



## **Modern MLD Certification**

### **Course Objectives:**

1. Upon completion of this course, the participant will master modern MLD, including new hand techniques, precise targeting of soft tissue layers and lymphatic structures, and ergonomic positioning.
2. Upon completion of this course, the participant will be able to defend changes in MLD techniques based on new observations of lymphatic flow under ICG Fluoroscopy.
3. Upon completion of this course, the participant will be able to integrate patient education, therapeutic exercises, and self-MLD into the delivery of modern MLD techniques.
4. Upon completion of this course, the participant will be able to design customized mapping for implementation of individualized MLD programs for complex patients.
5. Upon completion of this course, the participant will be able to integrate modern MLD into orthopedic rehabilitation.