

Confirm that a credit card will fit  
in this box once printed

Confirm that this line measures  
1 inch once printed

OR



- 1 Remove your glasses or contacts (unless you wear readers over contacts).
- 2 Hold this paper 16 inches away from your eyes
- 3 Start reading from the top line and proceed down until you reach the last line that is clear
- 4 The (+) strength or power that is written next to this line will be your recommended reading power.

The most common reading distance is about arm's length (16 inches).

If your reading distance is nearer than 16 inches add 0.50 D to the indicated power.

If your reading distance is farther than 16 inches subtract 0.50 D from the indicated power.

6 pt – Eyewear for Everyone - if you can read this, get **+1.00**

7 pt = Eyewear for Everyone - if you can read this, get **+1.25**

8 pt – Eyewear for Everyone - if you can read this, get **+1.50**

9pt – Eyewear for Everyone - if you can read this, get **+1.75**

10 pt – Eyewear for Everyone - if you can read this, get **+2.00**

11 pt – Eyewear for Everyone - if you can read this, get **+2.25**

12 pt – Eyewear for Everyone - if you can read this, get **+2.50**

13 pt – Eyewear for Everyone - if you can read this, get **+2.75**

**With your reading power determined, head to [Syghtglass.com](https://www.Syghtglass.com) to select a pair of reading glasses with your recommended power!**