

August 2018

Committee Message & Club News

Welcome to Term 3 for 2018!

As usual the year is whizzing by and it's term 3 already!

This Term started on Monday 23rd July and runs until Sat 29th September.

On-line re-enrolments are continuing to work well for everyone. We hope you managed to book early this term & secure your favourite day and time on our website: www.waitakeregymnastics.co.nz/collections/all-classes

If you have any difficulties with this process please contact Louise in the office on Email office@waitakeregymnastics.co.nz or Ph 827-5394.

Renovation Time! – Some of you will have noticed the builders working away the last couple of weeks on the bathrooms renovation. The Boys and Girls bathrooms have been refurbished and are looking good - this was long overdue! Work will be starting on the Adults toilet and a few other maintenance issues in the next few weeks, so please bear with us while that work is carried out. Work will start on the roof later in the year to close off the open vent that lets the hail inside!

Club Hoodies - Our new Club hoodie is available in a range of child & adult sizes and can be ordered on our website:

<https://www.waitakeregymnastics.co.nz/products/club-sweatshirt>

We have sizes to try before you order - See the info on the noticeboard for more details. Buy a Club Hoodie before August 6th & win your money back - Basically a free hoodie!

Welcome Staff - Welcome to new coaches helping out in the Rec Program:

Alyssa Naude joins us from Te Awamutu Gymsports and *Pete Manley* who will be helping with the schools - Pete has a background in competitive trampolining and gymnastics.

We also welcome *Liya Nightingill*, *Dani Hewett* and *Tamara Thomas* – our newest coaches who are still competing but are starting their coaching career with Gym Fun in their spare time!

In-School visits - The gym is in full use as we are fully booked with school visits this term, hopefully we will see plenty of our members on these visits.

School Zone Competitions - School zone competitions are also in full swing, hopefully many of you are representing your schools.

We will be hosting the West Auckland Primary Schools competition Friday 24th August and the Intermediate School Champs Friday 31st August.

Team Gym - Our Team Gym squad will be attending the very first Auckland Team Gym Festival on Sunday 16th September. It'll be a fun day and a time for the Auckland Clubs to bring the new Team Gym program to life. We would welcome any new members to this squad, for more information on Team Gym visit our website.

Facebook - Are you on Facebook? Do you have a child at Waitakere Gymnastics? Don't forget to check out our club page for all our latest news & club details: <https://www.facebook.com/WaitakereGymnastics/>

Do you have a child in Rec Comp? Come join our Rec Comp group to keep up to date with competition details, training & gossip: <https://www.facebook.com/groups/1235356426541682/>

Do you have a child in the STEPS Competitive program? Come join our facebook group to stay in the know about training, comps and connect with other parents: <https://www.facebook.com/groups/143908999349096/>

We love receiving all your photos of the club members in action - please email them through or add to the Facebook pages for us to share.

INSIDE THIS ISSUE:

Committee Message ...1

Competitive News.....2

Rec News.....3



2018 TERM DATES:

• **Term 3**
23rd July - 29th Sept

• **Term 4**
15th Oct - 15th Dec

*Gym Closed for Labour Day:
Mon 22nd October*


**KEEP
CALM
AND
ENJOY
TERM 3**

**Remember to like us on
Facebook:**

Waitakere Gymnastics

**And stay up to date with all
the latest news**





COMPETITIVE NEWS

WAG & MAG Competition season

The Competition season is drawing to a close for the Steps and MAG programs.

Congratulations to our Level 1 MAG team who have been having a great year picking up individual and team medals and placings, some highlights have been:

MAG 1

Theo Kirk - 1ST Vault Tristar, 1st Vault Counties, 3rd Pommel, 3rd Vault North Harbour, 1st Vault North Harbour

Noah Kirk - 2nd Vault Counties

Jack Williams - 3rd Floor, 2nd Vault North Harbour

Buddy Rose - 3rd Parallel Bars North Harbour

MAG 1 TEAM - 2nd Team Counties, 3rd Team Tristar, 3rd Team Mason Gilliespie

MAG 4

Aurion Mean - 2nd Vault North Harbour

"I'd rather regret the risks that didn't work out than the chances I didn't take at all."

- Simone Biles - USA Olympic Medalist

Our Steps girls had a slow start to the year but there have been huge improvements with many achieving new skills and individual placings and team medals. This is the first year competing for our Step 1's and they are doing extremely well picking up individual and team medals.

STEP 1

Ella Taylor - 1st Floor Mason Gillespie, 1st Floor North Harbour

Maddison MacDonald - 2nd Floor North Harbour

STEP 1 TEAM Placing North Harbour

STEP 4

Hayla Farrell - 1st Vault Counties

Isabella Linkhorn - 3rd Beam Mason Gillespie, 3rd Floor North Harbour

Natsumi Sekizahi - 3rd Bar & 3rd Overall Mason Gillespie, 3rd Bar & 3rd Overall North Harbour

STEP 4 TEAM—3rd Mason Gilliespie

STEP 5

Sienna Mulcahy - 1st Bar & 3rd Vault Counties, 1st Vault & 1st Bar CSG, 3rd Vault & 2nd Bar Mason Gillespie, 1st Vault & 3rd Bar North Harbour

Chonelle Meredith - 1st Vault, Counties

Honey Bryant - 3rd Vault Argos, 3rd Vault Hamilton

Riley Lam - 3rd Vault Christchurch School of Gymnastics (CSG)

STEP 6

Leia Millar - 3rd bars Counties, 3rd Bar Hamilton

Natalya Tavleev - 3rd Floor Counties

Liya Nightingill - 1st Bar Argos, 1st Floor & 3rd Overall Hamilton

Mio Kamiya - 2nd Beam Mason Gillespie

STEP 7

Dani Hewett - 1st Floor Counties

Tamara Thomas - 2nd Floor & 3rd Vault Counties, 3rd Floor Hamilton, 2nd Floor Mason Gillespie, 2nd Bar & 1st Floor & 2nd Overall North Harbour

Auckland team members for NZ Nationals will be announced next week Nationals are being held in Tauranga 2-6th October.

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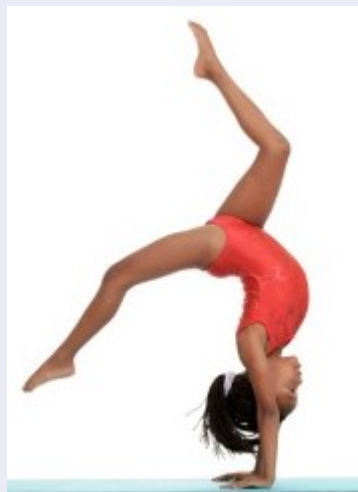
www.avondalefamilyphysio.co.nz

ACC Registered

Our former club member Casey Irving is a Physiotherapist & works locally. So if you find yourself in need of a great Physio who also understands gymnastics (as a coach & ex gymnast) give her a call at Avondale Family Physiotherapy.

SIMONE BILES

ONCE YOU SET YOUR MIND TO IT, YOU HAVE MOTIVATION AND I THINK YOU CAN ACHIEVE ANYTHING YOU PUT YOUR MIND TO.





REC COMP NEWS

Our Club Competition

Our Waitakere Competition is coming up fast on 18th and 19th August and it's going to be awesome!

As usual we need all our families to help out to make our competition a huge success. Please look out for the list of jobs going up on the foyer noticeboards soon - you could help on the door, setting up, packing up, or canteen. Please give a little of your time. As this is our main fundraising event of the year.



We have sent teams to GymCity Papatoetoe, Counties and Howick so far this season with some great personal bests and good times.

There are still 3 competitions left in the calendar:

- ⇒ Waitakere's own comp - 18/19th August
- ⇒ North Harbour - 22nd September
- ⇒ Tristar - 30th September

HOLIDAY PROGRAMME

Check out the fun that happened at our July School holiday programme here at the Gym:



CLUB COMMITTEE

- ⇒ ***Do you know Waitakere Gymnastics is run by a volunteer committee of parents just like you?***
- ⇒ ***Would you like to be part of an awesome team?***
- ⇒ ***Would you like to promote & support our wonderful gymnasts?***



If you would like to contribute to running the club please feel free to contact us by speaking with Louise in the office or Therese our Club Manager and Chairperson. We are a small friendly group of parents with current & past kids at the club. We are always keen to hear how we can improve and promote our club so we'd love to hear from you!

