We did analyze the aspects of having an idea, making a decision, thinking about the outcome and the risk evaluation. Now let's see how your capability to execute an decision is working with that. Your DNA would not claim that you are above average decisive while your psychological profile would call you highly decisive. Well, you have the potential to make solid decisions and push them through. In business a desired capability, ask yourself what could possibly slows you down? Sometimes, we lose the whole picture even of ourselves, a good moment to take a step back.





Your DNA supplied you with a very high emotional intelligence/ quotient (EI) which is of course very useful in an alliance. The quality of your alignment can be upgraded when you zoom in on the ensuing characteristics: Emotional, self-awareness and social. We shall observe them carefully.

Being emotional is obviously a handy trait in a partnership. You are showing above average scores in both profiles, sometimes this could be a challenge, especially when your partner feels differently. It is important to talk about your emotions frequently. Muted emotions often explode. This is connected to our social attitude. Being social sounds very nice, since it is the basic orientation of acting in others favor, sensing their needs, avoiding to harm people and so on. It further implicates skills of handling interpersonal situations without messing things up. The other way around you tend to underestimate your own needs and well-being especially when you don't have access to your motivational system. Your score in both profiles is above average, somehow, this makes partnership fulfilling if you have a partner who is returning the favour.

Your DNA shows a much lower result in the category self-aware than you assessed in the psychological profile. This indicates that you have improved your self-awareness! Self-awareness is the capacity for introspection and the ability to recognize oneself as an individual separated from the environment and other individuals. Your improvement in this category shows that you are well aware of yourself and your abilities and this should work well in partnership.

We need to add sex driven, though we are aware that it may be a sensitive distribution to talk about. Nevertheless, sex driven is the primary distribution of affiliation.

Surely? You can't express such words with some extra intentions. Sexual addiction is the classification of a distinct strength necessary to obtain a sexual partner. It is only the strength, no further thing. This strength is needed in accessing different routes to follow. Some clash could arise if the difference between your score and the score of your mate is too much. Seems that you got a little push up in this category. Your psychological profile shows a higher score. So you can use this energy but be informed that this energy is not an endless resource.





We would prefer to sum up the critical variation in your biodata as a psychological idea. Wellbeing is associated with our personality roots. We are more likely to feel ill if we back away from ourselves. The psychologist calls this estrangement. Our ability to fulfill our desires is vital to our level of wellbeing.

1. Your improvement of spontaneity is a good development in gaining agility and, connected to that, improves well-being.

2. In terms of well-being decisive is a handy trait making you able to influence and alter your environment effectively. Combined with other traits, it opens many doors in life: you have realized this, showing a higher score in your psychological profile than in your DNA. Since there isn't a big difference, we suggest to keep this improvement consciously alive. Behavioural improvements are sometimes dropped in crisis, because they are not genetically supported.

3. You have learned to take more risk, although your DNA would naturally tell you to be more cautious. If the reward weights the risks, go ahead. You don't need to change strategy unless you take too much losses.

4. Having increased the category innovative is a good development, but it can be hard to keep it up sometimes. Take care that you keep your overall resources healthy.

# LEGAL DISCLAIMER

This report is built on your unique DNA information, of selected key genes associated with behavior, extracted from your swab in our ISO certified lab.

The results of the test should by no means be viewed as a definitive assessment of your behavioral characteristics. Your characteristics are the result of the long interplay of your DNA (Nature) with your Environment (Nurture), such as your social and cultural background as well as your way of life style. In other words, a healthy mixture of nature and nurture.

Karmagenes test is a non health related test and we ONLY use your DNA to link specific genetic regions to personality traits.

