



## Certified Compression Specialist Course Objectives: Updated 10/16/21

- 1. Upon completion of this course, the participant will be able to distinguish between compression contraindications and precautions.
- 2. Upon completion of this course, the participant will be able to demonstrate correct application of toe and finger bandaging.
- 3. Upon completion of this course, the participant will be able to demonstrate correct application of a no-slip, full leg, multi-layered, compression bandage system with foam, within 45mins.
- 4. Upon completion of this course, the participant will be able to demonstrate correct application of a no-slip, full arm, multi-layered, compression bandage system with foam, within 45mins.
- 5. Upon completion of this course, the participant will be able to create an effective compression bandaging system to help soften and remodel fibrotic skin and subcutaneous tissue.
- 6. Upon completion of this course, the participant will be able to evaluate engineering characteristics of compression garments that lead to effective lymphedema management.