



CLWT Hybrid Course January 10-February 1, 2024 *(not including CWT)*

CLWT is the combination of all 3 of our primary courses: modern MLD, Certified Wound Therapist (CWT) and S.T.R.I.D.E Certified Compression Specialist (CCS)

Our Hybrid Course is designed for all of the Modern MLD and Certified Compression Specialist lectures to be done via teletraining and all lab sessions will be completed at onsite location at St. Joseph's University Physical Therapy Dept in Philadelphia, PA

****The Certified Wound Therapist Course will be done via teletraining and can be chosen from any of the teletraining dates available on our website.*

REQUIRED On-Line Course Completion before MLD Session 1:

Lymphatic Rehabilitation (20hrs)

REQUIRED On-Line Course Completion before CCS Session 1: S.T.R.I.D.E.™

CCS (6hrs)

Passing Grade Online Course = Cumulative Score 70% or higher

Teletraining

MLD Session 1: Wednesday Jan 10, 2024, 5:30 – 9:30pm EST (4 CE hrs)

Instructor: Marijke Carson PT, CWS, CLT-LANA, CLWT

- Lymphatic Anatomy, Physiology, & Pathophysiology
- Intro to Modern MLD & Lymphatic Rehabilitation

Onsite

MLD Session 2-3: Friday January 12, 2024 8:00am– 7:00pm EST (10 CE hrs)

Lead Instructor: Suzie Ehmann DPT, PhD (c), CWS, CLT-LANA, CLWT

Co-Instructor: Laura Chevreaux DPT, CLWT

- Central Decongestion:
 - Modern MLD Techniques for Venous Angle, Diaphragm, Cistern of Chyli
 - Modern MLD Techniques for Iliac Nodes, Lumbar Trunks
 - Modern MLD Techniques for Regional Lymph Nodes: Axillary, Horizontal Inguinal
 - Modern MLD Techniques for Anterior Axillo-Axillary (AAA), Posterior Axillo-Axillary (PAA), Axillo-Inguinal (AI), Inguinal-Axillary (IA), Anterior Inter-Inguinal (AII), and Posterior Inter-Inguinal (PII) Anastomoses

Lunch 12:00pm-1:00pm

- Peripheral Decongestion:
 - Modern MLD Techniques for Peripheral Lymph Nodes: Pectoral, Cervical, Supraclavicular, Infraclavicular, Parasternal, Paravertebral, Intercostal, Subscapular, Cubital, Vertical & Lateral Inguinal, Popliteal
 - Modern MLD Techniques for Collectors of Lateral Axillary Subclavicular, Inferior Inguinal, Popliteal, and Lateral Inguinal Lymphosomes
 - Modern MLD Techniques for Common Congestion Zones (UE & LE) & Fibrotic Soft Tissue Techniques
- Custom, UE Modern MLD Sequences
- Custom, LE Modern MLD Sequences
- Modern MLD Techniques for Dermal Lymphatic Capillaries

Onsite

MLD Session 4-6: Saturday Jan 13, 2024 8:00am-5:00pm EST (6 CE hrs)

Lead Instructor: Suzie Ehmann DPT, PhD (c), CWS, CLT-LANA, CLWT

Co-Instructor: Laura Chevreaux DPT, CLWT

8:00am-3:00pm

- Full UE Modern MLD Sequences
- Full LE Modern MLD Sequences
- Trunk MLD
- Genital MLD
- Group Presentations and Guided Full Modern MLD Sequences, with integrated Therapeutic Exercises & Self-MLD

Lunch 12:00-1:00pm

3:00-5:00pm

Oral Exam & Full MLD Practicum

CCS Session 2 5:00-7:00pm EST (2 CE hrs)

Lead Instructor: Suzie Ehmann DPT, PhD (c), CWS, CLT-LANA, CLWT

Co-Instructor: Laura Chevreux DPT, CLWT

- Finger bandaging
- Hand bandaging

Onsite

CCS Session 2-3: Sunday January 14, 2024 8:00am – 7:00pm EST (10 CE hrs)

Instructor: Suzie Ehmann DPT, PhD (c), CWS, CLT-LANA, CLWT

Co-Instructors: Laura Chevreux DPT, CLWT

- Full Upper Extremity Bandaging with Fluff
- Toe Bandaging
- Foot & Ankle Bandaging
- Simple Lower Leg Bandaging
- Lower Leg, Foot & Ankle Bandaging with Integrated Textured Textiles
- Full Upper Extremity Bandaging with Roll Foam

Lunch 12:00-1:00pm

Onsite

CCS Session 4-6: Monday January 15, 2024, 8:00am– 5:00pm EST (8.5 CE hrs)

Lead Instructor: Suzie Ehmann DPT, PhD (c), CWS, CLT-LANA, CLWT

Instructor Assistant: Laura Chevreux DPT, CLWT

8:00-3:00pm

- Review
- Full Upper Extremity Bandaging with Non-Slip, Structural Foam, and Integrated Textured Textiles for Fibrotic Tissue Management
- Thigh Bandaging/Full LE Bandaging with Non-Slip, Structural Foam, and Integrated Textured Textiles for Fibrotic Tissue Management
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Lunch 12:00-1:00pm

3:00-5:30pm

-Bandaging Practicums –You will need to demonstrate full arm and full leg multi-layered lymphedema bandaging

Teletraining

MLD Session 6: Thursday January 18, 2024 5:30–9:30pmEST (4 CE hrs)

Instructor: Marijke Carson PT, CWS, CLT-LANA, CLWT

- Soft Tissue Assessment
- Customized Mapping of Modern MLD
- Case Studies

Group Assignment

Teletraining

MLD Session 7: Wednesday January 17 2024 5:30–9:30pmEST (4 CE hrs)

Instructor: Becca Parker-Bell DPT, CLWT

- 5:30-6:30pm EST Guest Presentation Tactile Medical – Flexitouch Lymphedema Pumps
- 6:30-7:30pm EST Guest Presentation Lymphapress- Breakdown on IPC
- 7:30-8:00pm EST Guest Presentation Koya Medical
- 8:00-9:30pm EST Introduction to Breast Cancer/Oncology Rehabilitation – Guest Expert LisaMarshall OTR/L, CLT, CLWT

Teletraining

CCS Session 1 Wednesday January 24, 2024, 5:30 – 9:30pmEST (4 CE hrs)

Instructor: Suzie Ehmann DPT, CWS, CLT-LANA, CLWT

- Differential Diagnosis of Edema/Lymphedema Etiologies
- Principles & Science of Compression Therapy
 - o Understanding the textile options and applications
 - Hemodynamic
 - Tissue restoration
 - o Achieving therapeutic compression
- Compression Indications, Precautions, Contraindications, ABI
- Edema Assessment & Measuring
 - o S.T.R.I.D.E.™ approach to clinical assessment
 - o S.T.R.I.D.E.™ approach to textile selection
- Case Examples

Teletraining

CCS Session 7: Sunday, January 28, 2024, 3:30am– 7:00pm EST (3.5 CE hrs)

Instructor: Suzie Ehmann DPT, CWS, CLT-LANA, CLWT

3:30-4:30pm EST

- Genital Bandaging

Instructor: Brandy McKeown OTR/L, CLT-LANA, CLWT

4:30-7:00pm EST

- Billing/Coding & Reimbursement
- Documentation

Teletraining

CCS Session 8: Tuesday January 30, 2024 5:30-9:30pm EST (4CE hrs)

Facilitator: Brandy McKeown OTR/L, CLT-LANA, CLWT

5:30-6:30pm: Lohmann & Rauscher Compression Garments & Supplies

6:30-7:30pm: Sigvaris Group Compression Garments & Supplies

7:30-8:30pm: Medi Group Compression Garments & Supplies

8:30-9:30pm: Juzo Group Compression Garments & Supplies

Teletraining

CCS Session 9: Wednesday January 31, 2024 5:30-9:30pm EST (4CE hrs)

Instructor: Essity Team Member

Facilitator: Laura Chevreux, PT, CLWT

5:30-9:00pm EST Flat Knit Measuring Lab & JOBST Compression Garments & Supplies

9:00-9:30pm EST: STRIDE Garment Categorization & Algorithm Garment Selection

Teletraining

CCS Session 10: Thursday Feb 1, 2024, 5:30 – 9:30pm EST (4 CE hrs)

Instructor: Suzie Ehmann DPT, CWS, CLT-LANA, CLWT

- Case Studies – Putting it all together
 - o Clinical Assessment
 - S.T.R.I.D.E.™ approach to clinical assessment
 - S.T.R.I.D.E.™ approach to textile selection
 - o Treatment
 - The basics –What really happens in the clinic? What does an average treatment look like?
 - Challenging cases – what do you do when the basics don't work?
 - Clinical Pearls
 - o Long term edema management solutions
 - S.T.R.I.D.E.™ approach to textile selection
- Q&A