



*Ann Louise*™  
 Rewriting the rules of nutrition

## HI, IT'S ANN LOUISE GITTLEMAN

Researchers at Harvard, UCLA, and other prestigious universities have identified **a nutrient that can make your aging brain 12 years younger.**

WOW, this is big. Because we both know how important a fit, healthy brain is for leading an active, independent life.

And if you, too, want a healthier, younger brain here's what you need to know.

### The Ultimate Brain Nutrient

As I was researching for my next book, *Radical Longevity*, I stumbled across studies for an amazing brain health nutrient.

In one study, 170 patients suffering from memory loss were given this brain health nutrient.

After 90 days, these patients reported back to the doctors running the study. And these doctors were stunned by what they saw.

Patients who'd received this brain health nutrient felt sharper, clearer, more focused, and less forgetful.



### Interested to Learn More About Ultra H-3 Plus?

Visit [unikeyhealth.com](http://unikeyhealth.com) or give us a call at:

**1-800-888-4353**

Just ask for our **Ultra H-3 Plus** expert!

But most amazing of all... **Patients taking this brain health nutrient actually made their brains younger.**

See, the average age of each patient was 64, but after taking this brain health nutrient their mental ability age tested at 52. That's amazing!

So what is this brain health nutrient that improves memory, focus, cognition and can take an average of 12 years off your brain's age?

It's called *Phosphatidylserine Complex*, or **PS**. And I've been so blown away by the research on PS, as well as my own results from using it, that I decided to make **PS one of the star nutrients in our UPGRADED Ultra H-3 Plus formula.**

### BUT WE DIDN'T STOP THERE

Because in addition to a therapeutic dosage of PS, we also included 11 additional researched-effective nutrients in Ultra H-3 Plus. All designed to help make your brain faster, sharper, and more focused.

↻ Flip the page to learn how!

## ULTRA H-3 PLUS NUTRIENTS INCLUDE

**DMAE Bitartrate (50 mg)** - Amazingly, DMAE helps rid the body of lipofuscin, the "aging pigment" that causes liver spots on the backs of hands.\*

**Huperzine A (20 mcg)** - This plant-based nutrient helps enhance memory and learning, and protect against age-related memory problems.\*

**PABA (para-amino benzoic acid) (50 mg)** - This remarkable "youthifying" compound promotes healthy brain function, cools inflammation, relieves joint pain, and can even restore original color to gray hair.\*

**Vinpocetine (7 mg)** - By improving blood circulation, vinpocetine increases the delivery of oxygen and nutrients to the brain, helping reduce "brain fatigue".\*

**Green Tea Extract (50% EGCG) (60 mg)** - A study of people aged 70 or older shows that green tea extract may help improve cognitive function.\*

**Ginkgo Biloba Extract (40 mg)** - This ancient remedy protects the brain from neuronal damage and improves cognitive function.\*

**Bilberry Extract (25 mg)** - Recent studies show bilberry extract may improve vision, heart health, and brain function in older adults.\*

**Niacin (5 mg)** - Better known as vitamin B3, every part of your body needs this powerhouse nutrient to function properly.\*

**Biotin (40 mcg)** - This vitamin helps your body convert food into energy and also promotes healthy hair, skin, and nails.\*

**Folate (as Calcium L-Methylhydrofolate) (50 mcg)** - This important mineral is needed to form healthy cells, especially red blood cells.\*

**Benfotiamine (100 mg)** - Groundbreaking studies show benfotiamine helps dissolve beta amyloids, public enemy #1 when it comes to age-related cognitive problems.\*

Don't Just Take Our Word For It:

*"The benefits of a wonderful healthy aging discovery plus a boost for your brain."*

**-Robert D.**

*"I have more energy, less brain fog, and my memory is getting better thanks to Ultra H-3 Plus. I am 66 years old and feel great!"*

**-Molly R.**

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These statements have not been evaluated by the Food and Drug Administration.  
These Products are not intended to diagnose, treat, cure or prevent any disease