





Committee Message

February 2017

Welcome back for Term 1 of 2017! We hope you were able to have a break over the Christmas/New Year period and are ready to get stuck into the new term?

Most of our staff managed to get away for a holiday with the Gym closed for a few weeks. There were however some very dedicated staff who stayed & helped with the amazing gym clean & other equipment maintenance as well as coaching education - you can read all about it on page 2.

Please note all gymnasts (Recreational & Competitive) must fill out an enrolment form for 2017 - even if you were with us last year/term.

This is a requirement & must be done every year.

Our Fabulous Staff

Our Administrator Louise :

One of the first faces you'll probably see when visiting our club will be Louise in our office. She is the lovely lady that answers all your questions, maintains the waiting lists & makes sure we're getting our club information out to all our members.



Louise started her association with Waitakere Gymnastics in 1999 when she enrolled her two children into our preschool programme. Within a year they moved into our WAG & MAG competitive squads so she was here a lot! She joined the committee in 2001 & became one of the parents that lead our club through an unsettled time with some coaches & management leaving. This was a huge learning curve for the club, but Louise & the other committee members

did a great job - We are now a strong & focussed club with a great team of staff. She became the club's delegate for the Auckland committee so she was also representing our club on a regional scale too. When the committee was looking to employ an office administrator she jumped at the chance & in the years since the role has grown, along with the club. She now takes care of all our enrolments, waiting lists (yes we have many), fees, wages and any other queries our members have. Over her time here she has seen a lot of gymnasts grow up, succeed & turn into awesome coaches. She has enjoyed seeing the club through the eyes of a parent, volunteer, committee & staff member.

Your caring health professionals...



Avondale Family Physiotherapy

Call us for an appointment
09 869 2913 or 021 0229 6836
63A Rosebank Road, Avondale
www.avondalefamilyphysio.co.nz
ACC Registered

One of our club members Casey Irving has just graduated as a Physiotherapist & is now working locally. So if you find yourself in need of a great Physio who also understands Gymnastics (as a coach & ex gymnast) give her a call at Avondale Family Physiotherapy.

INSIDE THIS ISSUE:

Committee Message &	
Fabulous Staff	1
Gym Clean	2
Holiday Programme	3



DATES TO REMEMBER:

- Waitangi Day 6th Feb
- Good Friday 14th April
- Easter Monday 17th April
- Queens Birthday 5th June

2017 TERM DATES:

- <u>Term 1</u>
- 31sh Jan-13 April
- <u>Term 2</u>
- 1st May-8th July
- <u>Term 3</u>
- 24th July-30th Sept
- Term 4

16th Oct-16th December



Got Some News you think the club would enjoy? Let us know & we'll include it in our next newsletter: alia.toby@kinect.co.nz

Big Thanks

to all

Volunteers

& Staff!



"Some people dream of success, while others wake up and work hard at it"

- Winston Churchhill

HUGE GYM CLEAN

Some of our coaches, staff & parents worked very hard over the break packing all our equipment away in containers so the gym was empty for the work to be done.



The containers packed with our mats, sprung floor, boxes & other equipment



Gym all cleared out so the cleaning can be done

The cleaning was a huge task with an enormous amount of dust & cobwebs removed by using a special lift to access the ceiling area. Once that was done one of our club parents (and his electrical company) installed our bright new lights.

Once all that was finished it was a race to reinstall all the equipment including re-laying the sprung floor (which I've heard was done in record time by some very organised women) before the gym opened again for competitive holiday training.

Coaching Staff Updates

While everyone is on holiday & the gym is closed our coaches take this opportunity to do some training at the Gymsports NZ Gym school:

Congratulations to Ben & Sarah Miller for completing the **FIG Level 2 coaching course**. Sarah also managed to share the highest theory score, along with Michael Cole from *Hamilton City Gymsports* & Kelly Trask from Australia - <u>Way to go Sarah!</u>

Kendall, Brittany & Lauren attended the **Junior coaching course** & Carolina attended **Dance and Choreography workshops**.

They have all come back with new ideas and are enthusiastic about using them in training.

We welcome some new coaches to the Waitakere family—Olivia, Andy, Maddy & Emily. They all have a gymnastic background & will be bringing a range of experience to our Rec programme.

For those of you who know our beloved coach Kristy you will be pleased to know she is returning from Canada in March, we all look forward to seeing her back!

Current Committee Members:

Chairperson: Therese Irving

Treasurer: Andrea Barnes

Secretary: Jillinda Kenyon

Members: Liz Balogh



Lou Bryant

Alia Murray-Smith

Remember to like us on Facebook:

<u>Waitakere Gymnastics</u>

And stay up to date with all the latest news:





Country Originals leotards and sets are available in the office. All sizes.

Holiday Programme

We ran another very successful Holiday programme for two weeks during January 2017. There were 335 spaces in total between Mon 16th Jan - Fri 27th Jan & we were fully booked every day!

We had lots of fun games, a Ninja Circuit most days, craft & drawing competitions, movies, karaoke, origami, sports like soccer, basketball, baseball, Mini golf, as well as the usual free gym & trampoline time!

The programme is suitable for children aged 5-12yrs & we run one every school holidays - info is available from the office leading up to the holidays, come and join in the fun!



Balloon Games



Karaoke time!



Seeing who can build the tallest tower that stays up long enough for the judges to see!