



COMPREHENSIVE ONCOLOGY REHABILITATION EXPERT (CORE) Certification Course

(4 Days, 35 CE hrs, 8:00am-6:30pm)

OBJECTIVES:

1. By the end of the course, the participant will create a comprehensive evidence-based plan of care utilizing a complex case study of an oncology patient with lymphedema and additional oncologic comorbidities.
2. By the end of the course, the participant will demonstrate an understanding of the role of cancer stage, prognosis, side effects of cancer, and related treatments on the individualization of a plan of care by identifying one key clinical characteristic impacted by each.
3. By the end of the course, the participant will demonstrate mastery of advanced manual techniques for treating lymphedema for: head and neck, breast, truncal, abdominal, and genital lymphedema by correctly executing a treatment plan using advanced hand techniques, and precise targeting of soft tissue and lymphatic structures for each of the areas identified above.
4. By the end of the course, the participant will demonstrate the ability to address the symptoms of cancer related fatigue, (CIPN) chemotherapy induced peripheral neuropathy, and cancer related pain in a patient with lymphedema through the development of an appropriate plan of treatment with 2 treatment techniques identified to address each of the above comorbidities.
5. By the end of the course, the participant will correctly identify symptoms of an oncologic emergency given a simulated case study with multiple comorbidities.
6. By the end of the course, the participant will demonstrate mastery of treatment techniques for Axillary Webbing Syndrome (AWS) for a patient post sentinel node or axillary dissection through independent selection of correct manual techniques and appropriate limb positioning.
7. By the end of the course, the participant will demonstrate the ability to design an appropriate exercise program with identification of 3 appropriate exercise modifications to address precautions and side effects for an oncology patient described in case study.

8. By the end of the course, the participant will create an appropriate plan of care given a case study of patient with active cancer undergoing palliative treatment, including effective ways to manage cancer related pain, maintain function and incorporate patient goals.
9. By the end of the course, the participant will be able to perform comprehensive evaluation for an oncology patient with lymphedema selecting 3 appropriate objective measures for assessment of progress throughout the course of treatment.
10. By the end of the course, the participant will be able to develop 3 short and 3 long term functional goals for a complex oncology patient with lymphedema utilizing objective measures.