

April 2019

Committee Message & Club News

Term 1 finishes on Saturday 13th April!

We hope you've all had an awesome term of gymnastics, it has gone so fast!

Term 2 starts back on Monday 29th April to Sat 6th July, with the gym closed on Monday 3rd June for Queens Birthday Weekend.

On-line re-enrolments will be open on Monday 8th April

www.waitakeregymnastics.co.nz/collections/all-classes

If you have any difficulties with on-line enrolments the office will be open during the school holidays from 9.00-3.30 to accept payments. You can contact Louise in the office on Email office@waitakeregymnastics.co.nz or Ph 827-5394.

Please enrol prior to the start of term. If you haven't pre-enrolled there is the possibility that the class will be full and you may miss your preferred day.

Beginner Boys - Day and Time change - Term 2 Thursday's Beginner Boys class is moving to **Monday's 4.30 to 6.00pm**. We have to make this change as we do not have coaches available for this class on Thursday's. We apologise for any inconvenience this may cause.

Gym Fun Saturday Time Change — Term 2 Gym Fun Saturday will run from **11.10am to 12.10pm**, we have trialled this staggered start time and it appears to help ease the congestion with Preschool and Gym Fun transition.

Farewell to our Coach **Nicole Leonard** who will be leaving us next week. We wish her all the very best for the future, and appreciate all the hard work over the years.

Welcome to our two new coaches starting in Term 2 **Amanda Lucas** and **Meghana Iyer**, they will both be working in our recreational classes.

Move Mprove Delivery at local schools - We will be out in our local schools in Term 2 and 3 delivering Move Mprove. We have coaches at Blockhouse Bay Primary and St Dominic's Primary, no doubt they will see some of our club members.

In-School visits - Many local schools have already booked for visits in Term 2 and 3, hopefully we will see many of our members when their schools visit. Last year we had 4,617 local primary school children come into the gym during the day. Ask your school if they have made a booking!

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2019 TERM DATES:

- **Term 2**
29th April - 6th July

*Gym Closed for Queens B'day:
Mon 3rd June*

- **Term 3**
22nd July - 28th Sept

- **Term 4**
14th Oct - 18th Dec

Gym Closed for Labour Day:

LOST PROPERTY

There is a mountain of lost property in the blue bucket in the foyer. Please check for any missing items.

Items not collected will be donated to charity during the holidays.

Your caring health professionals...



Avondale Family Physiotherapy

Call us for an appointment

09 869 2913 or 021 0229 6836

63A Rosebank Road, Avondale

www.avondalefamilyphysio.co.nz

ACC Registered

Our former club member Casey Irving is a Physiotherapist & works locally. So if you find yourself in need of a great Physio who also understands gymnastics (as a coach & ex gymnast) give her a call at Avondale Family Physiotherapy.

Remember to like us on
Facebook:

Waitakere Gymnastics

And stay up to date with all
the latest news





COMPETITIVE NEWS

WAG & MAG Competition season

Our Competitive squads are working hard training for competition season fast approaching! The training times relax a bit for holidays but that usually just means no weekends & we try to fit it all in during the week!

Our season starts in May and runs through to August. Coaches will be letting gymnasts know the competitions that they will be attending soon.

Don't forget to check your Track Suits still fit. The new Leotards are underway!

New Zealand Nationals

Gymnastics NZ Nationals will be held in Auckland this year at Trust Arena 3-6th October, it will be great to see gymnasts from all over New Zealand competing.

REC COMP NEWS

The start of term 2 will see our Rec comp squads working hard getting ready for the first competition at GymCity Papatōetoe on Saturday 25th and 26th May – entry information is now available on our website.



Facebook - Are you on Facebook? Do you have a child at Waitakere Gymnastics? Don't forget to check out our club page for all our latest news & club details: <https://www.facebook.com/WaitakereGymnastics/>

Do you have a child in Rec Comp? Come join our Rec Comp group to keep up to date with competition details, training & gossip: <https://www.facebook.com/groups/1235356426541682/>

Do you have a child in the STEPS Competitive program? Come join our facebook group to stay in the know about training, comps and connect with other parents: <https://www.facebook.com/groups/143908999349096/>

RECREATIONAL NEWS

Incentive Awards Testing

Incentive awards testing will be in term 2 on **Sunday 9th June**.

All Beginner, Intermediate and Advanced classes are already working on the skills to be tested on the day.

We will let the gymnasts know what Level they are testing for early next term.

Incentive Awards Testing Day
Sunday 9th June

- Level 1 - 10.00am start
- Level 2 and 3 - 11.00am start
- Level 4, 5, 6 and 7 - 12.00pm start

Gymnasts will perform skills and routines from the Incentive Awards Program demonstrating strength and flexibility.

Incentive Awards Testing Day is open to all Beginner Girls and Boys, Intermediate and Advanced classes.
(Does not include GymFun or Competitive classes)









Kiwi Gymfun Badge Testing

In Term 2 we are running badge testing during class time all term.

There will be badges and certificates awarded the last week of Term 2 to all those that successfully pass the required skills.



Holiday Programme!

We still have some spaces available in our April School Holiday Program 15th to 26th April, closed Easter Friday, Easter Monday and Anzac Day. At \$40.00 per day it is great value.

You can book via our website

<https://www.waitakeregymnastics.co.nz/products/school-holiday-programme>

