



## Modern MLD Course Objectives:

Updated 10/16/21

1. Upon completion of this course, the participant will be able to develop an individualized manual lymphatic drainage plan of treatment for a complex case study.
2. Upon completion of this course, the participant will be able to create a customized map of MLD treatment sequences and interventions specific to a case study's clinical presentation.
3. Upon completion of this course, the participant will be able to explain and defend their plan of treatment to an instructor.
4. Upon completion of this course, the participant will be able to demonstrate a complete one-hour MLD treatment, using correct hand techniques and sequences customized for a case study's clinical presentation.
5. Upon completion of this course, the participant will be able to integrate patient education, therapeutic exercises, and self-MLD into the delivery of MLD techniques.