

April 2018

Committee Message & Club News

Hi gym families, we hope you're all enjoying the last of the Summer weather?

Gosh we are nearly at the end of Term 1 already and the gym has been full of fun, busy, happy sounds! Last day for classes this term is Sat 14th April & then we start back for Term 2 on Monday 30th April.

On-line re-enrolments will open on April 9th for Gymfun, Preschool, Beginner Girls and Boys, Trix Boys, Tumbling and Team Gym. To avoid any disappointments book early to secure your favourite day and time:

www.waitakeregymnastics.co.nz/collections/all-classes

Advanced Girls and Intermediate girls - you should have received an email from the office letting you know about the new process for enrolment. Term 2 will see the introduction of on-line enrolments for all our Intermediate Classes. This new system has proved very successful for other classes in term 1 and is being rolled out across the club in stages.

*** IMPORTANT INFORMATION ***

You will no longer receive an emailed invoice from the office.

The new process is our on-line booking and payment system via our website:

www.waitakeregymnastics.co.nz/collections/all-classes

Your class will not be secured until you re-enrol. So, to avoid any disappoint please log-in and re-enrol before the start of Term 2 - Monday 30th April. You will be asked for a promo code for the Intermediate and Advanced classes, if you have lost the email please contact the office for assistance.

Email office@waitakeregymnastics.co.nz or Ph 827-5394.

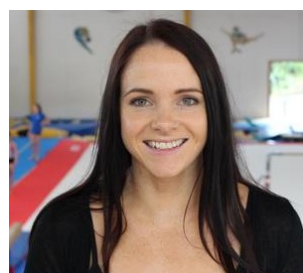
Home School classes - we will be continuing with this class in Term 2. Monday's 11.15am to 12.15pm. Classes are based on our popular Gym Fun and Beginner programs, however we can tailor the activities to suit the needs of the participants. Cost is \$115.00 per term or you can purchase a concession card \$60.00 for 5 visits for added flexibility.

Beginner Girls Tuesday time change - From Term 2 Tuesday's Beginner Girls class time will be **4.30pm to 6.00pm**.

Holiday Program bookings are filling very fast We still have some spaces left. Book via our website:

www.waitakeregymnastics.co.nz/products/school-holiday-programme

STEPS Meeting - we will hold a parents meeting for the Steps group the week of 23rd April (during the school holidays) date yet to be confirmed. This meeting will help those new to competitive gymnastics to know what to expect and to answer any questions you might have. More information will be sent out shortly.



We sadly say Goodbye to our Senior Coach Sarah Miller this week, with her last day being Saturday 7th April. Sarah has been a big part of our club for many years & we will all miss her very much!

Sarah we wish you all the best with your new move & hope to see you soon at competitions!



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2018 TERM DATES:

• **Term 1**
3rd Feb - 14th April

• **Term 2**
30th April - 7th July

*Gym Closed for Queens B'day:
Mon 4th June*

• **Term 3**
23rd July - 29th Sept

• **Term 4**
15th Oct - 15th Dec

*Gym Closed for Labour Day:
Mon 22nd October*

Remember to like us on
Facebook:

Waitakere Gymnastics
And stay up to date with all
the latest news





COMPETITIVE NEWS

WAG Junior National Performance Clinic

Sarah Miller attended the National Junior Development Camp in Christchurch from the 21st-24th January with Hanna Smith (Step 7).

It was a fantastic learning experience for Hanna and Sarah and both have enjoyed sharing their experiences and information with the other Steps coaches and gymnasts in the club. The camp provided a great opportunity for Sarah to continue developing relationships and networks between Auckland coaches and judges and those from other regions.



Hanna made lots of new friends too! Hanna placed 3rd overall in the physical abilities (strength and flexibility) testing out of the whole camp from step 6-9 and was also noted as the most enthusiastic, answering questions and volunteering for anything and everything!

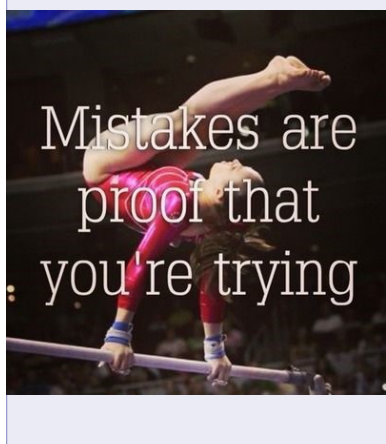
The next camp is scheduled for April at North Harbour. It would be fantastic to have more gymnasts named into this National Squad in the years to come. Bring on the hard work, exciting times ahead!



Good Sports Messaging

Competition season is approaching fast with the first comp scheduled to kick off in May with the Tristar Early Bird Competition. Parents, check out some tips below from Good Sports on how you can make this competition season a positive experience for your child!

Each of us has a FIRE IN OUR HEARTS for something. It's our goal in life to find it and KEEP IT LIT.
-Mary Lou Retton



GOOD SPORTS

"Hey Mum and Dad, this is how you can help me make this season a great one!"

- 1 Keep it FUN
- 2 Remember MY MISTAKES ARE FOR LEARNING
- 3 Focus on MY EFFORT & IMPROVEMENT
- 4 Please SUPPORT EVERYONE, INCLUDING THE OPPONENTS
- 5 After every game say to me "I LOVE WATCHING YOU PLAY"

www.goodsports.org.nz

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RECREATIONAL NEWS

Incentive Awards Testing

Incentive awards testing will be in term 2 on the weekend of 9th & 10th June. All Beginner, Intermediate and Advanced classes are already starting work on the skills to be tested on the day. We will send out more information next term.

Kiwi Gymfun Badge Testing

In Term 2 we are running badge testing during class time all term. There will be badges and certificates awarded the last week of Term 2 to all those that successfully pass the required skills.



“There will be mistakes, there will be falterers. There will be things that are not a part of your plan. See the challenges in your life and accept them and embrace them .”

- Dominique Dawes - Three-time Olympian, 1996 Olympic gold medalist

REC COMP NEWS

We sent a team of Level 1, 2 and 3 to the North Harbour GymFest on Sunday 25th March. It was a great day and our girls did really well for the first outing of 2018. The next competition for the Rec Comp squad will be GymCity Papatoetoe on Saturday 26th May. Everyone in the squad is busy working on their routines.

