



Certified Lymphedema & Wound Therapist (CLWT)
9 Day Live Course Schedule*
On-line Pre-Course Work + 9 Days Live Training, 8am-7pm
**schedule subject to change*

Day 1: Modern MLD Certification (10 CE hrs)

8am - 7pm; Lunch Break: 1-2pm

7:30-8:00am	Attendee Sign-In
8:00-10:30am	Lecture: Intro to Modern MLD & Lymphatic Rehabilitation (Review & Q&A)
10:30-10:45am	Peer Networking, Q&A, Bathroom Break
10:45am-1:00pm	Lab: Palpation Dermis, Hypodermis, Fascia of Trunk & UE
	UE Central Decongestion Lab: Venous Angle, Thoracic Duct
	UE Central Decongestion Lab: Cisterna Chyli
	UE Central Decongestion Lab: Iliac Nodes & Lumbar Trunks
	UE Lymph Nodes Lab: Cervical, Supraclavicular, Scapular
	UE Lymph Nodes Lab: Parasternal, Paravertebral, Intercostal
	UE Lymph Nodes Lab: Axillary, Pectoral, Cubital
	UE Lymph Mobilization Lab: AAA, PAA, RAI, LAI Anastomoses
1:00-2:00pm	LUNCH BREAK
2:00-2:15pm	Q&A, Review
2:15-4:30pm	MLD Lab: Sequence Maps & Central Decongestion for Upper Extremity Lymphedema
	Lymph Mobilization Lab: Superficial Collectors UE
	Substitution Pathways of UE
	Assessment Lab: Bjork Bow Tie Test & Mapping UE & Trunk
4:30-4:45pm	Peer Networking, Q&A, Bathroom Break
4:45-6:45pm	Soft Tissue Remodeling Lab: Congestion Zones & Fibrotic Tissue Techniques Trunk & UE
	Lymph Mobilization Lab: Opening Dermal Lymphatic Capillaries - Trunk & UE
	Lymph Mobilization Lab: Fluid Displacement through Subcutaneous Tissue & Dermal Lymphatic Capillaries - Trunk & UE
	Lab: UE Deep Collectors & Self MLD Techniques/Home Program
6:45-7:00pm	Review, Q&A
7:00pm	Attendee Sign-out

Day 2: Modern MLD Certification (10 CE hrs)

8am – 7pm; Lunch Break: 1-2pm

7:45-8:00am	Attendee Sign-In
8:00-10:00am	Review & LE Central Decongestion Lab: Venous Angle, Thoracic Duct, Cisterna Chyli, Iliac Nodes & Lumbar Trunks
	LE Lymph Nodes Lab: Paravertebral, Horizontal & Vertical Inguinal, Popliteal
	LE Lymph Mobilization Lab: AII, PII, RIA, LIA Anastomoses
10:00-10:15am	Peer Networking, Q&A, Bathroom Break
10:15am-1:00pm	MLD Lab: Sequence Maps & Central Decongestion for Lower Extremity Lymphedema
	Lymph Mobilization Lab: Superficial Collectors LE
	Assessment Lab: Bjork Bow Tie Test & Mapping LE & Pelvis
	Soft Tissue Remodeling Lab: Congestion Zones & Fibrotic Tissue Techniques Pelvis & LE
	Lab: LE Deep Collectors & Self MLD Techniques/Home Program
1:00-2:00pm	LUNCH BREAK
2:00-3:30pm	Lymph Mobilization Lab: Opening Dermal Lymphatic Capillaries – Pelvis & LE
	Lymph Mobilization Lab: Fluid Displacement through Subcutaneous Tissue & Dermal Lymphatic Capillaries – Pelvis & LE
3:30-3:45pm	Peer Networking, Q&A, Bathroom Break
3:45-6:30pm	Group Full Sequences UE
	Group Full Sequences LE
6:30-7:00pm	Review, Q&A
7:00pm	Attendee Sign-out

Day 3: Modern MLD Certification (10 CE hrs)

8am – 7pm; Lunch Break: 1-2pm

7:45-8:00am	Attendee Sign-In
8:00-9:15am	Head/Neck Lymph Nodes Lab: Posterior Cervical & Jugular Chains, Preauricular & Retroauricular Chains, Submandibular, Submental, & Occipital Nodes
	Group Lab: MLD for Head & Neck Lymphedema
	Discussion: MLD for Pelvic & Genital Lymphedema
9:15am-9:45am	Group Activity: Complex Case Study Development
9:45-10:30am	Group Activity: Complex Case Study Mapping & POC Development, Presentation Preparation
10:30-10:45am	Peer Networking, Q&A, Bathroom Break

10:45am-11:45am	Group Activity: Complex Case Study Presentations
11:45am-1:00pm	Lab: Full UE Sequence
1:00-2:00pm	LUNCH BREAK
2:00-3:30	Lab: Full LE Sequence
3:30-3:45pm	Peer Networking, Q&A, Bathroom Break
3:45-4:45pm	PRACTICUM: Complex Case Study POC Development, Mapping MLD Sequences, Review
4:45-6:45pm	CONT PRACTICUM: Case Study Presentation & Perform MLD Sequences
6:45-7:00pm	Closing, Self Reflection
7:00pm	Attendee Sign-Out, Evaluations & Certificates

Day 4: Certified Wound Therapist (10 CE hrs)

8am – 7pm; Lunch Break: 1-2pm

7:30-8:00am	Attendee Sign-In
8:00-9:30am	Review Lecture: Differential Diagnosis of Lower Extremity Wounds & Classifications, Wound Assessment
9:30-10:15am	CSI Classified Game – Wound Classification
10:15-10:30am	Peer Networking, Q&A, Bathroom Break
10:30-12:30am	Lab/Presentation: Dressing Categories & Functions
	Dressings/Skin Care for Intertriginous Dermatitis, Moisture Associated Skin Damage, Candidiasis/Fungal Infections, Lymphorrhea, Radiation Burns, Partial/Full Thickness Ulcerations
12:30-1:00pm	Discussion: MLD for Wounds
1:00-2:00pm	LUNCH BREAK
2:00-3:30pm	Lab: Negative Pressure Wound Therapy
3:30-3:45pm	Peer Networking, Q&A, Bathroom Break
3:45-6:00pm	Wound Care Skills Lab: Handwashing, Donning & Doffing PPE, Skin Care/MLD, Setting Up Clean Field, Wound Cleansing, Mechanical Debridement/Biofilm Management, Wound Assessment, Unna Boot/Duke Boot Application
6:00-7:00pm	Case Studies - Interactive Discussion
7:00pm	Attendee Sign-Out

Day 5: Certified Wound Therapist (10 CE hrs)

8am – 7pm; Lunch Break: 1-2pm

7:45-8:00am	Attendee Sign-In
8:00-9:30am	Review Lecture: Venous Leg Ulcer (VLU) Statistics, Gold Standard of Treatment, Characteristics, Types and Importance of Vein Procedures, Mixed Ulcerations (Arterial-Venous), Atypical Ulcers Mimicking VLUs, Lymphatic Assessment of VLUs & Diagnosing Phlebolympheidema, Evidence for Manual Lymphatic Drainage for VLU Healing and Phlebolympheidema
9:30-10:30am	ABI Demonstration
	ABI Guidance Document Review & Discussion
10:30-11:00am	Documentation, Coding & Billing
11:00-11:15am	Peer Networking, Q&A, Bathroom Break
11:15-1:00pm	Lab: Application of Two Layer Bandaging System for VLUs & Edema Reduction; Modified Compression Bandaging for Phlebolympheidema
1:00-2:00pm	LUNCH BREAK
2:00-2:30pm	Intro to S.T.R.I.D.E. Professional Guide to Compression Selection: Categories and Importance of Long-Term Compression Garments for VLUs, CVI/Edema Reduction, and Phlebolympheidema
2:30-3:30pm	Case Studies – Interactive Discussion
3:30-3:45pm	Peer Networking, Q&A, Bathroom Break
3:45-6:45pm	Lab: Conservative Sharp Debridement, Enzymatic Debridement, Chemical Debridement
	Lab: Foot Model Sharp Debridement
	Lab: Maggot Debridement Therapy* *live maggots application subject to availability
6:45-7:00pm	Q&A, Discussion
7:00pm	Attendee Sign-Out, Evaluations, Certificates

Day 6: S.T.R.I.D.E. Certified Compression Specialist (10 CE hrs)

8am – 7pm; Lunch Break: 1-2pm

7:30-8:00am	Attendee Sign-In
8:00-8:30am	Principles of Compression Bandaging
	Bandaging Indications, Precautions & Contraindications
8:30-9:30am	Lab: Toe Bandaging
9:30-10:15am	Lab: MLLB Lower Leg
10:15-10:30am	Peer Networking, Q&A, Bathroom Break
10:30am-11:15am	Cont. Lab: MLLB Lower Leg
11:15am-1:00pm	Lab: Custom, No-Slip, MLLB Lower Leg with Fibrotic Tissue

	Management
1:00-2:00pm	LUNCH BREAK
2:00-3:00pm	Lab: Custom, No-Slip, MLLB Full Leg with Fibrotic Tissue Management
3:00-3:15pm	Peer Networking, Q&A, Bathroom Break
3:15-4:15pm	Cont Lab: Custom, No-Slip, MLLB Full Leg with Fibrotic Tissue Management
4:15-5:15pm	Lab: Finger Bandaging
5:15-7:00pm	Lab: Custom, No-Slip, MLLB Full Arm
7:00pm	Attendee Sign-Out

Day 7: S.T.R.I.D.E. Certified Compression Specialist (10 CE hrs)

8am – 7pm; Lunch Break: 12-1pm

7:45-8:00am	Attendee Sign-In
8:00-10:00am	Lab: Custom, No-Slip, MLLB Full Leg with Fibrotic Tissue Management
10:00-10:15pm	Peer Networking, Q&A, Bathroom Break
10:15am-12:00pm	Lab: Custom, No-Slip, MLLB Full Arm with Fibrotic Tissue Management; Self Bandaging
12:00-1:00pm	LUNCH BREAK
1:00-3:30pm	Bandaging Practice and PRACTICUMS
3:30-3:45pm	Peer Networking, Q&A, Bathroom Break
3:45-4:45pm	(cont.) Bandaging Practice and PRACTICUMS
4:45-5:30pm	Lab: Genital Bandaging
5:30-7:00pm	The Ultimate MLLB Challenge
7:00pm	Attendee Sign-Out

Day 8: S.T.R.I.D.E. Certified Compression Specialist (10 CE hrs)

8am – 7pm; Lunch Break: 12-1pm

7:45-8:00am	Attendee Sign-In
8:00-9:15am	Review Lecture: S.T.R.I.D.E. - Compression Garment Science, Engineering, and Categorization
	Compression Indications, Precautions & Contraindications
9:15-10:15am	Differential Diagnosis of Edema/Lymphedema Etiologies
	S.T.R.I.D.E. Professional Guide to Compression Selection – Demo How to Use/Case Examples
10:15-10:30am	Peer Networking, Q&A, Bathroom Break
10:30-11:00am	Circumferential Measurements, Volume
11:00am-Noon	Circular Knit Textiles/Garments for Different Types of Edema
	Workshop: Measuring & Fitting for Upper & Lower Extremity Circular Knit Garments
	Workshop: Donning and Doffing Tips, Techniques, and Devices for Circular Knit Garments

Noon-1:00pm	LUNCH BREAK
1:00-4:30pm	Flat Knit Textiles/Garments for Different Types of Edema
	Workshop: Custom Flat Knit Measuring & Fitting for Lower Body
	Workshop: Custom Flat Knit Measuring & Fitting for Upper Body
4:30-4:45pm	Peer Networking, Q&A, Bathroom Break
4:45-5:45pm	Demo/Group Lab: Application 2-Layer Compression Option, Thigh High, with Integrated Texture
5:45-7:00	Case Studies & Wrap Up
7:00pm	Attendee Sign-Out

Day 9: S.T.R.I.D.E. Certified Compression Specialist (10 CE hrs)

8am – 7pm; Lunch Break: 12:30-1:30pm

7:45-8:00am	Attendee Sign-In
8:00-9:15am	Lab: ABI Procedure
9:15-10:30am	Adjustable Wraps for Different Types of Edema Etiologies
	Workshop: Measuring & Fitting for Adjustable Wraps
	Workshop: Trimming & Fitting Decongestive Garments
10:30-10:45am	Peer Networking, Q&A, Bathroom Break
10:45-11:00am	Head/Neck & Trunk Compression Garments
11:00-12:00pm	Lab: Custom Measuring AW with LCS for Advanced Lymphedema
12:00-1:00pm	LUNCH BREAK
1:00-2:00pm	Night Garments for Different Types of Edema
	Workshop: Measuring & Fitting for Night Garments
2:00-2:30pm	IPC
2:30-3:30pm	Billing & Reimbursement for Garments
3:30-3:45pm	Peer Networking, Q&A, Bathroom Break
3:45-4:15pm	Compression Documentation
4:15-5:00pm	Case Examples & Discussion
5:00-6:30pm	Case Studies, Plan of Treatment Development, & Garment Selection
	Putting It all Together - Group Case Study Presentations
6:30-7:00pm	Review/Wrap up, Self-Reflection, Evaluations, Attendee Sign-Out